



# TRUMBULL'S PREVENTION PARTNERSHIP

## 2022 INFO BRIEF

### OUR MISSION

TPAUD's mission is to engage and mobilize youth, parents, and community partners to prevent alcohol and drug use, foster social/emotional health, and build a safe and healthy community.

### PROFILE OF OUR YOUTH & FAMILIES

Our surveys examine practices and attitudes related to substance use and other risky behaviors, as well as perceptions of mental health and school, family, and community supports.

#### Trumbull is on the right track...



##### Our efforts to build a strong foundation for our youth are working.

- Youth use of alcohol, marijuana, prescription drugs and vapes has decreased dramatically since 2010.
- The majority of our teens know where to get help if they have a concern or problem.
- Most students feel their teachers and classmates care about them.



##### Family Norms in Trumbull Support Prevention

- Trumbull parents are setting rules and expectations around alcohol & drug use, and modeling responsible behaviors.
- Trumbull parents are taking steps to prevent alcohol, binge drinking, vaping and marijuana use.

#### But there are still challenges ahead...



4 out of 10 Trumbull High School students report they felt **sad or hopeless for 2 weeks or more** and stopped doing some usual activities in the past year.



Low perception of harm and behaviors around youth marijuana use are concerning. 14% of Trumbull High School seniors reported **driving a car under the influence of marijuana**.



Access to alcohol continues to be reported as **'easy'** by Trumbull teens. The majority of high school youth report getting alcohol from their home or a friend's home.

### OUR PARTNERS



Mary J. Sherlach Counseling Center  
Building Healthy Families & Communities



CONFIDANT HEALTH



Parents | Pharmacies | Liquor stores and restaurants | Faith Leaders

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