



# TPAUD YOUTH SURVEY 2021

Summary Report 2007 to 2021

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## Background

This report provides a summary of the comprehensive youth survey data that has been collected by TPAUD, Trumbull's Prevention Partnership, from Trumbull public school youth in 7<sup>th</sup> through 12<sup>th</sup> grades since 2007. The survey examines practices and attitudes related to substance use and other risky behaviors. Surveys also identify youth perceptions of school, family and community, mental health and social supports. The information gleaned from the survey is invaluable to TPAUD's efforts to educate the community on current trends and norms and allows them to facilitate adaptations and changes in prevention focused programming when necessary. In addition, the data provides information related to a summary of trends and change over time when examining short and long-term outcomes of the Drug Free Communities (DFC) program in Trumbull. Collecting this youth survey data fulfills the following objectives:

1. Describes the nature and extent of substance abuse, other risky behaviors, and current social norms among Trumbull youth in grades 7-12 in the year 2021.
2. Monitors trends in substance abuse and other risky behaviors over time through use of the 2007 baseline data.
3. Aids in future planning of services and activities for young people in Trumbull.

TPAUD sincerely appreciates the support of the Trumbull Board of Education, the Superintendent's Office, the principals, and teachers at Trumbull Public Schools, who approved and facilitated this survey. The coalition especially thank the youth who shared their personal experiences and opinions, and parents who permitted their children to take the survey.

## Analysis

Youth surveys were manually entered into the SurveyMonkey.com website for analysis. Data is presented in summary tables with total percentages for 7<sup>th</sup> and 8<sup>th</sup> graders (MS) and 9<sup>th</sup> through 12<sup>th</sup> graders (HS) included when available. Some questions were only included in the high school survey which is noted when applicable. In some cases, data categories are tested for statistical significance. A statistically significant difference tells you whether one group's answers are substantially different from another group's answers by using statistical testing. Statistical significance means that the numbers are reliably different, greatly aiding your data analysis. However, it is still valuable to consider whether the results are important - if groups are significantly different from one another it means that the numbers are statistically different but does not always mean the finding is important or meaningful.

Survey Monkey calculates statistical significance using a standard 95% confidence level. When an answer option is calculated to be statistically significant, it means the difference between two groups has less than a 5% probability of occurring by chance or sampling error alone, which is often displayed as  $p < 0.05$ .

## Participation (Table 1)

Table 1 summarizes the number of youth who completed the TPAUD Youth Survey from 2007 to 2021. Surveys are only collected from the 7<sup>th</sup> and 8<sup>th</sup> graders at the middle school level.

**Table 1. Trumbull Youth Survey Data, 2007 to 2021**

	Grade	2007	2010	2013	2015	2017	2019	2021
Number of Participants (n's)	7-8	891	1011	919	892	977	916	837
	9-12	1868	1860	1802	1911	1618	1920	1944
	TOTAL	2759	2871	2721	2803	2595	2836	2781

## Demographics (Tables 2 & 3)

The breakdown of respondents by gender is as follows: 48% identified as female, 48% identified as male, and 5% identified as Other. Most of the youth identified as White (68%) and non-Hispanic (80%). Among high schoolers, 14% indicated being a member of the LGBT community, 24% identified themselves as an Ally, 7% preferred not to say, and 55% indicated that they did not consider themselves part of the LGBT community.

**Table 2. Demographics, 2021**

Gender	MS %	HS %	All (7-12) %
Female	46	48	48
Male	49	47	48
Other	4	5	5
Grade	%		
7 <sup>th</sup>	15		
8 <sup>th</sup>	16		
9 <sup>th</sup>	18		
10 <sup>th</sup>	17		
11 <sup>th</sup>	16		
12 <sup>th</sup>	18		
Race	%		
Asian	9		
Black	7		
Multiple	8		
Other	9		
White	68		
Ethnicity	%		
Hispanic	20		

**Table 3. LGBT Community**

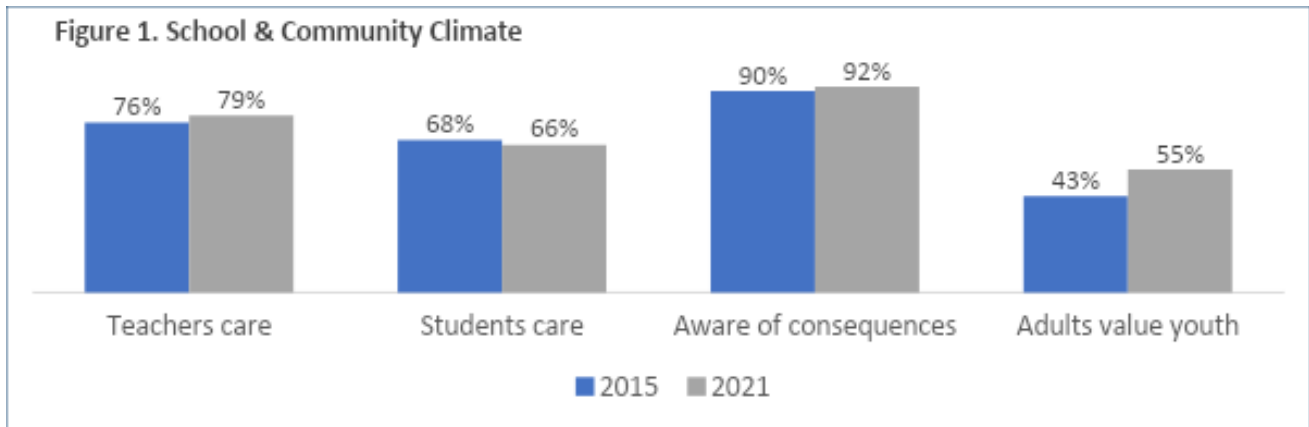
Do you consider yourself a member of the LGBT community? HS Only	%
Yes	14
No	55
No, but I identify as an ally	24
I prefer not to say	7

## School & Community Climate (Table 4)

From 2019 there has been very little shift when looking at rates reported around school climate - there was a small increase among high school youth who report that their teachers care about them (78% in 2019 to 79% in 2021) and decrease among high school youth who feel students at school care about them (71% in 2019 to 66% in 2021.)

The rate of teens who feel that Trumbull adults value youth has increased from 2019 – current rates are now 73% among middle schoolers and 55% among high schoolers.

Most high school youth are aware of the disciplinary consequences they face if found using alcohol or drugs outside of school hours or off school property (92%).



**Table 4. School Climate & Adults Valuing Youth, 2013 to 2021**

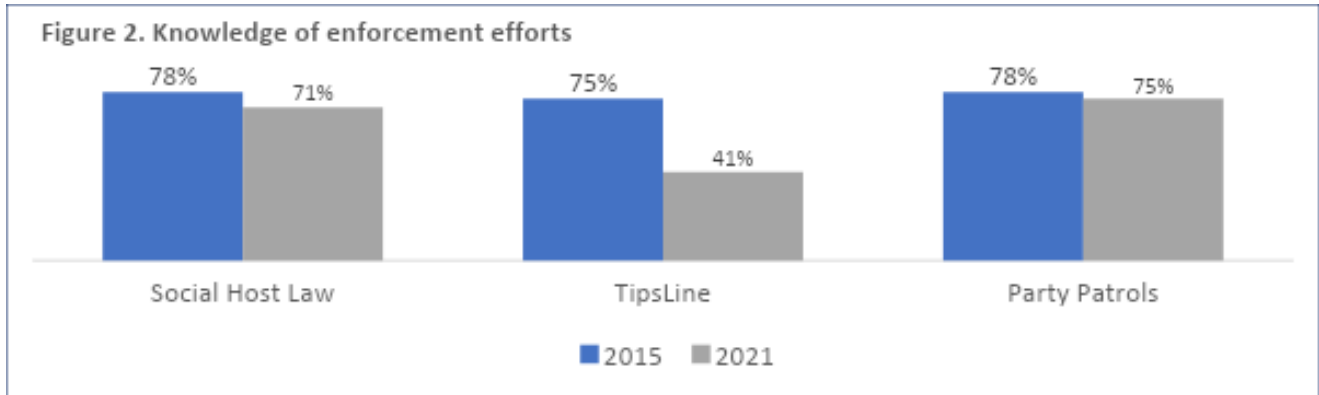
Strongly or Somewhat Agree	Grade	2013 %	2015 %	2017 %	2019 %	2021 %
My teachers really care about me.	MS	91	88	91	85	87
	HS	82	76	81	78	79
Students in my school care about me.	MS	79	80	86	81	81
	HS	70	68	74	71	66
I am aware that there can be disciplinary consequences at school for using alcohol or drugs outside of school hours or off school property.	MS	**	**	**	**	**
	HS	93	90	92	90	92
Adults in Trumbull value youth my age (e.g. adults listen to what we have to say, they make us feel important).	MS	**	60	66	56	73
	HS	**	43	53	49	55

**Knowledge of Social Host Law & TipsLine (Table 5)**

Close to three-fourths (71%) of all high schoolers are aware of the Social Host Law. Reported rates have decreased since 2015.

Currently only 41% of high school youth report they are familiar with the TipsLine (which has decreased from a high of 75% in 2015) and only 27% of middle schoolers report being familiar with the line.

The majority of high school youth (75%) are aware of the party patrols conducted by the Trumbull Police Department.

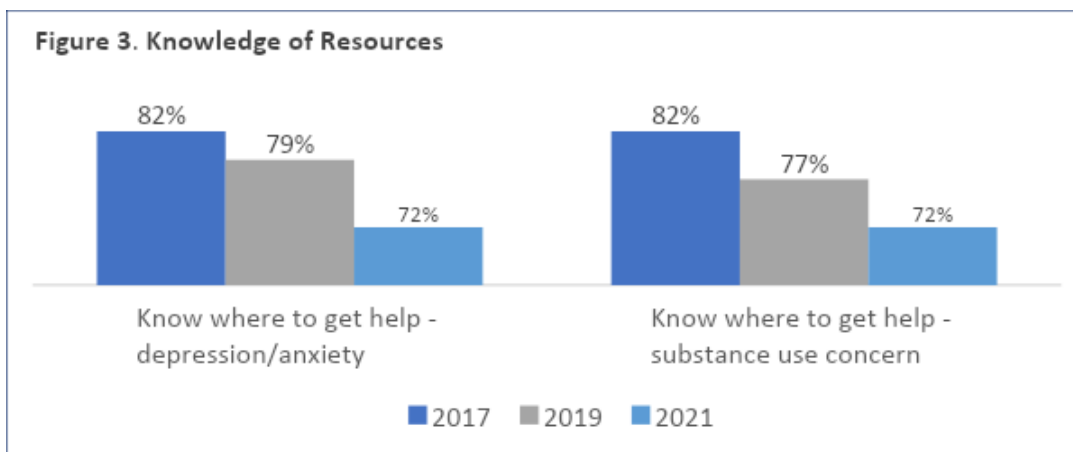


**Table 5. Enforcement & Laws, 2013 to 2021**

	Grade	2013 %	2015 %	2017 %	2019 %	2021 %
Are you aware of the Social Host Law (a law that makes it illegal for any adult to provide a place for teens to drink alcohol)?	MS	**	**	**	**	**
	HS	**	78	77	72	71
Have you heard about the anonymous underage drinking TipsLine in Trumbull?	MS	47	46	44	38	27
	HS	74	75	72	54	41
Are you aware the Trumbull Police Department routinely patrols at school events and in neighborhoods for underage drinking and drug use?	MS	**	**	**	**	**
	HS	**	78	79	74	75

**Knowledge of Available Resources (Table 6)**

In 2021, 72% of high school youth reported that they did know where to go for help if they had concerns about depression or anxiety and 72% reported they knew where to go for help if they were concerned about a family member or friend who may be struggling with substance use issues. Both percentages have decreased since we first included this on the survey in 2017.



**Table 6. Knowledge of Available Resources, 2017 to 2021**

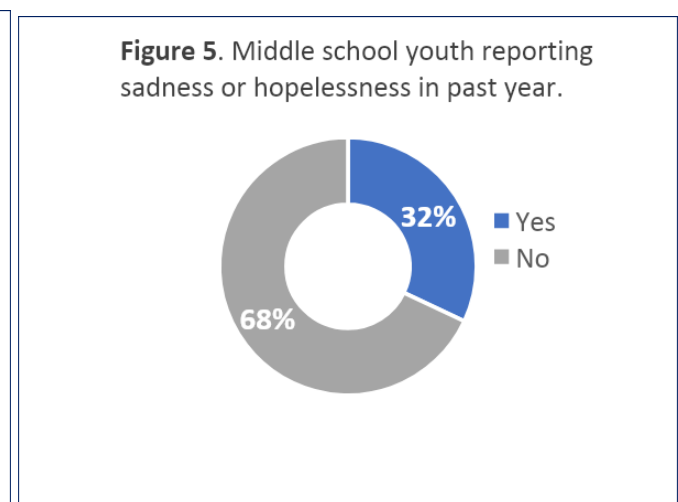
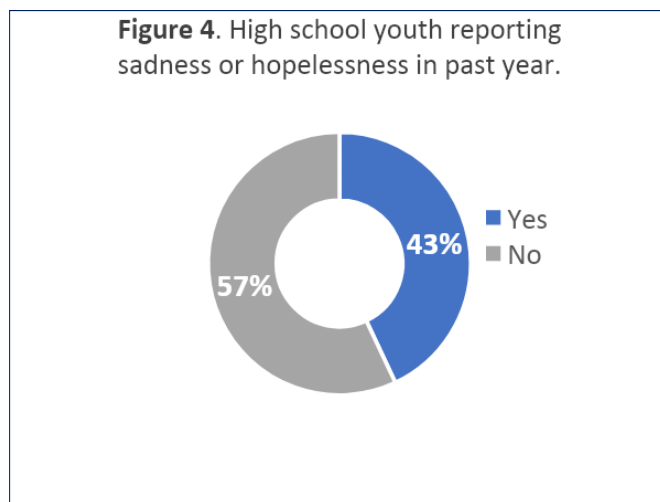
High School Only	Grade	2017 %	2019 %	2021 %
Strongly and Somewhat Agree		%	%	%

If I had a serious concern about depression or anxiety, I know where to get help.	HS	82	79	72
If I had concern for a friend or family member around substance use, I would know where to get help.	HS	82	77	72

### Self-Reported Depression (Table 7)

Youth were asked to report if they had ‘ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.’ Forty-three percent (43%) of high school youth and 32% of middle school youth reported that they had in the past 12 months. Since 2019, reported rates have increased 23% among middle schoolers and 30% among high schoolers.

The most current data available from the 2019 Youth Risk Behavior Survey found 31% of Connecticut high school youth and 37% of high school youth in the United States reporting persistent feelings of sadness or hopelessness. Nationally, the percentage of high school students who experienced depression increased significantly from 2007 (29%) through 2019 (37%).



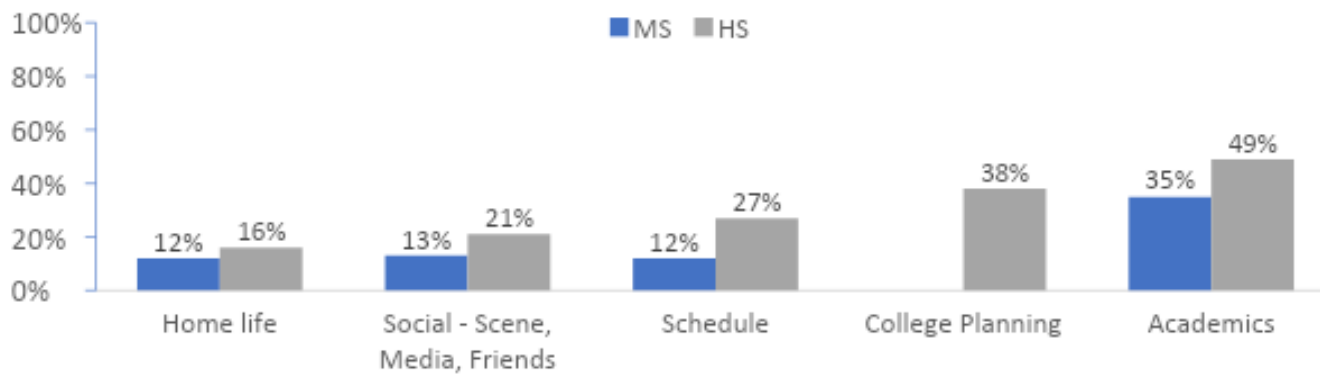
**Table 7. Sadness/Hopelessness in Past Years, 2021**

During the past 12 months...		2019	2021
Yes		%	%
did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	MS	26	32
	HS	33	43

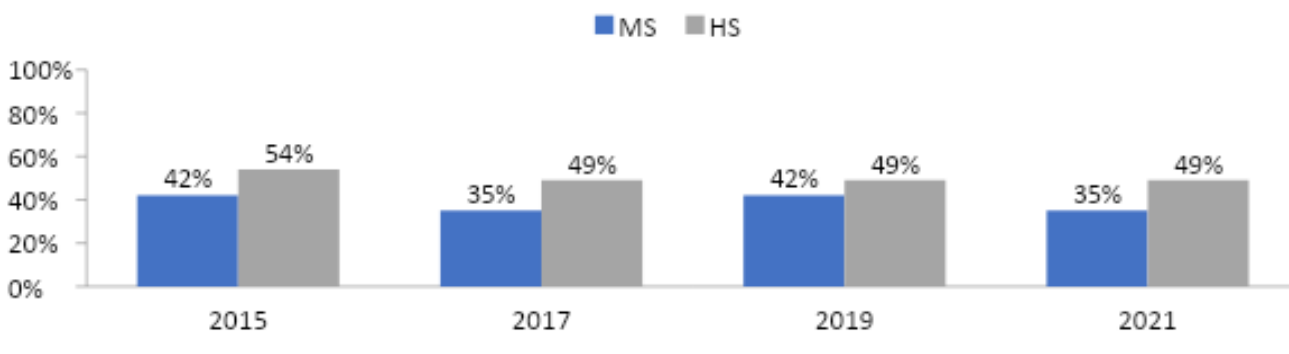
### Causes of Stress (Tables 8 to 9)

Trumbull youth were asked to report on how much stress they feel they have in several areas including academics, post high school planning, their schedule, socially, and in their home life. Academics causes both middle school (35%) and high school (49%) youth the greatest level of day-to-day stress (worry, anxiety) by a large margin, although among high school youth this is closely followed by college/post high school planning (38%). Among high schoolers, reported rates of ‘extreme’ stress around academics has remained the same since 2017.

**Figure 6. Academics causes highest percentage of reported stress among MS and HS youth in Trumbull.**



**Figure 7. Reported rates of stress around academics from has remained the same among high school youth since 2017.**



**Table 8. Causes of Stress, Anxiety and Worry, 2021**

How much stress, anxiety or worry do the following give you in your day-to-day life?	Grades	2021		
		Low %	Moderate %	Extreme %
Academics (Homework, Tests, Grades)	MS	9	56	35
	HS	8	43	49
College/Post High School Plans	MS	**	**	**
	HS	22	40	38
Schedule (Athletics, Extra-curricular, Volunteer commitments)	MS	48	40	12
	HS	26	47	27
Social scene /social media/friends	MS	51	36	13
	HS	42	37	21
Home life	MS	60	29	12
	HS	49	34	16

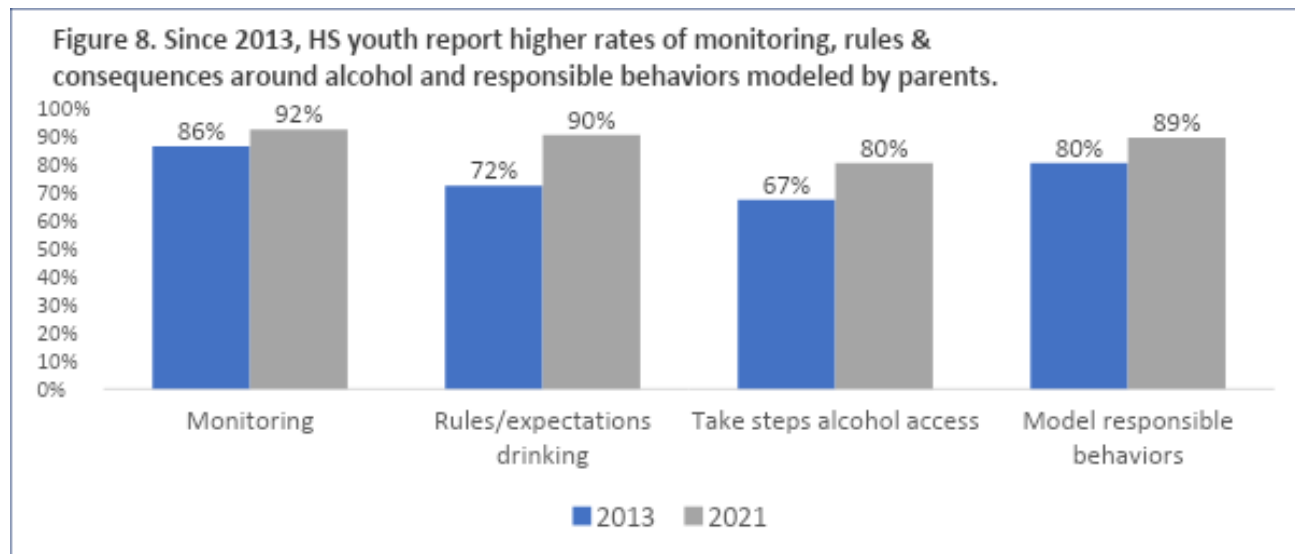
**Table 9. Causes of Extreme Stress, Anxiety and Worry, 2015 to 2021**



How much stress, anxiety or worry do the following give you in your day-to-day life?	Grades	Extreme			
		2015 %	2017 %	2019 %	2021 %
Academics (Homework, Tests, Grades)	MS	42	35	42	35
	HS	54	49	49	49
College/Post High School Plans	MS	**	**	**	**
	HS	42	40	41	38
Schedule (Athletics, Extra-curricular, Volunteer commitments)	MS	19	14	12	11
	HS	30	28	30	27
Social scene /social media/friends	MS	16	14	15	13
	HS	18	19	22	21
Home life	MS	15	12	13	12
	HS	18	16	18	16

### Family and Youth Norms on Substance Use (Tables 10 to 13)

Trumbull youth reported high levels of family monitoring, support, and rules/expectations around substance use. Most youth report that their parents monitor their whereabouts, have set clear rules and expectations around substance use, take steps to ensure that substances cannot be accessed from their home, and model responsible and appropriate behaviors when considering substance use. Reported rates have increased in all areas since baseline years.

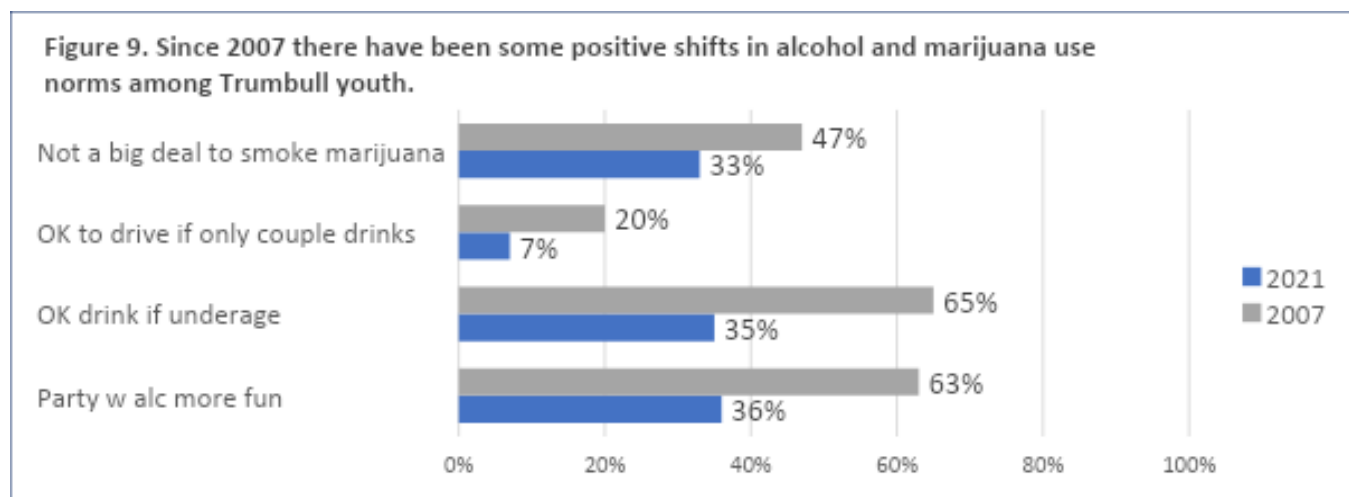


**Table 10. Family Norms Around Substance Use, 2013 to 2021**

My parents...	Grade	2013 %	2015 %	2017 %	2019 %	2021 %
<b>Always/Mostly</b>						
know where I am and who I am with when I go out.	MS	89	**	**	**	**
	HS	86	**	**	90	92
have set rules and clear expectations with me about drinking.	MS	70	82	90	90	94
	HS	72	84	88	90	90

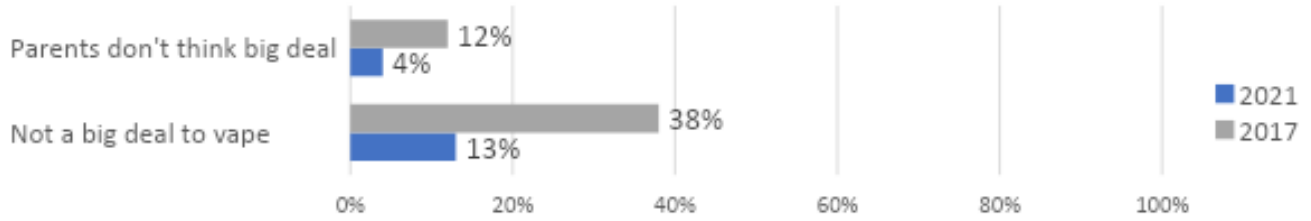
have set rules and clear expectations with me about marijuana/THC use.	MS	**	**	89	91	93
	HS	**	**	85	90	91
have set rules and clear expectations with me about vaping/JUULS.	MS	**	**	87	92	93
	HS	**	**	80	90	92
take steps to ensure kids can't get alcohol from our house.	MS	69	77	82	84	89
	HS	67	74	75	82	80
take steps to ensure kids can't get prescription drugs from our house.	MS	**	78	86	86	91
	HS	**	76	79	85	84
model responsible drinking behaviors.	MS	81	**	**	**	**
	HS	80	85	87	88	89
model appropriate use of prescription drugs.	MS	**	**	**	**	**
	HS	**	**	94	94	95

When examining data on the norms of alcohol and marijuana use, there has been positive movement. Reduced rates are found around attitudes including use of either substance as a teen and driving after drinking. In addition, high schoolers who reported that it was okay to drive after using marijuana has decreased from 21% in 2013 to 9% in 2021.



Since 2017, the data also illustrates positive movement around vaping use norms among Trumbull youth. Significant decreases were reported among youth who were asked if it was a 'big deal to vape' (38% in 2017 to 13% in 2021.)

**Figure 10. Since 2017 there have been some positive shifts in vaping use norms among Trumbull youth.**



**Table 11. Youth Attitudes Around Substance Use, 2007 to 2021**

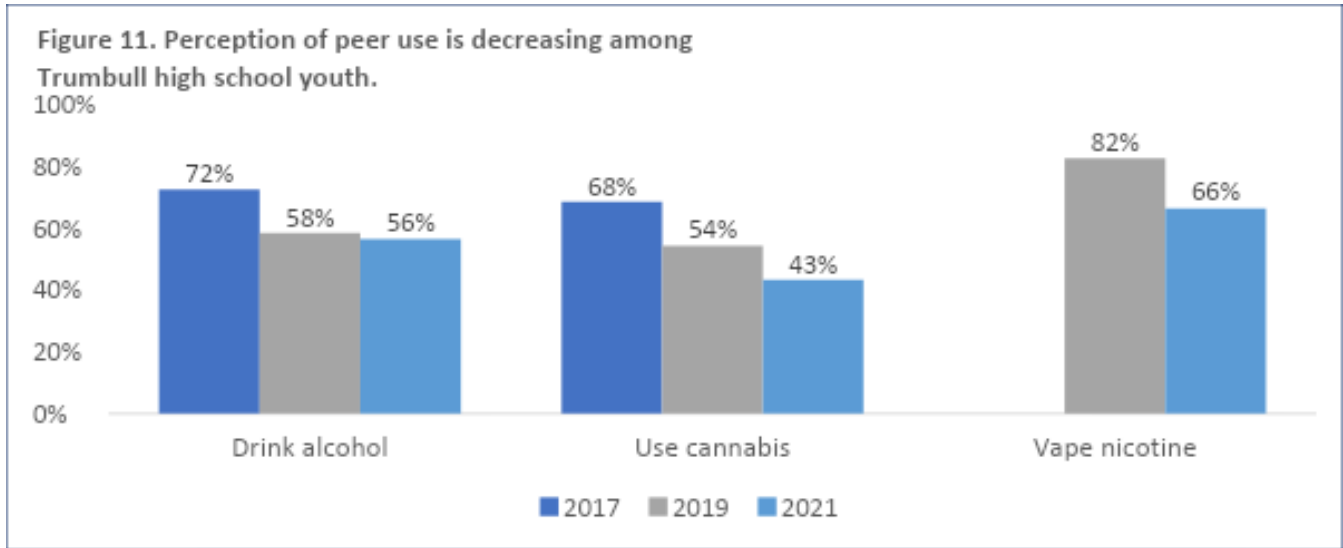
Strongly or Somewhat Agree	Grade	2007 %	2010 %	2013 %	2015 %	2017 %	2019 %	2021 %
A party with alcohol is more fun.	MS	29	29	9	11	10	13	11
	HS	63	57	37	35	39	41	36
It is OK to drive if you've only had a couple of drinks.	MS	21	27	**	**	**	**	**
	HS	20	18	**	9	6	9	7
It's OK to drink sometimes even if you are underage.	MS	30	33	9	12	8	13	9
	HS	65	62	41	33	36	34	35
My parents don't think it is a big deal to drink alcohol if you are underage.	MS	**	**	**	5	5	7	5
	HS	**	**	**	14	14	15	15
It is OK to drive if you've smoked marijuana.	MS	**	**	4	**	**	**	**
	HS	**	**	21	18	15	15	9
It's not a big deal to smoke marijuana.	MS	11	12	7	5	6	7	6
	HS	47	48	36	33	34	33	33
My parents don't think it is a big deal to smoke marijuana.	MS	**	**	**	2	3	4	3
	HS	**	**	**	12	11	11	10
It's not a big deal to vape (use e-cigs, JUULs).	MS	**	**	**	**	11	6	5
	HS	**	**	**	**	38	16	13
My parents don't think it is a big deal to vape (use e-cigs, JUULs).	MS	**	**	**	**	**	**	3
	HS	**	**	**	**	12	6	4
My parents monitor my social media and Internet use.	MS	**	**	**	**	57	55	64
	HS	**	**	**	**	35	39	36

Fortunately, a very low percentage of youth report that it is okay to take someone else's prescription drugs (4%) or use them to get high (5%). Correspondingly, reported rates of prescription medication abuse remain very low, at 2% among all high school youth.

**Table 12. Youth Attitudes on Prescription Drug Abuse, 2013 to 2021**

How much do you agree or disagree with the following? Strongly Agree/Somewhat Agree	Grade	2013 %	2015 %	2017 %	2019 %	2021 %
It's OK to take someone else's prescription drugs.	MS	3	3	1	3	2
	HS	11	7	4	4	4
It's OK to take prescription drugs to get high.	MS	**	**	**	**	**
	HS	**	5	4	5	5

Since 2017, TPAUD has been surveyed youth on their perception of peer use and reported rates have continued to decrease. Typically, youth have a much higher impression of peer use than what actual use rates are. In 2021, reported perceived use was still much higher than actual use although it is favorable to see the decreasing trend.



**Table 13. Perception of Peer Use, High School Students, 2017 to 2021**

About how many students in your grade do you think... High School Only	2017 %	2019 %	2021 %
A lot/Most			
Drink alcohol at least once a month?	72	58	56
Use marijuana, cannabis, THC oil at least once a month?	68	54	43
JUUL/vape nicotine at least once a month?	**	82	66

### Summary of Core Measures

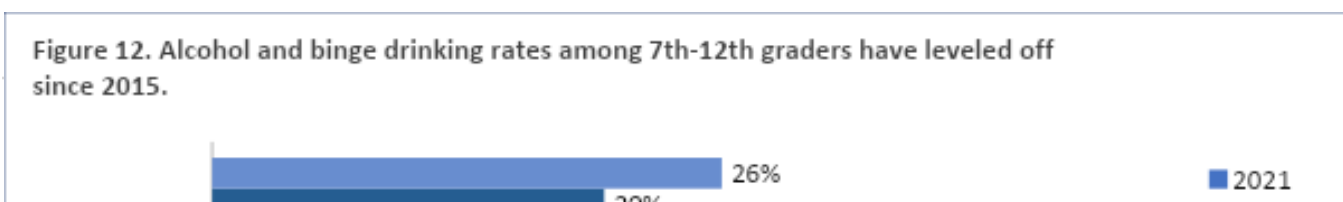
The DFC National Evaluation Team seeks to determine how effective the DFC program has been at achieving its goals of increasing collaboration and reducing/preventing substance abuse among youth. All DFC grantees participate in the National Evaluation by reporting required data into the Drug Free Communities Monitoring and Evaluation system (DFC ME). At a minimum, all grantees must collect the same four core measures and coalitions are expected to utilize the data to assess the overall effectiveness of the DFC program on youth substance use. Core measures are:

- Past 30-day Use – the percentage of youth who report using alcohol, tobacco, marijuana or prescription drugs not prescribed to them at least once in the past 30-days.
- Perception of Risk – the percentage of youth who report that use of alcohol, tobacco, marijuana or prescription drugs not prescribed to them has moderate risk or great risk.
- Perception of Parental Disapproval – the percentage of youth who report that their parents would feel it would be wrong or very wrong to use alcohol, tobacco, marijuana or prescription drugs not prescribed to you.
- Perception of Peer Disapproval – the percentage of youth who report that their peers feel it would be wrong or very wrong to use alcohol, tobacco, marijuana and prescription drugs not prescribed to you.

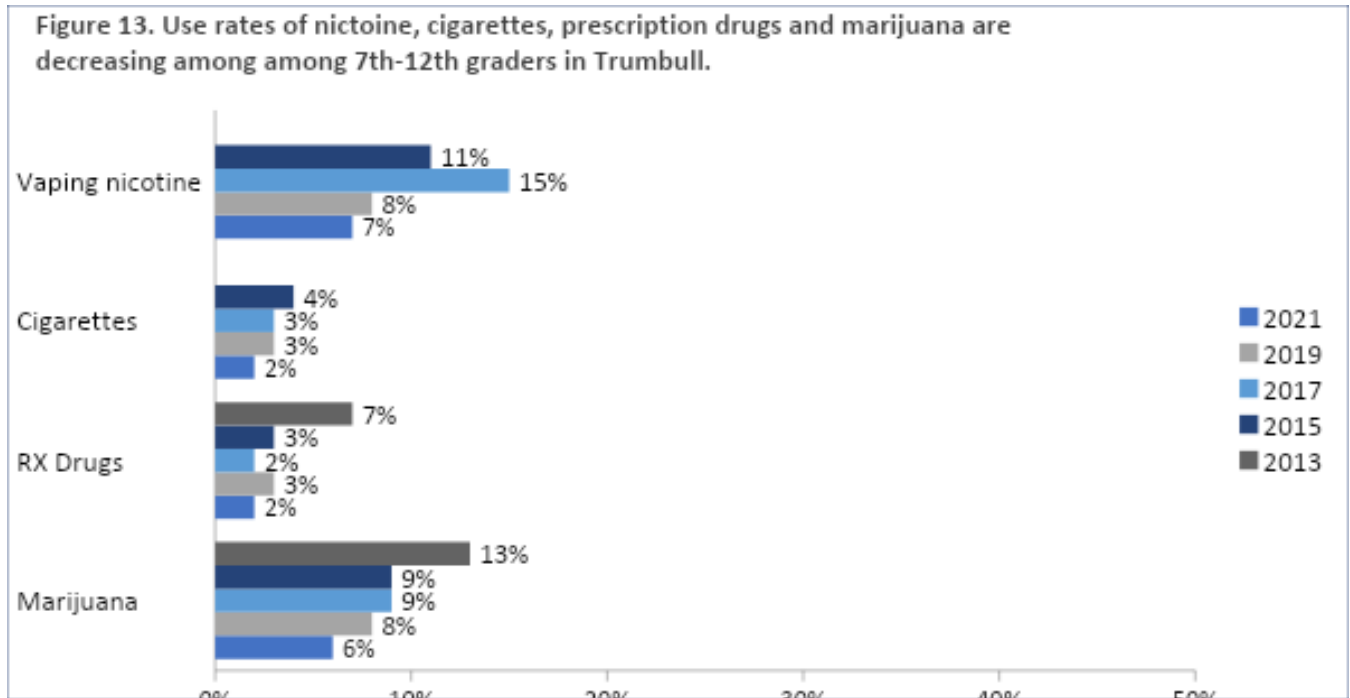
A summary of core measures by grade can be found in Appendix A.

### Past 30-day Use (Tables 14 to 25)

Overall, when examining 30-day use rates of alcohol there has been a steady decrease in use through 2015 with rates somewhat leveling since then.



Reported use rates of nicotine (vaping), cigarettes, prescription drugs and marijuana have continued a steady decrease among 7<sup>th</sup> to 12<sup>th</sup> graders in Trumbull since 2013 (marijuana and prescription drugs) and 2015 (cigarettes and vaping).



**Table 14. Substance Use Rates, 2021**

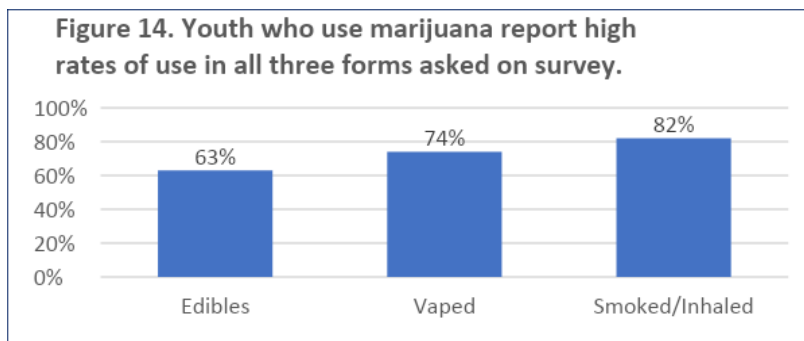
	No Use %		Lifetime Use %		Past 30-day Use %	
	MS	HS	MS	HS	MS	HS
Have you <u>ever</u> drank one or more drinks of an alcoholic beverage?	90	62	10	38	2	16
Have you <u>ever</u> drank four or more alcoholic drinks in less than 2 hours? (BINGE)	99	82	1	18	0	10
Have you <u>ever</u> smoked part or all of a cigarette?	98	92	2	8	^	3
Have you <u>ever</u> used marijuana or hashish?	99	84	1	16	^	9
Have you <u>ever</u> used prescription drugs <u>not prescribed to you</u> ?	95	92	5	8	1	2
Have you <u>ever</u> JUULed or vaped nicotine?	97	80	3	20	1	9
Have you <u>ever</u> vaped marijuana or THC oil?	99	84	1	16	^	8
Have you <u>ever</u> used heroin?	**	98	**	2	**	1
Have you <u>ever</u> used other illicit drugs (LSD, Molly, Cocaine)?	**	97	**	3	**	2

**Table 15. 30-Day Use Rates, 2007 to 2021**

	Grade	2007 %	2010 %	2013 %	2015 %	2017 %	2019 %	2021 %
Alcohol	7-8	14	12	11	2	1	2	2

	9-12	49	40	36	18	17	18	16
	Total	37	30	28	13	11	13	11
Alcohol - Binge	7-8	6	5	2	<1	^	^	0
	9-12	36	29	20	10	9	9	10
	Total	26	20	14	7	6	6	7
Marijuana	7-8	**	**	1	1	^	^	^
	9-12			19	13	14	12	9
	Total			13	9	9	8	6
Cigarettes	7-8	**	**	**	1	1	^	^
	9-12				6	4	4	3
	Total				4	3	3	2
Prescription Drugs	7-8	**	**	5	1	1	1	1
	9-12			8	4	3	4	2
	Total			7	3	2	3	2
Vaped nicotine	7-8	**	**	**	2	3	1	1
	9-12				15	22	14	9
	Total				11	15	8	7
Vaped marijuana/THC	7-8	**	**	**	**	**	**	^
	9-12							8
	Total							6
Heroin	7-8	**	**	**	**	**	**	**
	9-12				1	1	3	1
	Total				**	**	**	**
Other illicit drugs	7-8	**	**	**	**	**	**	**
	9-12				2	1	3	2
	Total				**	**	**	**

The survey asked youth who had ever used marijuana to report on the type of product they most often used. Data indicates that all three types of marijuana products were used often – the most common was smoking or inhaling (82%), followed by vaping (74%) and edibles (63%).



**Table 16. Marijuana/THC products Used, 2021**

If you have <u>ever</u> used marijuana or THC products, please select the ways you have most often used it. MS=7, HS=270, TOTAL n=277	No %	Yes %
Smoked or inhaled	17	82

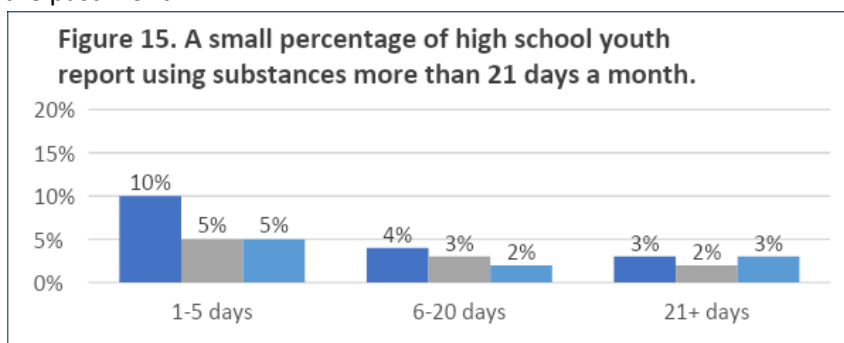
Edibles	36	63
Vaped	27	74

The survey also asked teens for a more detailed description of types of prescription drugs used. Reported rates of lifetime use and past 30-day use remain low for all three drug types included in the survey - pain relievers, tranquilizers or benzodiazepines, and stimulants.

**Table 17. Prescription Drug Use Rates, High School Students, 2021**

Have you ever used any of these drugs on your own <u>without</u> your own prescription or a doctor/dentist telling you to?	No Use %	Lifetime Use %	Past 30-day Use %
Pain relievers (OxyContin, Vicodin, OxyContin, Percocet)	94	4	2
Tranquilizers or benzodiazepines (Valium, Xanax, Ativan)	97	2	1
Stimulants (Ritalin, Adderall)	95	3	2

Results on frequency of substance use are illustrated in Figure 15. A small cohort of youth reported using alcohol, marijuana, or nicotine 6 to 20 days in the past month, with a smaller cohort reporting 21 or more days of use in the past month.



**Table 18. Frequency of Substance Use, 2021**

High School Only In the past 30 days, how often have you...	Never %	Not in past 30 days %	1-5 days %	6-20 days %	21+ days %
drank alcoholic beverages?	66	18	10	4	3
used marijuana, cannabis, THC oil?	82	8	5	3	2*
JUULed/ vaped nicotine?	81	9	5	2	3

\*n=41; of the 41 youth who reported use 21+ days in past month 36 reported most often smoking and vaping and 30 reported using edibles.

### Summary of National, State and Local Rates (Table 19)

National and state level data from the Youth Risk Behavior Survey (YRBS), conducted by the Center for Disease Control and State health agencies, is used to compare local trends of students in grades 9 to 12 in Trumbull to those found on a national and state level. The YRBS is the largest public health surveillance system in the United States monitoring a broad range of health-risk behaviors among high school students. YRBS data is currently available from a 2019 survey of high school students across all 50 states and the District of Columbia with a student sample size of 13,677 nationally and a sample size of 2,015 in Connecticut. Currently the most recent 2021 data is not available, but when looking at 2019 rates, Trumbull falls lower than state and national rates.



**Table 19. National, State and Local Past 30 Day Use Rates, 2011 to 2021**

High School Students	2011 %	2013 %	2015 %	2017 %	2019 %	2021 %
<b>Alcohol</b>						
Trumbull	40	36	18	17	18	16
CT	42	37	30	30	26	**
US	39	35	33	30	29	**
<b>Marijuana</b>						
Trumbull	**	19	13	14	12	9
CT	24	26	20	20	22	**
US	23	23	22	20	22	**
<b>Cigarettes</b>						
Trumbull	**	**	6	4	4	3
CT	16	14	10	8	4	**
US	18	16	11	9	6	**
<b>Vaping nicotine</b>						
Trumbull	**	**	15	22	14	9
CT	**	**	**	**	27	**
US	**	**	24	13	33	**
<b>Prescription pain medicine without a Dr's RX or different than prescribed</b>						
Trumbull	**	**	**	**	4	2
CT	**	**	**	**	**	**
US	**	**	**	**	7	**

**Past 30-Day Use by Grade, Gender, LGBT, and Race (Tables 20, 21)**

Overall, rates of use increase as students rise from 7<sup>th</sup> to 12<sup>th</sup> grade. In 2021, grade-specific use rates of alcohol range from a low of less than 2% among 7<sup>th</sup> graders to a high of 26% among 12<sup>th</sup> grade students. A similar range is found with marijuana use – a low of less than 1% among 7<sup>th</sup> grade students to a high of 16% among seniors. See Appendix A for a complete list of use rates by grade.

Some significant differences among groups:

- When comparing rates by gender youth who identified as Other have reported significantly higher use rates when compared to female and male youth.
- Youth who reported being a member of the LGBT community have significantly higher use rates than those who did not identify as LGBT.
- Youth who identify as white report significantly higher alcohol use rates compared to Black, Asian, and Other youth.

**Table 20. 30-Day Use Rates by Gender and LGBT Identity, 2021**

30-day use rates	All (n=1927) %	Male (n=886) %	Female (n=889) %	Other (n=91) %	LGBT (n=263) %	Not LGBT (n=1013)
Alcohol	16	14	16	26 <sup>A</sup>	21 <sup>B</sup>	14
Marijuana	9	8	7	24 <sup>A</sup>	14 <sup>B</sup>	6
Vaping nicotine	9	7	10	20 <sup>A</sup>	16 <sup>B</sup>	7

<sup>A</sup>Significantly higher than Male and Female

<sup>B</sup>Significantly higher than Not LGBT

**Table 21. 30-Day Use Rates by Race, 2021**

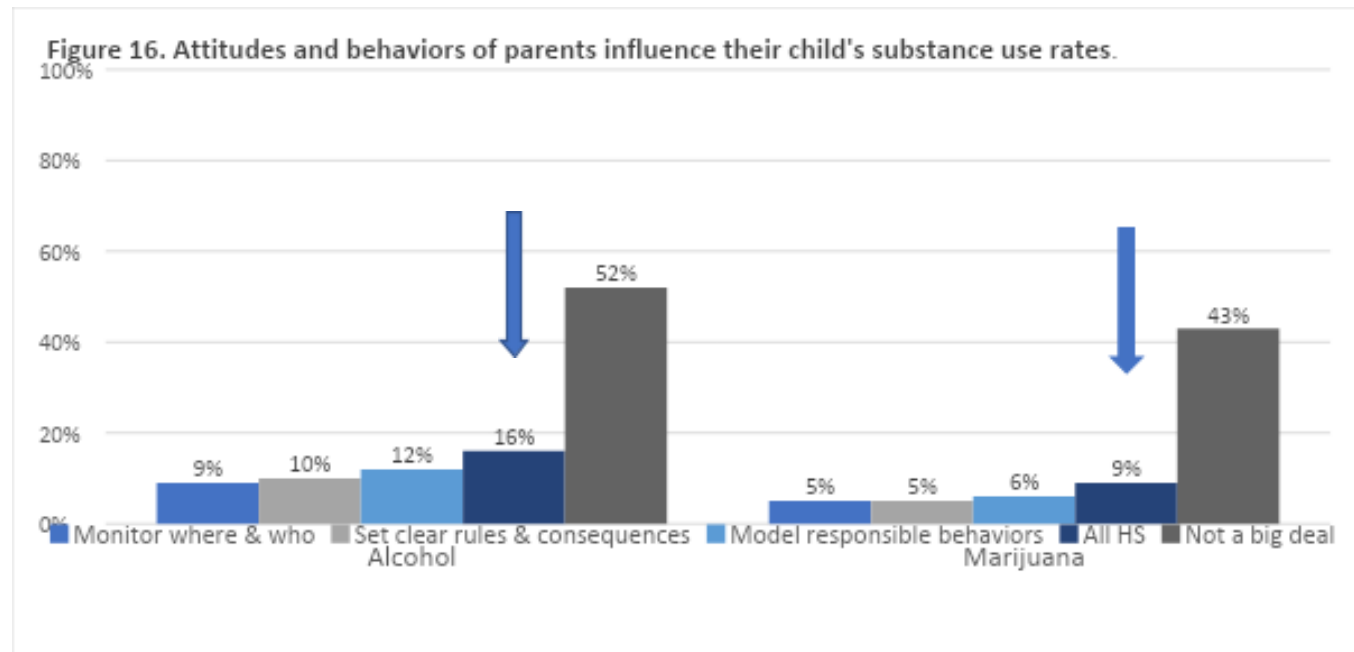
30-day use rates	All (n=1927) %	White (n=1225) %	Black (n=111) %	Asian (n=166) %	Multi (n=149) %	Other (n=155) %	Hispanic (n=313) %
Alcohol	16	18 <sup>A</sup>	10	8	17 <sup>B</sup>	10	16
Marijuana	9	9 <sup>B</sup>	6	4	10 <sup>B</sup>	7	10
Vaping nicotine	9	9	12	6	10	9	12

<sup>A</sup>Significantly higher than Black, Asian, Other (95% confidence level (p=.05)

<sup>B</sup>Significantly higher than Asian (95% confidence level (p=.05)

**Past 30-Day Use by Family Management, Protective Factors and Student Attitudes on Substance Use (Tables 22 to 24)**

Additional variables were examined to determine the influence norms and attitudes can have on substance use. Overall, we find that youth who report having strong family norms around substance use are less likely to use substances than their peers who do not. Figure 16 illustrates the lower-than-average use rates of youth who report that their parents know where they are and who they are with, set clear rules and consequences, and model responsible behaviors. Youth who feel their parents don't think it is a big deal to use substances have much higher use rates.



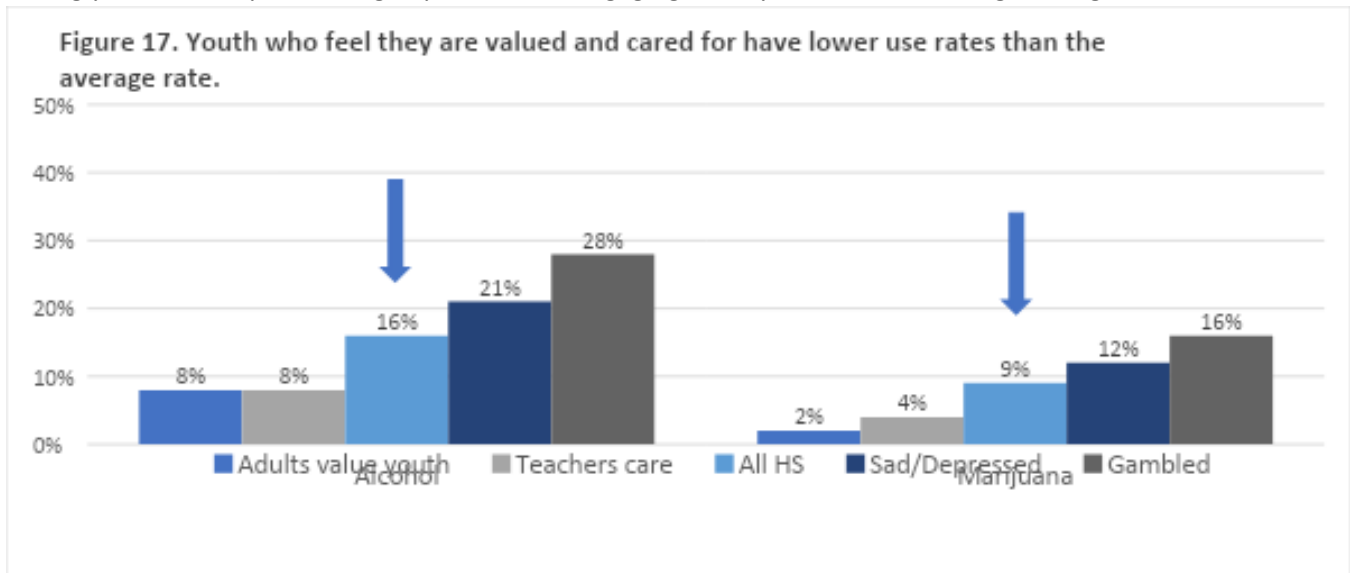
**Table 22. 30 Day Use Rates by Family Management, 2021**

30-day use rates	Parents set clear rules & consequences about ...alcohol use (n=1363) ...marijuana use (n=1460)	Parents know where I am/who with- ALWAYS	Parents model responsible drinking behaviors - ALWAYS

	All HS Students (n=1927) %	...vaping (n=1524) ALWAYS %	(n=1201) %	(n=1362) %
Alcohol	16	10 <sup>A</sup>	9 <sup>A</sup>	12 <sup>A</sup>
Marijuana	9	5 <sup>A</sup>	5 <sup>A</sup>	6 <sup>A</sup>
Vaping	9	6 <sup>A</sup>	5 <sup>A</sup>	6 <sup>A</sup>

<sup>A</sup>Significantly lower than Rarely, Sometimes, Mostly

Youth who report having protective factors such as feeling valued by adults in the community and feeling cared for at school also have lower use rates than their peers who do not. Figure 17 illustrates the heightened use rates among youth who report feeling depressed and engaging in risky behaviors such as gambling.



**Table 23. 30-Day Use Rates by Protective Factors, 2021**

30-day use rates	All HS Students (n=1927) %	Adults value youth (n=1052) STRONGLY AGREE %	Teachers at THS care about me (n=1520) STRONGLY AGREE %	My parents don't think a big deal to drink alcohol if you are underage (n=287) STRONGLY AGREE %	My parents don't think a big deal to smoke marijuana (n=195) STRONGLY AGREE %
Alcohol	16	8 <sup>B</sup>	8 <sup>A</sup>	52 <sup>A</sup>	49 <sup>A</sup>
Marijuana	9	2 <sup>A</sup>	4 <sup>A</sup>	44 <sup>A</sup>	43 <sup>A</sup>
Vaping	9	2 <sup>A</sup>	3 <sup>A</sup>	40 <sup>A</sup>	39 <sup>A</sup>

<sup>A</sup>Significantly lower than Strongly Disagree, Somewhat Disagree, Somewhat Agree

<sup>B</sup>Significantly lower than Strongly Disagree, Somewhat Disagree

**Table 24. 30-Day Use Rates by Student Attitudes on Substance Use, 2021**

30-day use rates	All HS Students (n=1927) %	Sad/Depressed (past year) (n=823) YES %	Gambled (past year) (n=383) YES %	Drove after using marijuana (past year) (n=99) YES %
Alcohol	16	21 <sup>A</sup>	28 <sup>A</sup>	66 <sup>A</sup>
Marijuana	9	12 <sup>A</sup>	16 <sup>A</sup>	78 <sup>A</sup>
Vaping	9	15 <sup>A</sup>	16 <sup>A</sup>	57 <sup>A</sup>

<sup>A</sup>Significantly higher than No

### Past 30-Day Use by Other Recent Substance Use Rates (Table 25)

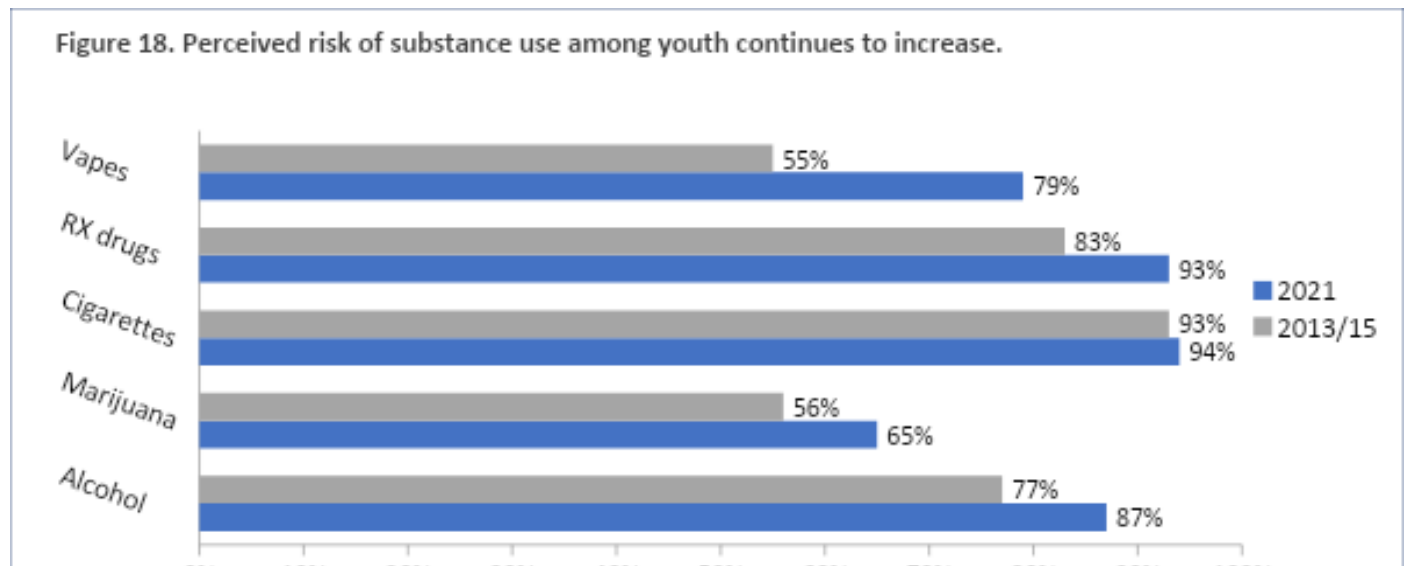
Youth who reported past 30-day use of alcohol are much more likely to also use marijuana, prescription drugs, tobacco and vapes (nicotine and marijuana).

**Table 25. 30 Day Use Rates and Other Substance Use, 2021**

	All (n=1927) %	Past 30-day use of alcohol (n=301) %
Marijuana	9	42
Tobacco	3	17
Rx drugs	2	10
Vaped nicotine	9	45
Vaped marijuana/THC	8	42

### Perception of Risk (Tables 26 & 27)

Reported rates of perception of risk of substances continue to increase among Trumbull youth. Fortunately, where rates are lowest around marijuana and vaping use, there was an increase among high school youth from 2019 to 2021.



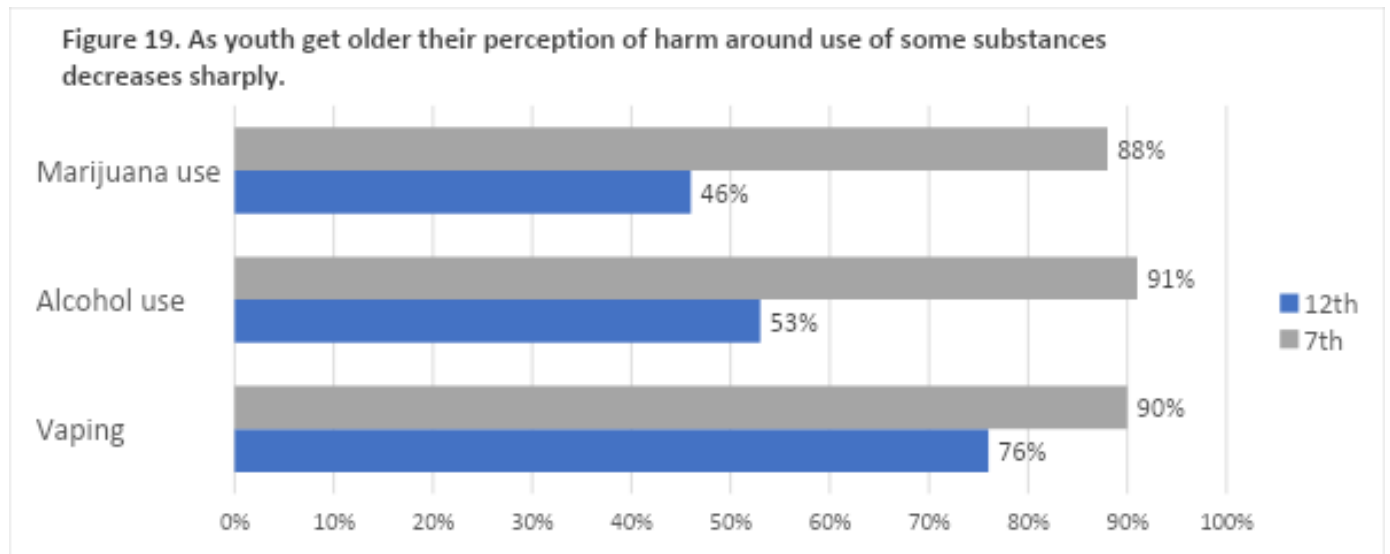
\*Baseline year for Cigarettes and Vaping is 2015; RX drugs, Marijuana and Alcohol is 2013



**Table 26. Perceived Risk of Substance Use, 2010 to 2021**

How much do you think people risk harming themselves physically or in other ways... Moderate or great risk	Grade	2010 %	2013 %	2015 %	2017 %	2019 %	2021 %
<b>Alcohol</b>							
if they have five or more drinks of an alcoholic beverage once or twice a week?	MS	95	83	83	94	91	90
	HS	86	77	81	85	85	87
	Total					87	88
<b>Marijuana</b>							
if they smoke marijuana once or twice a week?	MS	**	81	91	90	86	86
	HS		56	62	59	59	65
	Total					68	71
<b>Cigarettes</b>							
if they smoke one or more packs of cigarettes per day?	MS	**	**	96	98	97	96
	HS			93	94	93	94
	Total					94	94
<b>Prescription Drugs</b>							
if they use prescription drugs that are not prescribed them?	MS	**	80	93	96	95	94
	HS		83	89	93	92	93
	Total					93	93
<b>Vapes</b>							
if they vape (use e-cigs or JUULs)?	MS	**	**	71	79	90	87
	HS			55	51	76	79
	Total						82

As grade level increases perception of harm rates decrease – this decrease is especially notable when looking at alcohol and marijuana use.

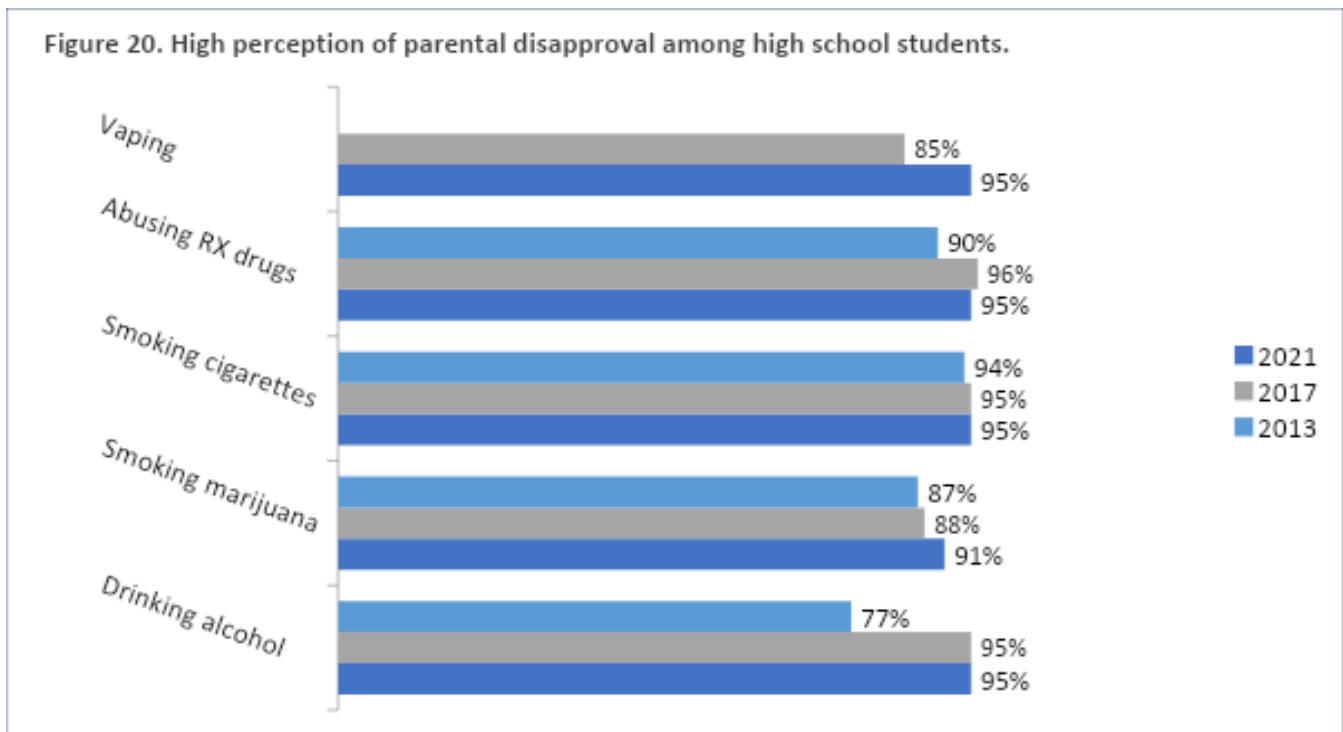


**Table 27. Perceived Risk of Substance Use, by Grade, 2021**

	7 <sup>th</sup> grade %	12 <sup>th</sup> grade %
Alcohol use	91	53
Marijuana use	88	46
Cigarettes use	96	92
Prescription drug use	95	92
Vape	90	76

**Perception of Parental Disapproval (Tables 28 & 29)**

When examining youth data on perceived parental disapproval of substance use the outcomes are positive as there are a high number of youth reporting parental disapproval. These rates have remained high since 2015.



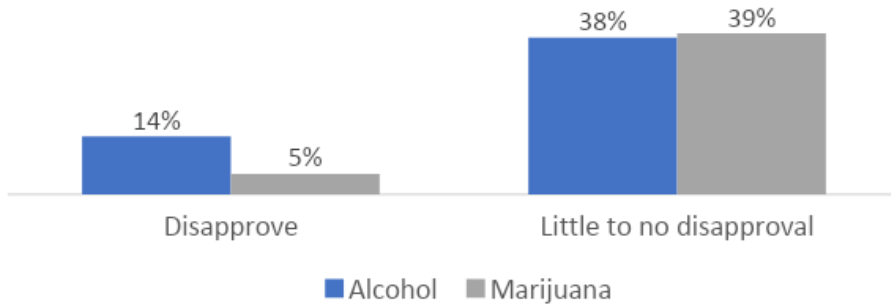
**Table 28. Perception of Parental Disapproval, 2010 to 2021**

How wrong do <u>your</u> parents feel it would be for you to... Wrong or Very Wrong	Grade	2010 %	2013 %	2015 %	2017 %	2019 %	2021 %
<b>Alcohol</b>							
have one or two drinks of an alcoholic beverage nearly every day?	MS	77	94	96	97	97	97
	HS	62	77	93	95	94	95
	Total					95	95
<b>Alcohol- Binge drinking</b>							
have four or more drinks of an alcoholic beverage at one time?	MS	**	98	98	98	98	98
	HS		89	94	94	93	91
	Total						93
<b>Marijuana</b>							
smoke marijuana?	MS	**	97	98	98	97	97
	HS		87	89	88	90	91
	Total					92	93
<b>Cigarettes</b>							
smoke tobacco?	MS	**	**	97	99	98	98
	HS			94	95	95	95
	Total					96	96
<b>Prescription drugs</b>							
use prescription drugs not prescribed to you?	MS	**	97	96	99	98	97
	HS		90	94	96	95	95
	Total					96	96
<b>Electronic cigarettes</b>							
vape? (use e-cigs, JUULs, etc.)	MS	**	**	**	95	97	97
	HS				85	93	95
	Total						95

A young person’s perception of their parent’s disapproval is associated with a young person’s choice to use substances. If teens perceive their parents believe it is wrong for them to drink or use substances, when faced with the opportunity, they are less likely to do so. When looking at youth who feel their parents disapprove of use overall 30-day use rates are much lower (2.5 times lower for alcohol and almost 8 times lower for marijuana) compared to students who believe their parents don’t really think drinking or smoking marijuana is wrong (or only a little bit wrong.)



**Figure 21. Youth who believe their parents disapprove of substance use are less likely to use than those who do not.**



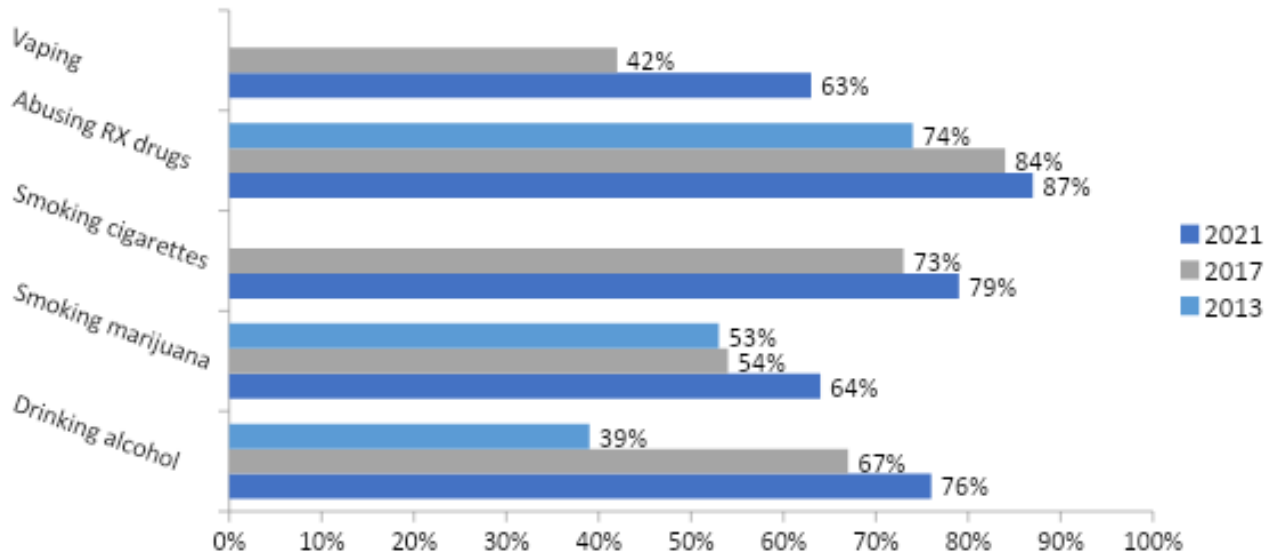
**Table 29. Perception of Parental Disapproval by 30 Day Use Rates, 2021**

Perception of Parent Disapproval of...	Disapproval (n=1823) %	Little to No Disapproval (n=99) %
Alcohol Use	14	38
	Disapproval (n=1731)	Little to No Disapproval (n=174)
Marijuana Use	5	39

### Perception of Peer Disapproval (Table 30)

When examining youth data from 2019 to 2021 on perceived peer disapproval of substance use reported rates have remained somewhat steady, although notable are the increases reported among high schoolers around marijuana and vaping use.

**Figure 22. Varying levels of perceived perception of friend disapproval among high school students.**



**Table 30. Perception of Peer Disapproval, 2010 to 2021**

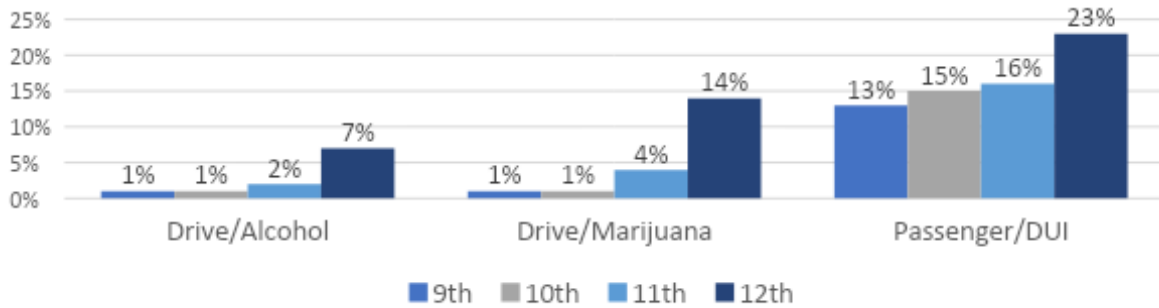
How wrong do <u>your friends</u> feel it would be for you to... Wrong or Very Wrong	Grade	2010 %	2013 %	2015 %	2017 %	2019 %	2021 %
<b>Alcohol</b>							
have one or two drinks of an alcoholic beverage nearly every day?	MS	60	83	88	91	91	90
	HS	11	39	71	67	73	76
	Total					79	80
<b>Alcohol- Binge drinking</b>							
have four or more drinks of an alcoholic beverage at one time?	MS	**	**	94	95	95	93
	HS			72	67	67	70
	Total						77
<b>Marijuana</b>							
smoke marijuana?	MS	83	92	93	93	94	93
	HS	20	53	60	54	59	64
	Total					70	73
<b>Cigarettes</b>							
smoke tobacco?	MS	**	**	94	96	95	93
	HS			76	73	77	79
	Total					83	83
<b>Prescription drugs</b>							
use prescription drugs not prescribed to you?	MS	**	91	93	95	96	92
	HS		74	85	84	84	87
	Total					88	88
<b>Electronic cigarettes</b>							
vape? (use e-cigs, JUULs, etc.)	MS	**	**	**	82	90	90
	HS				42	55	63
	Total						71

**Other Risky Behaviors (Table 31)**

Driving and substance use rates are highest among seniors. 14% of 12<sup>th</sup> graders reported driving a car after using marijuana and 23% have ridden in a car with a driver under the influence in the past year.

Reported rates of gambling range from 18% to 22%, with 20% of all high school youth reporting gambling in the past year.

**Figure 23. Trumbull teens are more likely to drive under the influence or ride as a passenger with someone under the influence in their senior year of high school.**



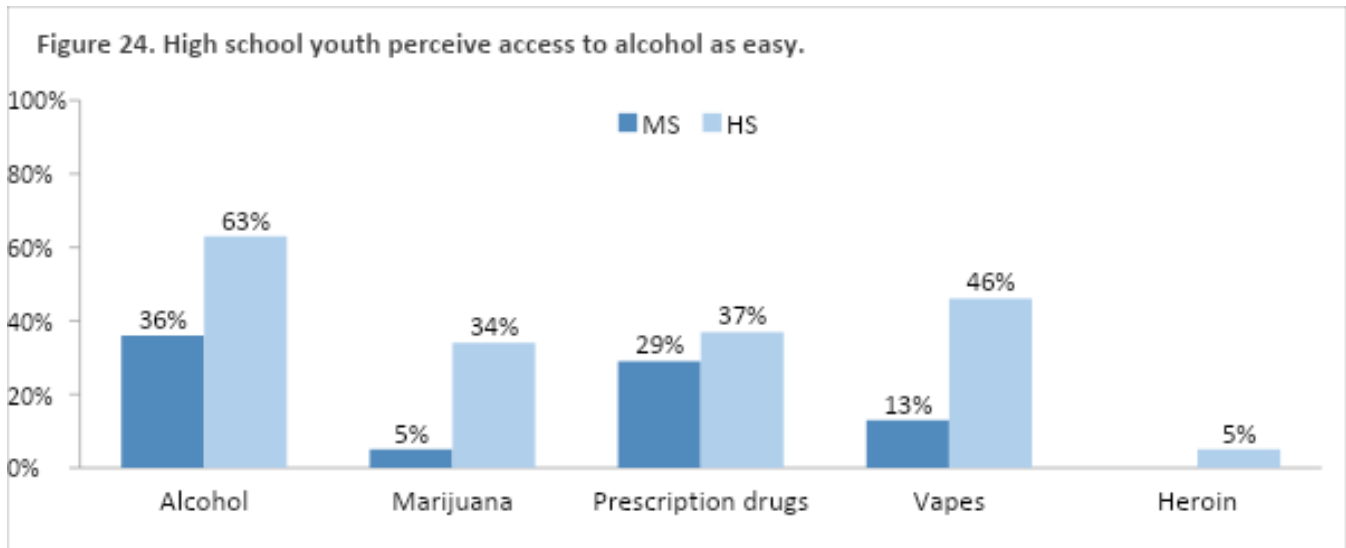
**Table 31. Other Risky Behaviors by Grade, 2021**

In the past year, have you? High School Only	Yes %
<b>Driven a car after you had been drinking?</b>	
9 <sup>th</sup>	1
10 <sup>th</sup>	1
11 <sup>th</sup>	2
12 <sup>th</sup>	7 <sup>A</sup>
ALL	3
<b>Driven a car after you had used marijuana/THC?</b>	
9 <sup>th</sup>	1
10 <sup>th</sup>	1
11 <sup>th</sup>	4
12 <sup>th</sup>	14 <sup>A</sup>
ALL	5
<b>Ridden as a passenger with a driver under the influence of drugs or alcohol?</b>	
9 <sup>th</sup>	13
10 <sup>th</sup>	15
11 <sup>th</sup>	16
12 <sup>th</sup>	23 <sup>A</sup>
ALL	17
<b>Gambled (scratch tickets, online, sports, casino, etc.)?</b>	
9 <sup>th</sup>	20
10 <sup>th</sup>	20
11 <sup>th</sup>	18
12 <sup>th</sup>	22
ALL	20

<sup>A</sup>Significantly higher than grades 9, 10, 11

### Access to Substances & Location of Use (Table 32)

High school youth report easiest access to alcohol (63%) and vapes (46%) followed by prescription drugs (37%) marijuana (34%). Middle schoolers report lower rates when asked about ease of access to substances although 36% of youth felt that it would be easy to access alcohol if they wanted it and 29% reported ease of access to prescription drugs.



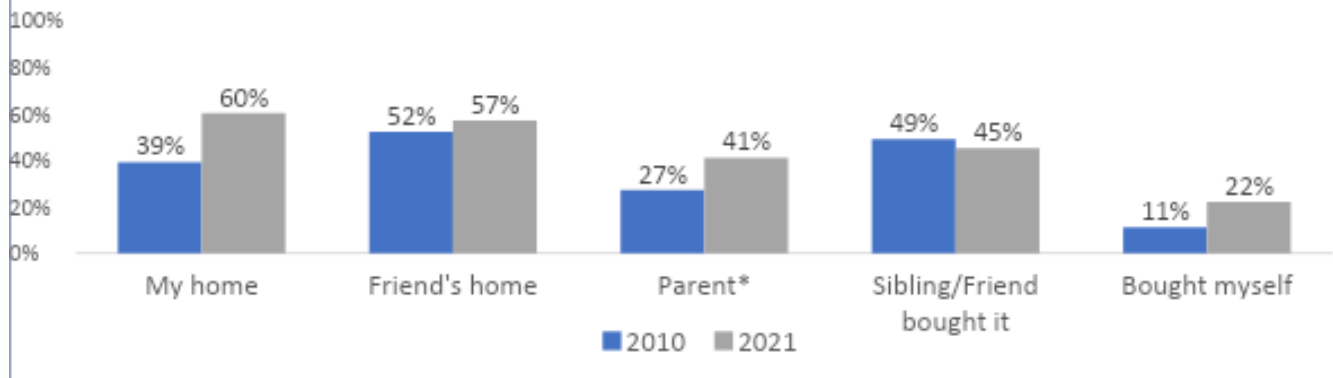
**Table 32. Access to Substances, 2007 to 2021**

How easy or hard would it be <u>for you</u> to get the following substances if you wanted them? Very easy/Sort of easy	Grade s	2007 %	2010 %	2013 %	2015 %	2017 %	2019 %	2021 %
Alcohol (beer, wine, hard liquor)	MS	28	52	29	44	40	40	36
	HS	58	76	59	74	75	67	63
Marijuana/THC	MS	**	**	9	9	9	8	5
	HS			46	48	51	42	34
Prescription drugs (not prescribed to you)	MS	**	**	22	35	30	32	29
	HS			33	51	46	41	37
Vapes, e-cigs, JUULs	MS	**	**	**	20	24	20	13
	HS				58	74	60	46
Heroin	MS	**	**	**	**	**	**	**
	HS				12	8	7	5
Drug paraphernalia (pipes, bong, rolling papers, vapor liquid or e-juice)	MS	**	**	**	**	**	**	**
	HS				50	53	38	28

### Access to Alcohol (Tables 33 & 34)

High school youth who drink are most often getting alcohol from a home (60% from their own and 57% from a friend’s). A sizable percentage of high school youth also report getting alcohol from an older sibling or friend (45%) or that a parent provided it (41%) and 22% reported that they bought the alcohol themselves. Since 2010, the percentage of students who report getting access to alcohol from a home has steadily increased and, since 2015 the percent of youth who report that a parent provided it has steadily increased.

Figure 25. Reported access from homes and parents has increased since 2010.



\*Baseline year is 2015

Table 33. Where Youth Get Alcohol, 2010 to 2019

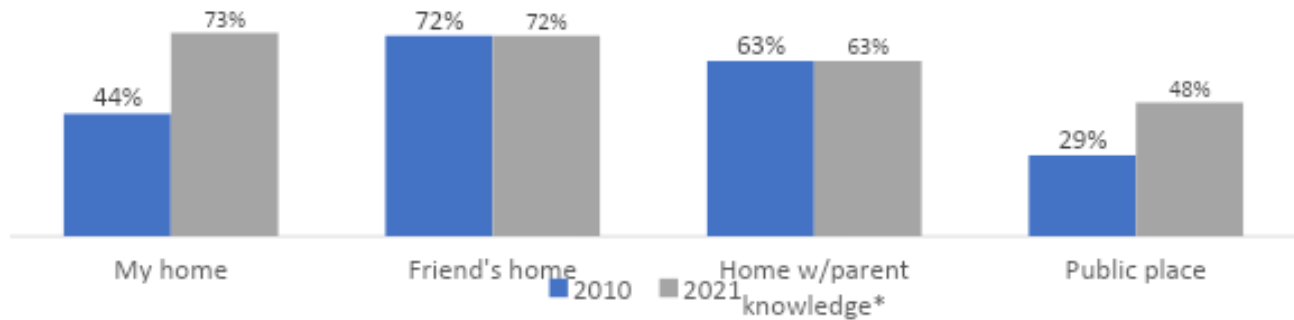
If you have <u>ever</u> drank alcohol (more than a sip), where did you get it?	Grade	2010 %	2013 %	2015 %	2017 %	2019 %
I got it from my home.	MS	63	58	25	61	62
	HS	39	42	50	57	61
I got it from a friend's home.	MS	27	21	8	33	22
	HS	52	48	54	61	63
A parent provided it.	MS	**	**	14	48	57
	HS			27	34	42
An older sibling or friend bought it for me.	MS	20	9	4	12	17
	HS	49	36	39	49	51
I bought it myself.	MS	3	7	**	**	**
	HS	11	17	22	25	24

Table 33a. Where Youth Get Alcohol, 2021

If you have <u>ever</u> drank alcohol (more than a sip), where did you get it? (MS=62, HS=651, TOTAL n=713)	2021 %
I got it from my home.	60
I got it from a friend's home.	57
A parent provided it.	41
An older sibling or friend bought it for me.	45
I bought it myself.	22

Youth were asked to report on where they drank alcohol with the highest percent reporting 'at my home' (73%) or 'a friend's home' (72%). 63% of youth also reported that they drank at home with parent knowledge.

Figure 26. Most youth are drinking at home.



\*Baseline year is 2015

Table 34. Where Youth Drink, 2007 to 2019

If you have <u>ever</u> drank alcohol (more than a sip), where did you drink?	Grade	2007 %	2010 %	2013 %	2015 %	2017 %	2019 %
at my home	MS	64	60	46	**	79	69
	HS	47	44	44		70	72
at a friend's home	MS	48	33	18	**	38	21
	HS	80	72	56		73	71
at a home with a parent's knowledge	MS	**	**	***	23	**	**
	HS				63	49	54
in a public place (park, beach, woods, etc.)	MS	10	25	23	8	27	24
	HS	33	29	26	33	40	35

Table 34a. Where Youth Drink, 2021

If you have <u>ever</u> drank alcohol (more than a sip), where did you drink? (MS=66, HS=667, TOTAL n=733)	2021 %
at my home	73
at a friend's home	72
at a home with a parent's knowledge	63
in a public place (park, beach, woods, etc.)	48

### Access to Vapes (Table 35)

Most of the youth who report ever vaping indicated that someone gave it to them (74%) or bought it for them (52%) and 39% of youth report that they bought it themselves at a store. Only 8% report that a parent provided it.

Figure 27. Most youth are getting vapes from a peer or friend.

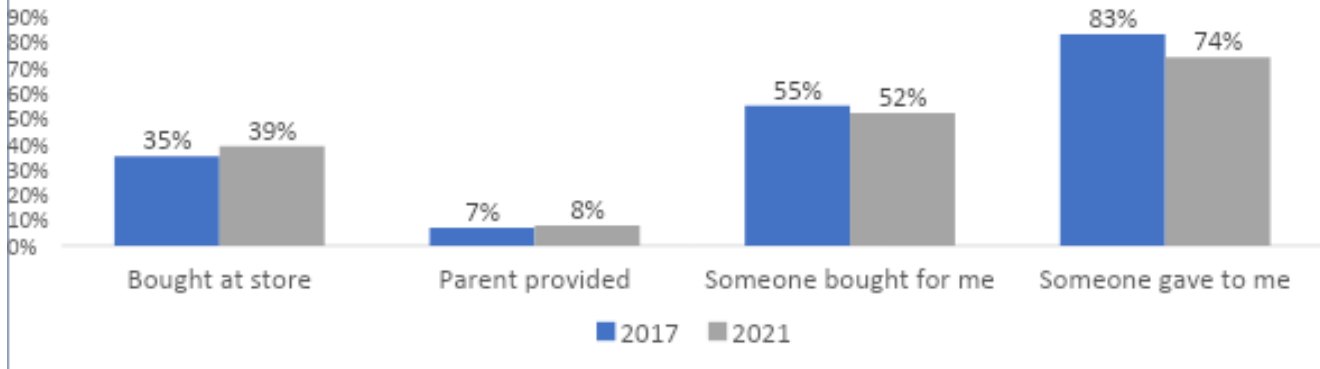


Table 35. Where Youth Get Vaping Devices, 2017 to 2019

If you have <u>ever</u> used a vaping device (e-cig, JUUL), where did you get it?	Grades	2017 %	2019 %
I bought it at a store.	MS	7	6
	HS	35	39
A parent provided it.	MS	6	12
	HS	7	13
Someone bought it for me.	MS	39	40
	HS	55	54
Someone gave it to me.	MS	77	91
	HS	83	85

Table 35a. Where Youth Get Vaping Devices, 2021

If you have <u>ever</u> used a vaping device (e-cig, JUUL), where did you get it? (MS=19, HS=351, TOTAL n=370)	2021 %
I bought it at a store.	39
A parent provided it.	8
Someone bought it for me.	52
Someone gave it to me.	74

### Access to Prescription Drugs (Table 36)

High school youth who reported prescription drug use in their lifetime were asked to indicate where they got the medication(s). The largest response rate was among those who reported that it was a family member's prescription that they took with permission (55%), followed by those who took their own prescription (took more than what was prescribed (42%).

**Table 36. Where Youth Get Access to Prescription Drugs, 2017 to 2021**

If you have <u>ever</u> used a prescription drug, <u>without</u> your own prescription or a doctor or dentist telling you to, where did you get it? (HS Only, Total n=129)	2017 %	2019 %	2021 %
It was my own prescription (I took more than I was supposed to).	39	40	42
It was a family member’s prescription that I took (WITH permission).	46	44	55
It was a family member’s prescription that I took (WITHOUT permission).	26	26	27
A friend gave it to me.	32	36	23
Someone sold it to me.	24	24	15

### Disaggregated Data

The following tables include data disaggregated by demographics including gender, grade, ethnicity, and race. In addition, LGBT status and self-reported depression are included.

### Sadness or Hopeless (Table 37)

- Youth who identified their gender as Female report significantly higher rates of depression than males; youth who identified as Other report significantly higher rates of depression than both females and males.
- 12<sup>th</sup> graders report significantly higher rates of depression than all other grades.
- There were no significant differences when examining race and ethnicity.
- Youth who identified as LGBT, an ally, or preferred not to identify report significantly higher rates of depression than those who did not identify as LGBT.

**Table 37. Reported Sadness or Hopelessness in Past Year**

During the past 12 months did you ever feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities?	Yes %
<b>GENDER</b>	
Female <sup>A</sup>	53
Male	29
Other <sup>B</sup>	73
<b>GRADE</b>	
9	38
10	44
11	42
12 <sup>C</sup>	49
<b>ETHNICITY</b>	
Non-Hispanic	43
Hispanic	47
<b>RACE</b>	
Asian	42
Black	46
Multiple	43
Other	46
White	45
<b>LGBT</b>	
LGBT– Yes <sup>D</sup>	73



LGBT – No	31
Ally <sup>E</sup>	51
Prefer not to say <sup>E</sup>	49

<sup>A</sup> Significantly higher than male (95% confidence level (p=.05))

<sup>B</sup> Significantly higher than male and female

<sup>C</sup> Significantly higher than 9<sup>th</sup> and 11<sup>th</sup> graders

<sup>D</sup> Significantly higher than LGBT-No, Ally, Prefer not to say

<sup>E</sup> Significantly higher than LGBT-No

### Adults Valuing Youth (Table 38)

- Youth who identified gender as Other report much lower rates of ‘adults valuing youth’ in Trumbull.
- Reported rates decrease as youth move from 9<sup>th</sup> to 12<sup>th</sup> grade.
- No considerable differences when examining race and ethnicity.
- Youth who identified as LGBT report much lower rates than those who did not.
- Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 38. Adults value youth**

Adults in Trumbull value youth my age	Somewhat Agree + Strongly Agree %
<b>GENDER</b>	
Female	51
Male	62
Other	34
<b>GRADE</b>	
9	65
10	60
11	51
12 <sup>C</sup>	43
<b>ETHNICITY</b>	
Non-Hispanic	55
Hispanic	54
<b>RACE</b>	
Asian	58
Black	57
Multiple	52
Other	58
White	55
<b>LGBT</b>	
LGBT– Yes	33
LGBT – No	65
<b>Sadness/Hopeless (Past Year)</b>	
Yes	42 <sup>A</sup>
No	65

<sup>A</sup> Significantly lower Sadness/Hopeless-No

### Caring Teachers (Table 39)

- Youth who identified gender as Other report slightly lower rates of teachers caring about them.
- No considerable differences in reported rates when examining grade level.
- Youth who identify as Hispanic reported lower rates of teachers caring about them.
- Youth who identified race as Multiple and Other report lower rates of teachers caring about them.
- Youth who identified as LGBT report lower rates than those who did not identify as LGBT.
- Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 39. Teachers care**

My teachers really care about me	Somewhat Agree + Strongly Agree %
<b>GENDER</b>	
Female	79
Male	81
Other	66
<b>GRADE</b>	
9	80
10	82
11	76
12 <sup>c</sup>	77
<b>ETHNICITY</b>	
Non-Hispanic	81
Hispanic	74
<b>RACE</b>	
Asian	86
Black	83
Multiple	74
Other	72
White	79
<b>LGBT</b>	
LGBT– Yes	72
LGBT – No	80
<b>Sadness/Hopeless (Past Year)</b>	
Yes	72
No	84

### Caring Students (Table 40)

- Youth who identified gender as Other report lower rates of ‘students in my school care about me.’
- Reported rates decrease as youth move from 9<sup>th</sup> to 12<sup>th</sup> grade.
- Youth who identify as Hispanic reported slightly lower rates.
- Youth who identified race as Black and Multiple report lower rates of students caring.
- Youth who identified as LGBT report much lower rates than those who did not identify as LGBT.
- Youth who identified as sad or depressed in the past year report much lower rates than their peers who did not.

**Table 40. Students in my school care**

Students in my school care about me	Somewhat Agree + Strongly Agree %
<b>GENDER</b>	
Female	63
Male	73
Other	51
<b>GRADE</b>	
9	74
10	67
11	65
12 <sup>c</sup>	60
<b>ETHNICITY</b>	
Non-Hispanic	68
Hispanic	64
<b>RACE</b>	
Asian	69
Black	56
Multiple	62
Other	71
White	68
<b>LGBT</b>	
LGBT– Yes	49
LGBT – No	73
<b>Sadness/Hopeless (Past Year)</b>	
Yes	53 <sup>A</sup>
No	77

<sup>A</sup>Significantly lower Sadness/Hopeless-No

### Knowledge of Available Mental Health Supports (Table 41)

- Youth who identified gender as Other report lower rates knowledge of where to get help around depression or anxiety.
- Reported rates decrease as youth move from 9<sup>th</sup> to 12<sup>th</sup> grade.
- Youth who identify as Hispanic reported lower rates.
- Youth who identified race as Asian and Other report lower rates.
- Youth who identified as LGBT report significantly lower rates than those who did not identify as LGBT.
- Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 41. Know Where to Get Help if Concern about Depression or Anxiety**

If I had a concern about depression or anxiety I know where to get help.	Somewhat Agree + Strongly Agree %
<b>GENDER</b>	
Female	71
Male	75
Other	55
<b>GRADE</b>	
9	76
10	73
11	71
12 <sup>C</sup>	69
<b>ETHNICITY</b>	
Non-Hispanic	74
Hispanic	66
<b>RACE</b>	
Asian	66
Black	69
Multiple	71
Other	65
White	74
<b>LGBT</b>	
LGBT– Yes	56 <sup>A</sup>
LGBT – No	77
<b>Sadness/Hopeless (Past Year)</b>	
Yes	60
No	81

**Knowledge of Available Substance Use Related Supports (Table 42)**

- Youth who identified gender as Other report lower rates of knowing where to get help if they had a concern for a friend or family member around substance use.
- Reported rates decrease as youth move from 9<sup>th</sup> to 12<sup>th</sup> grade.
- Youth who identify as Hispanic reported slightly lower rates.
- Youth who identified race as Asian and Multiple report lower rates.
- Youth who identified as LGBT report significantly lower rates than those who did not identify as LGBT.
- Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 42. Know Where to Get Help if Concern for a Friend or Family Member around Substance Use**

If I had a concern for a friend or family member around substance use, I would know where to go to get help.	Somewhat Agree + Strongly Agree %
<b>GENDER</b>	
Female	69
Male	76
Other	63
<b>GRADE</b>	
9	77
10	74
11	73
12 <sup>c</sup>	65
<b>ETHNICITY</b>	
Non-Hispanic	73
Hispanic	70
<b>RACE</b>	
Asian	65
Black	71
Multiple	65
Other	69
White	74
<b>LGBT STATUS</b>	
LGBT– Yes	59
LGBT – No	78
<b>Sadness/Hopeless (Past Year)</b>	
Yes	63
No	78

## Appendix A

### Summary of Core Measures, 2021

	Alcohol %	Tobacco %	Marijuana %	RX drugs %	Vape %
<b>30-day use</b>					
7 <sup>th</sup>	2	0	^	1	1
8 <sup>th</sup>	2	^	^	1	1
9 <sup>th</sup>	5	2	1	2	3
10 <sup>th</sup>	14	3	7	2	11
11 <sup>th</sup>	18	3	10	2	8
12 <sup>th</sup>	26	5	16	3	13
<b>Total</b>	<b>11</b>	<b>2</b>	<b>6</b>	<b>2</b>	<b>7</b>
<b>Perception of harm</b>					
7 <sup>th</sup>	91	96	88	95	90
8 <sup>th</sup>	89	95	83	92	84
9 <sup>th</sup>	91	94	82	94	83
10 <sup>th</sup>	88	94	68	92	80
11 <sup>th</sup>	86	95	62	95	80
12 <sup>th</sup>	53	92	46	92	76
<b>Total</b>	<b>88</b>	<b>94</b>	<b>71</b>	<b>93</b>	<b>82</b>
<b>Perception of parental disapproval</b>					
7 <sup>th</sup>	96	98	97	97	97
8 <sup>th</sup>	97	98	98	96	97
9 <sup>th</sup>	96	96	95	96	96
10 <sup>th</sup>	96	97	94	97	97
11 <sup>th</sup>	95	96	91	96	95
12 <sup>th</sup>	93	92	83	94	91
<b>Total</b>	<b>95</b>	<b>96</b>	<b>93</b>	<b>96</b>	<b>95</b>
<b>Perception of peer disapproval</b>					
7 <sup>th</sup>	91	92	92	92	90
8 <sup>th</sup>	90	94	94	92	90
9 <sup>th</sup>	85	90	85	91	81
10 <sup>th</sup>	78	79	69	88	63
11 <sup>th</sup>	74	76	58	87	59
12 <sup>th</sup>	67	72	43	81	51
<b>Total</b>	<b>80</b>	<b>83</b>	<b>73</b>	<b>88</b>	<b>71</b>

**Appendix B**  
**High School Survey Data by Grade**  
n=1944

1. What gender do you identify with? (n=1858)	%
Female	48
Male	47
Other	5
2. What grade are you in? (n=1857)	
9 <sup>th</sup>	27
10 <sup>th</sup>	25
11 <sup>th</sup>	23
12 <sup>th</sup>	25
3. What is your race? (n=1820)	
White	68
Black	6
Asian	9
Multiple	8
Other	9
4. What is your ethnicity? (n=1568)	
Hispanic	20
5. Do you consider yourself a member of the Lesbian, Gay, Bisexual and/or Transgender (LGBT) community? (n=1867)	
Yes	14
No	55
Ally	24
Prefer not to say	7

<i>Please choose the response that best describes how you feel.</i>	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
6. My teachers really care about me.				
9 <sup>th</sup>	4	16	58	22
10 <sup>th</sup>	3	15	64	18
11 <sup>th</sup>	6	18	61	16
12 <sup>th</sup>	4	19	61	16
ALL	4	17	61	18
7. Students in my school care about me.				
9 <sup>th</sup>	6	20	54	20
10 <sup>th</sup>	7	26	56	11
11 <sup>th</sup>	8	26	53	12
12 <sup>th</sup>	9	31	48	13
ALL	8	26	52	14

8. I am aware that there can be disciplinary consequences at school for using alcohol or drugs <u>outside of school</u> hours or off school property.				
9 <sup>th</sup>	2	2	16	79
10 <sup>th</sup>	3	5	21	71
11 <sup>th</sup>	5	5	19	71
12 <sup>th</sup>	5	6	24	65
ALL	4	5	20	71
9. Adults in Trumbull value youth my age (e.g. adults listen to what we have to say, they make us feel important).				
9 <sup>th</sup>	8	27	50	15
10 <sup>th</sup>	10	30	47	13
11 <sup>th</sup>	17	32	40	11
12 <sup>th</sup>	20	37	35	8
ALL	14	31	43	12

<i>Please choose the best response.</i>	No %	Yes %
10. Are you aware of the Social Host Law (a law that makes it illegal for any adult to provide a place for teens to drink alcohol)?		
9 <sup>th</sup>	27	73
10 <sup>th</sup>	32	68
11 <sup>th</sup>	24	76
12 <sup>th</sup>	30	70
ALL	29	71
11. Have you heard about the anonymous underage drinking TipsLine in Trumbull?		
9 <sup>th</sup>	51	49
10 <sup>th</sup>	68	32
11 <sup>th</sup>	63	37
12 <sup>th</sup>	55	45
ALL	59	41
12. Are you aware the Trumbull Police Department routinely patrols at school events and in neighborhoods for underage drinking and drug use?		
9 <sup>th</sup>	21	79
10 <sup>th</sup>	33	67
11 <sup>th</sup>	24	76
12 <sup>th</sup>	21	79
ALL	25	75



<b><i>My parents...</i></b>	<b>Rarely %</b>	<b>Sometimes %</b>	<b>Mostly %</b>	<b>Always %</b>
13. know where I am and who I am with when I go out.				
9 <sup>th</sup>	1	4	26	68
10 <sup>th</sup>	2	5	26	68
11 <sup>th</sup>	2	6	32	60
12 <sup>th</sup>	3	7	35	55
ALL	2	5	30	62
14. have set rules and clear expectations with me about drinking.				
9 <sup>th</sup>	2	5	14	78
10 <sup>th</sup>	3	6	18	73
11 <sup>th</sup>	4	5	22	69
12 <sup>th</sup>	5	8	25	63
ALL	4	6	19	71
15. have set rules and clear expectations with me about marijuana/THC use.				
9 <sup>th</sup>	3	4	10	82
10 <sup>th</sup>	3	4	14	79
11 <sup>th</sup>	3	6	16	75
12 <sup>th</sup>	6	6	20	69
ALL	4	5	15	76
16. have set rules and clear expectations with me about vaping/ JUULs.				
9 <sup>th</sup>	4	3	9	84
10 <sup>th</sup>	2	5	11	82
11 <sup>th</sup>	4	4	11	81
12 <sup>th</sup>	6	4	17	73
ALL	4	4	12	80
17. take steps to ensure kids can't get alcohol from our house.				
9 <sup>th</sup>	8	8	20	64
10 <sup>th</sup>	10	7	14	69
11 <sup>th</sup>	9	12	18	61
12 <sup>th</sup>	15	11	18	55
ALL	11	9	18	62
18. take steps to ensure kids can't get prescription drugs from our house.				
9 <sup>th</sup>	8	5	16	71
10 <sup>th</sup>	9	7	12	72
11 <sup>th</sup>	8	6	16	70
12 <sup>th</sup>	12	7	17	65
ALL	9	6	15	69
19. model responsible drinking behaviors.				

	9 <sup>th</sup>	4	6	20	70
	10 <sup>th</sup>	3	7	15	75
	11 <sup>th</sup>	4	7	19	70
	12 <sup>th</sup>	6	6	18	70
	ALL	4	6	18	71
20. model appropriate use of prescription drugs.					
	9 <sup>th</sup>	4	2	7	88
	10 <sup>th</sup>	2	2	7	89
	11 <sup>th</sup>	2	2	9	87
	12 <sup>th</sup>	3	2	9	85
	ALL	3	2	8	87

<i>Please choose the response that best describes how you feel:</i>		Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
21. If I had a concern about depression or anxiety, I know where to get help.					
	9 <sup>th</sup>	8	16	42	34
	10 <sup>th</sup>	9	18	42	30
	11 <sup>th</sup>	11	18	41	30
	12 <sup>th</sup>	13	19	41	28
	ALL	11	18	42	30
22. If I had concern for a friend or family member around substance use, I would know where to get help.					
	9 <sup>th</sup>	8	15	38	39
	10 <sup>th</sup>	10	16	41	33
	11 <sup>th</sup>	8	19	42	31
	12 <sup>th</sup>	10	26	40	25
	ALL	9	19	40	32

During the past 12 months...		No %	Yes %
23. did you ever feel so sad or hopeless almost every day for <b>two weeks or more in a row</b> that you stopped doing some usual activities?			
	9 <sup>th</sup>	62	38
	10 <sup>th</sup>	56	44
	11 <sup>th</sup>	58	42
	12 <sup>th</sup>	51	49
	ALL	57	43

Summary of Core Measures (Q24 to Q45) by grade follows Q45

<i>How wrong do <u>your parents</u> feel it would be for you to...</i>	Not at all wrong %	A little bit wrong %	Wrong %	Very wrong %
24. have one or two drinks of an alcoholic beverage nearly every day?	3	3	16	78
25. have 4 or more drinks of an alcoholic beverage at one time?	3	6	14	77
26. smoke tobacco?	2	3	13	82
27. smoke marijuana?	4	6	15	75
28. use prescription drugs not prescribed to you?	3	2	10	85
29. vape? (use e-cigs, JUULs, etc.)	3	3	14	81

<i>How wrong do <u>your friends</u> feel it would be for you to...</i>	Not at all wrong %	A little bit wrong %	Wrong %	Very wrong %
30. have one or two drinks of an alcoholic beverage nearly every day?	7	17	33	44
31. have 4 or more drinks of an alcoholic beverage at one time?	14	15	27	44
32. smoke tobacco?	9	12	28	50
33. smoke marijuana?	20	16	23	41
34. use prescription drugs <u>not prescribed to you</u> ?	5	8	26	61
35. vape (use e-cigs or JUULs)?	18	19	23	40

<i>How much do you think people risk harming themselves physically or in other ways...</i>	No Risk %	Slight Risk %	Moderate Risk %	Great Risk %
36. if they have five or more drinks of an alcoholic beverage once or twice a week?	4	9	34	52
37. if they smoke one or more packs of cigarettes per day?	3	4	13	81
38. if they smoke marijuana once or twice a week?	13	23	29	35
39. if they use prescription drugs that are not prescribed to them?	3	5	18	74
40. if they vape (use e-cigs or JUULs)?	5	15	33	47

<i>Have you ever used any of the following?</i>	NO, Never %	YES, But NOT in the Past 30 Days %	YES, In Past 30 Days %
41. Have you <u>ever</u> drank one or more drinks of an alcoholic beverage?	62	23	16
42. Have you <u>ever</u> drank four or more alcoholic drinks in less than 2 hours?	82	8	10
43. Have you <u>ever</u> smoked part or all of a cigarette?	92	5	3
44. Have you <u>ever</u> used marijuana or hashish?	84	8	9

45. Have you <b>ever</b> used prescription drugs <u>not prescribed to you</u> ?	92	5	2
---	----	---	---

<i>Have you ever used any of the following?</i>	NO, Never %	YES, But NOT in the Past 30 Days %	YES, In Past 30 Days %
46. Have you <b>ever</b> JUULed or vaped Nicotine?			
9 <sup>th</sup>	92	4	3
10 <sup>th</sup>	79	10	11
11 <sup>th</sup>	80	11	8
12 <sup>th</sup>	69	18	13
ALL	80	11	9
47. Have you <b>ever</b> vaped marijuana or THC oil?			
9 <sup>th</sup>	96	2	2
10 <sup>th</sup>	86	8	7
11 <sup>th</sup>	83	7	10
12 <sup>th</sup>	73	11	16
ALL	84	7	8
48. Have you <b>ever</b> used heroin?			
9 <sup>th</sup>	98	1	1
10 <sup>th</sup>	99	0	1
11 <sup>th</sup>	98	1	1
12 <sup>th</sup>	97	^	3
ALL	98	1	1
49. Have you <b>ever</b> used other illicit drugs (LSD, Molly, Cocaine)?			
9 <sup>th</sup>	98	1	1
10 <sup>th</sup>	99	^	1
11 <sup>th</sup>	96	3	2
12 <sup>th</sup>	95	1	4
ALL	97	1	2

<i>In the past 30 days, how often have you....</i>	Never %	Not in the Past 30 Days %	1-5 days %	6-20 days %	21 days or more %
50. drank alcoholic beverages?					
9 <sup>th</sup>	80	13	3	1	2
10 <sup>th</sup>	67	18	8	4	3
11 <sup>th</sup>	64	17	11	6	2
12 <sup>th</sup>	50	22	17	6	5
ALL	66	18	10	4	3
51. used marijuana, cannabis, THC oil?					

	9 <sup>th</sup>	94	3	1	^	1
	10 <sup>th</sup>	85	8	4	3	1
	11 <sup>th</sup>	82	7	4	4	3
	12 <sup>th</sup>	68	13	10	4	5
	ALL	82	8	5	3	2
52. JUULed/ vaped Nicotine?						
	9 <sup>th</sup>	92	4	2	1	1
	10 <sup>th</sup>	80	8	5	3	4
	11 <sup>th</sup>	81	8	6	2	3
	12 <sup>th</sup>	70	16	6	4	4
	ALL	81	9	5	2	3

<i>About how many students in your grade do you think...</i>		<b>Just a Few %</b>	<b>Some %</b>	<b>A Lot %</b>	<b>Most %</b>
53. drink alcoholic beverages at least once a month?					
	9 <sup>th</sup>	28	43	21	7
	10 <sup>th</sup>	16	27	38	19
	11 <sup>th</sup>	10	23	44	22
	12 <sup>th</sup>	9	17	42	32
	ALL	16	28	36	19
54. use marijuana, cannabis, THC oil at least once a month?					
	9 <sup>th</sup>	44	35	16	5
	10 <sup>th</sup>	20	37	29	15
	11 <sup>th</sup>	16	38	33	13
	12 <sup>th</sup>	11	24	41	24
	ALL	23	33	29	14
55. JUUL/ vape nicotine at least once a month?					
	9 <sup>th</sup>	17	33	37	13
	10 <sup>th</sup>	10	17	38	25
	11 <sup>th</sup>	8	25	45	22
	12 <sup>th</sup>	8	15	42	35
	ALL	11	22	40	26

<i>Have you ever ....</i>	<b>NO, Never %</b>	<b>YES, But NOT in the Past 30 Days %</b>	<b>YES, In Past 30 Days %</b>
56. Used prescription <b>pain relievers</b> , such as Vicodin, OxyContin, or Percocet, without a doctor's orders?			
9 <sup>th</sup>	91	7	2
10 <sup>th</sup>	95	3	2
11 <sup>th</sup>	96	3	1
12 <sup>th</sup>	95	3	2
ALL	94	4	2
57. Used prescription <b>tranquilizers or benzodiazepines</b> such as Valium, Xanax, or Ativan, without a doctor's orders?			
9 <sup>th</sup>	97	2	1
10 <sup>th</sup>	98	1	1
11 <sup>th</sup>	97	2	1
12 <sup>th</sup>	96	2	2
ALL	97	2	1
58. Used prescription <b>stimulants</b> , such as Ritalin or Adderall, without a doctor's orders?			
9 <sup>th</sup>	94	4	2
10 <sup>th</sup>	97	2	1
11 <sup>th</sup>	96	2	2
12 <sup>th</sup>	93	5	2
ALL	95	3	2

<b>In the past year, have you?</b>	<b>No %</b>	<b>Yes %</b>
64. Driven a car after you had been drinking?		
9 <sup>th</sup>	99	1
10 <sup>th</sup>	99	1
11 <sup>th</sup>	98	2
12 <sup>th</sup>	93	7
ALL	97	3
65. Driven a car after you had used marijuana/THC?		
9 <sup>th</sup>	99	1
10 <sup>th</sup>	99	1
11 <sup>th</sup>	96	4
12 <sup>th</sup>	86	14
ALL	95	5
66. Ridden as a passenger with a driver under the influence of drugs or alcohol?		

	9 <sup>th</sup>	87	13
	10 <sup>th</sup>	85	15
	11 <sup>th</sup>	84	16
	12 <sup>th</sup>	77	23
	ALL	83	17
67. Gambled (scratch tickets, online, sports, casino, etc.)?			
	9 <sup>th</sup>	80	20
	10 <sup>th</sup>	80	20
	11 <sup>th</sup>	82	18
	12 <sup>th</sup>	78	22
	ALL	80	20

<i>Please choose the response that best describes how you feel:</i>	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %	
68. A party with alcohol is more fun.					
	9 <sup>th</sup>	49	29	16	5
	10 <sup>th</sup>	41	27	25	8
	11 <sup>th</sup>	35	25	27	13
	12 <sup>th</sup>	28	23	29	21
	ALL	38	26	24	11
69. It is OK to drive if you've only had a couple of drinks.					
	9 <sup>th</sup>	74	17	7	1
	10 <sup>th</sup>	75	20	4	1
	11 <sup>th</sup>	83	12	3	2
	12 <sup>th</sup>	74	18	5	3
	ALL	76	17	5	2
70. It's OK to drink sometimes even if you are underage.					
	9 <sup>th</sup>	63	19	13	5
	10 <sup>th</sup>	43	26	25	6
	11 <sup>th</sup>	41	23	26	10
	12 <sup>th</sup>	29	18	36	17
	ALL	44	21	25	9
71. My parents don't think it is a big deal to drink alcohol if you are underage.					
	9 <sup>th</sup>	74	16	8	2
	10 <sup>th</sup>	66	23	10	1
	11 <sup>th</sup>	62	20	13	4
	12 <sup>th</sup>	48	29	18	5
	ALL	63	22	12	3
72. It is OK to drive if you've smoked marijuana.					
	9 <sup>th</sup>	79	15	5	1

	10 <sup>th</sup>	74	20	4	2
	11 <sup>th</sup>	72	19	6	3
	12 <sup>th</sup>	61	23	11	5
	ALL	72	19	7	3
73. It's not a big deal to smoke marijuana.					
	9 <sup>th</sup>	65	19	11	6
	10 <sup>th</sup>	51	20	20	9
	11 <sup>th</sup>	46	18	23	14
	12 <sup>th</sup>	30	18	30	22
	ALL	48	19	21	13
74. My parents don't think it is a big deal to smoke marijuana.					
	9 <sup>th</sup>	84	9	5	3
	10 <sup>th</sup>	79	14	5	2
	11 <sup>th</sup>	74	16	7	3
	12 <sup>th</sup>	63	19	11	6
	ALL	75	15	7	4
75. It's not a big deal to vape (use e-cigs, JUULs).					
	9 <sup>th</sup>	76	16	5	3
	10 <sup>th</sup>	66	19	11	4
	11 <sup>th</sup>	68	20	9	3
	12 <sup>th</sup>	59	22	12	7
	ALL	67	19	9	4
76. My parents don't think it is a big deal to vape (use e-cigs, JUULs).					
	9 <sup>th</sup>	88	9	2	2
	10 <sup>th</sup>	86	10	2	1
	11 <sup>th</sup>	86	11	2	1
	12 <sup>th</sup>	80	14	3	3
	ALL	85	11	2	2



How much do you agree or disagree with the following?	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
77. My parents monitor my social media and Internet use.				
9 <sup>th</sup>	25	28	35	12
10 <sup>th</sup>	34	29	29	9
11 <sup>th</sup>	43	24	27	6
12 <sup>th</sup>	49	24	20	8
ALL	38	26	28	9
78. It's OK to take someone else's prescription drugs.				
9 <sup>th</sup>	85	12	2	1
10 <sup>th</sup>	88	9	2	1
11 <sup>th</sup>	86	10	2	2
12 <sup>th</sup>	88	7	3	3
ALL	86	10	2	2
79. It's OK to take prescription drugs to do better in school (homework, tests, SATs, projects).				
9 <sup>th</sup>	67	13	11	9
10 <sup>th</sup>	56	17	17	10
11 <sup>th</sup>	64	13	14	9
12 <sup>th</sup>	61	14	17	9
ALL	62	14	15	9
80. It's OK to take prescription drugs to cope with stress or anxiety.				
9 <sup>th</sup>	46	14	20	20
10 <sup>th</sup>	37	14	29	20
11 <sup>th</sup>	42	15	28	15
12 <sup>th</sup>	38	12	29	20
ALL	40	14	27	19
81. It's OK to take prescription drugs to get high.				
9 <sup>th</sup>	87	7	2	3
10 <sup>th</sup>	86	11	2	1
11 <sup>th</sup>	85	10	2	2
12 <sup>th</sup>	81	12	4	3
ALL	85	10	3	2

<i>How easy or hard would it be <u>for you</u> to get the following substances if you wanted them?</i>	<b>Very hard %</b>	<b>Sort of hard %</b>	<b>Sort of easy %</b>	<b>Very easy %</b>
<b>82. Alcohol (beer, wine, hard liquor)</b>				
9 <sup>th</sup>	23	26	26	26
10 <sup>th</sup>	19	23	26	32
11 <sup>th</sup>	16	17	29	38
12 <sup>th</sup>	12	13	25	50
Total	18	20	27	36
<b>83. Marijuana/THC</b>				
9 <sup>th</sup>	70	16	8	6
10 <sup>th</sup>	49	21	7	13
11 <sup>th</sup>	39	23	22	17
12 <sup>th</sup>	28	18	23	30
Total	47	19	17	16
<b>84. Prescription drugs (not prescribed to you)</b>				
9 <sup>th</sup>	43	23	20	15
10 <sup>th</sup>	39	26	16	18
11 <sup>th</sup>	38	26	18	19
12 <sup>th</sup>	32	25	22	20
Total	38	25	19	18
<b>85. Vapes, e-cigs, JUULs</b>				
9 <sup>th</sup>	53	20	14	14
10 <sup>th</sup>	32	21	19	29
11 <sup>th</sup>	32	20	24	24
12 <sup>th</sup>	23	17	20	40
Total	35	19	19	27
<b>86. Heroin</b>				
9 <sup>th</sup>	91	6	1	2
10 <sup>th</sup>	88	9	2	2
11 <sup>th</sup>	80	13	3	3
12 <sup>th</sup>	79	12	3	5
Total	85	10	2	3
<b>87. Drug paraphernalia</b>				
9 <sup>th</sup>	77	11	6	7
10 <sup>th</sup>	56	18	13	12
11 <sup>th</sup>	48	21	15	16
12 <sup>th</sup>	37	19	17	28
Total	55	17	12	16

<b><i>If you have <u>ever</u> used a prescription drug, <u>without</u> your own prescription or a doctor or dentist telling you to, where did you get it?</i></b>	<b>No %</b>	<b>Yes %</b>
<b><i>Lifetime use, n=139</i></b>		
59. It was my own prescription (I took more than I was supposed to).	58	42
60. It was a family member's prescription that I took (WITH permission).	45	55
61. It was a family member's prescription that I took (WITHOUT permission).	73	27
62. A friend gave it to me.	77	23
63. Someone sold it to me.	85	15

<b><i>If you have <u>ever</u> drank alcohol (more than a sip), where did you drink?</i></b>	<b>No %</b>	<b>Yes %</b>
<b><i>Lifetime use, n=667</i></b>		
88. at my home	31	69
89. at a friend's home	30	70
90. at a home with a parent's knowledge	42	58
91. in a public place (park, beach, woods, etc.)	54	46

<b><i>If you have <u>ever</u> drank alcohol (more than a sip), where did you get it?</i></b>	<b>No %</b>	<b>Yes %</b>
<b><i>Lifetime use, n=651</i></b>		
92. I got it from my home.	37	63
93. I got it from a friend's home.	40	60
94. A parent provided it.	59	41
95. An older sibling or friend bought it for me.	52	48
96. I bought it myself.	76	24

<b><i>If you have <u>ever</u> used a vaping device (e-cig, JUUL), where did you get it?</i></b>	<b>No %</b>	<b>Yes %</b>
<b><i>Lifetime use, n=336</i></b>		
97. I bought it at a store.	57	43
98. A parent provided it.	91	9
99. Someone bought it for me.	42	58
100. Someone gave it to me.	16	84

<b><i>If you have used marijuana or THC products in the past year, please select the ways you have most used it.</i></b>	<b>No %</b>	<b>Yes %</b>
<b><i>Lifetime use, n=270</i></b>		
101. I Smoked or inhaled	16	84
102. Eaten edibles	36	64
103. Vaped	27	73

How much stress, anxiety, or worry do the following give you in your day to day life?	Low %	Moderate %	Extreme %
<b>104. Academics (Homework, Tests, Grades)</b>			
9 <sup>th</sup>	8	47	45
10 <sup>th</sup>	6	44	50
11 <sup>th</sup>	7	44	48
12 <sup>th</sup>	8	39	53
<b>Total</b>	<b>7</b>	<b>43</b>	<b>49</b>
<b>105. College/Post High School Plans</b>			
9 <sup>th</sup>	38	39	23
10 <sup>th</sup>	25	42	32
11 <sup>th</sup>	15	45	40
12 <sup>th</sup>	7	35	58
<b>Total</b>	<b>22</b>	<b>40</b>	<b>38</b>
<b>106. Schedule (Athletics, Extra-curricular, Volunteer commitments)</b>			
9 <sup>th</sup>	28	47	25
10 <sup>th</sup>	27	49	24
11 <sup>th</sup>	27	44	29
12 <sup>th</sup>	24	48	28
<b>Total</b>	<b>26</b>	<b>47</b>	<b>27</b>
<b>107. Social scene /Social Media/Friends</b>			
9 <sup>th</sup>	43	38	20
10 <sup>th</sup>	39	40	22
11 <sup>th</sup>	44	35	21
12 <sup>th</sup>	40	37	22
<b>Total</b>	<b>41</b>	<b>37</b>	<b>21</b>
<b>108. Home life</b>			
9 <sup>th</sup>	54	31	15
10 <sup>th</sup>	49	35	16
11 <sup>th</sup>	52	32	16
12 <sup>th</sup>	41	40	18
<b>Total</b>	<b>49</b>	<b>34</b>	<b>16</b>

## Appendix C Disaggregated Middle School Data

Please choose the response that best describes how you feel.	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
My teachers really care about me.				
Hillcrest (n=400)	5.3	8.5	45.0	41.3
Madison (n=433)	4.2	8.8	52.7	34.4
Students in my school care about me.				
Hillcrest (n=396)	4.5	13.1	54.8	27.5
Madison (n=432)	4.2	15.3	57.2	23.4
Adults in Trumbull value youth my age (e.g. adults listen to what we have to say, they make us feel important).				
Hillcrest (n=392)	6.9	14.0	48.7	30.4
Madison (n=432)	6.7	25.0	42.8	25.5

During the past 12 months...	No %	Yes %
did you ever feel so sad or hopeless almost every day for <b>two weeks or more in a row</b> that you stopped doing some usual activities?		
Hillcrest (n=387)	70.5	29.5
Madison (n=422)	65.6	34.3

How much stress, anxiety, or worry do the following give you in your day to day life?	Low %	Moderate %	Extreme %
Academics (Homework, Tests, Grades)			
Hillcrest (n=387)	9	61	30
Madison (n=425)	9	51	40
Schedule (Athletics, Extra-curricular, Volunteer commitments)			
Hillcrest (n=389)	51	36	13
Madison (n=428)	46	44	10
Social scene /Social Media/Friends			
Hillcrest (n=388)	53	36	12
Madison (n=428)	50	36	14
Home life			
Hillcrest (n=387)	61	28	11
Madison (n=422)	59	29	12