



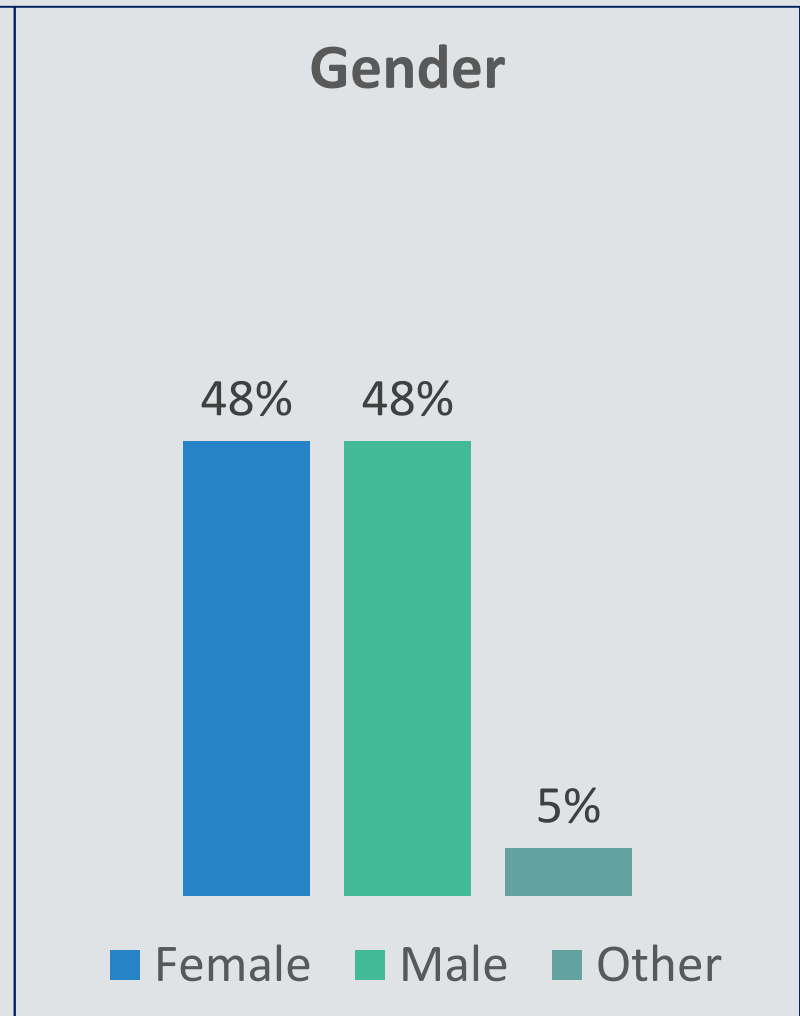
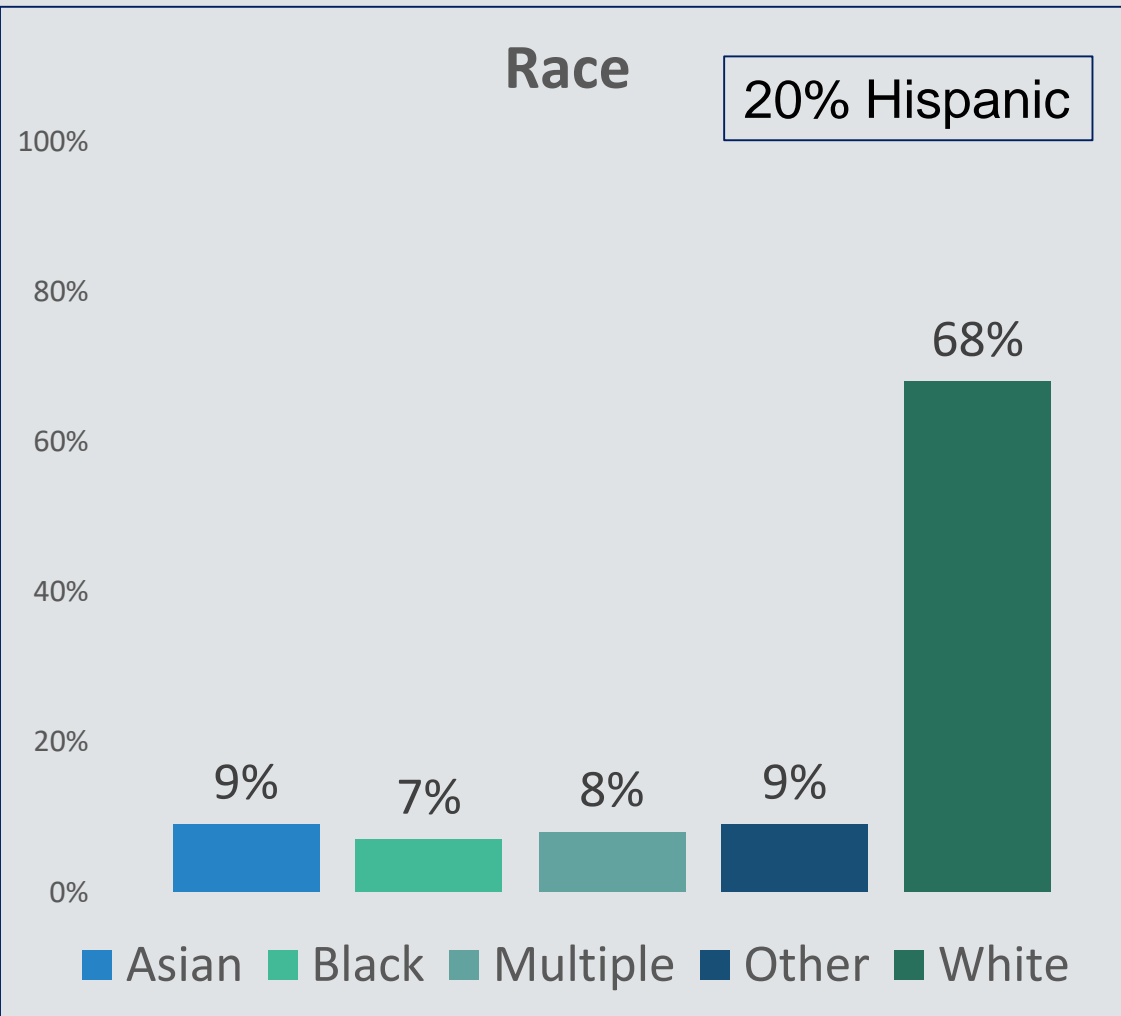
# TPAUD 2021 Youth Survey Results

ATTITUDES &  
BEHAVIORS OF  
2781 TRUMBULL  
7<sup>TH</sup> TO 12<sup>TH</sup>  
GRADERS

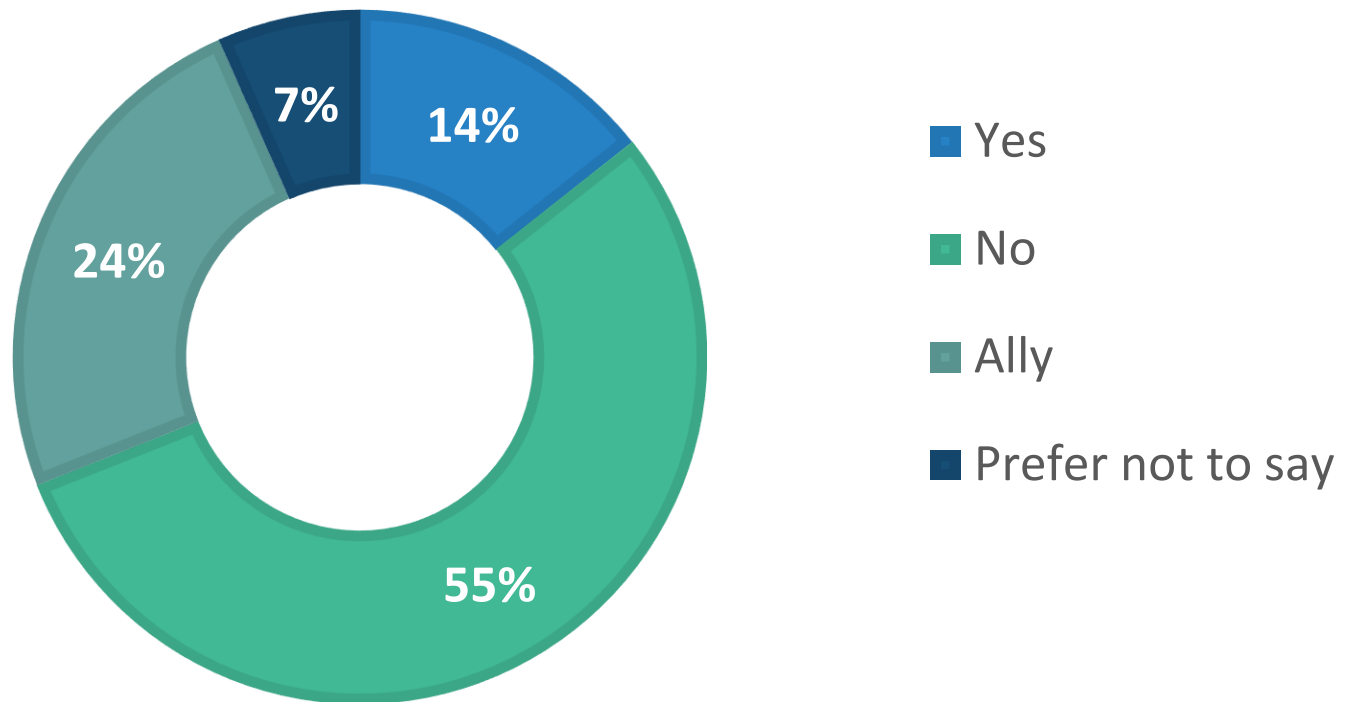


# Survey objectives

# Demographics



## DO YOU CONSIDER YOURSELF A MEMBER OF THE LGBT COMMUNITY?



Knowledge of Laws & Enforcement Efforts

School & Community Climate

Knowledge of Resources

Self-reported Depression Rates

Causes of Stress

Family and Youth Norms on Substance Use

30-day use

- Frequency & Disaggregated

Perception of Harm

Perception of Peer & Parent Disapproval

Other Risky Behaviors (Driving & Gambling)

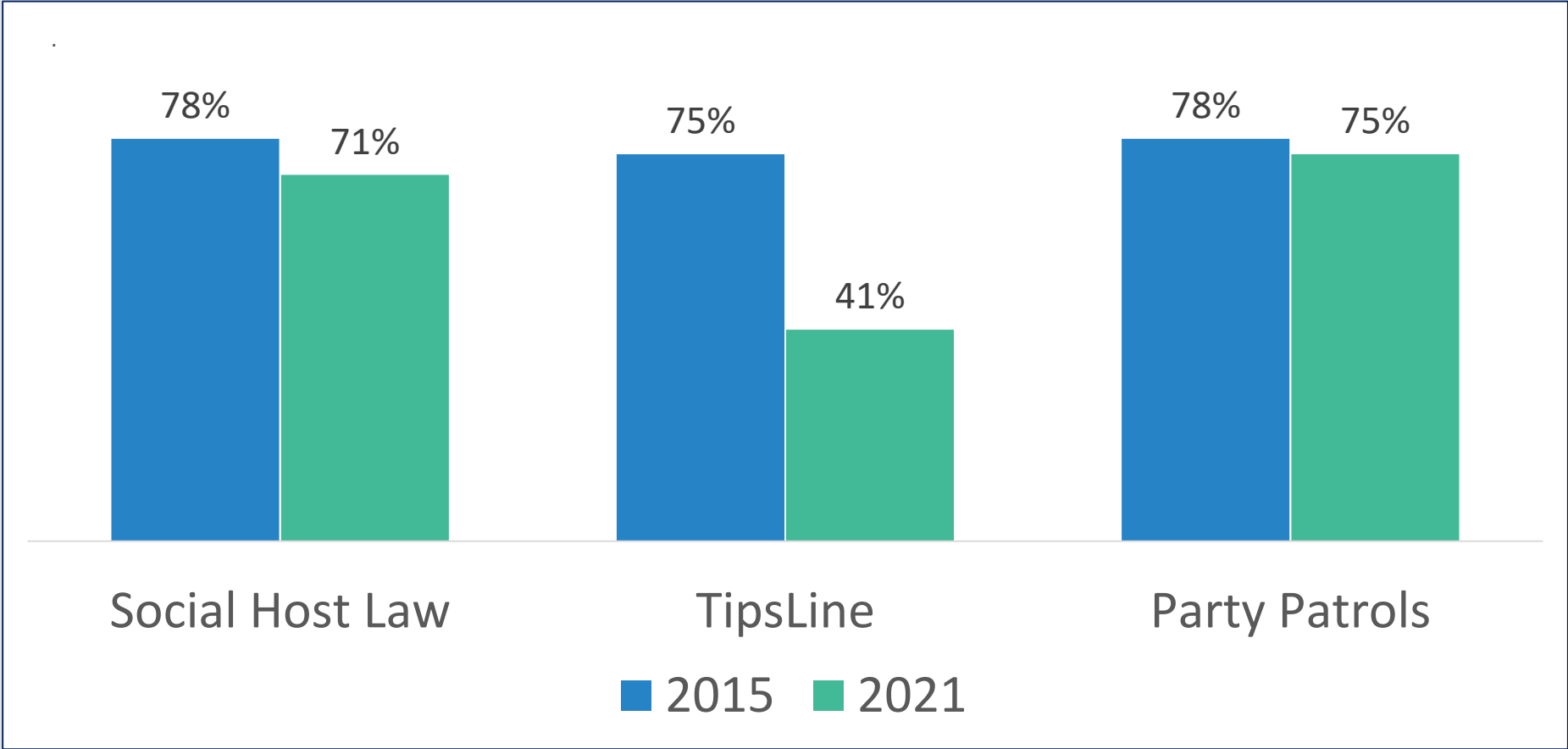
Access to Substances

- Location of Use

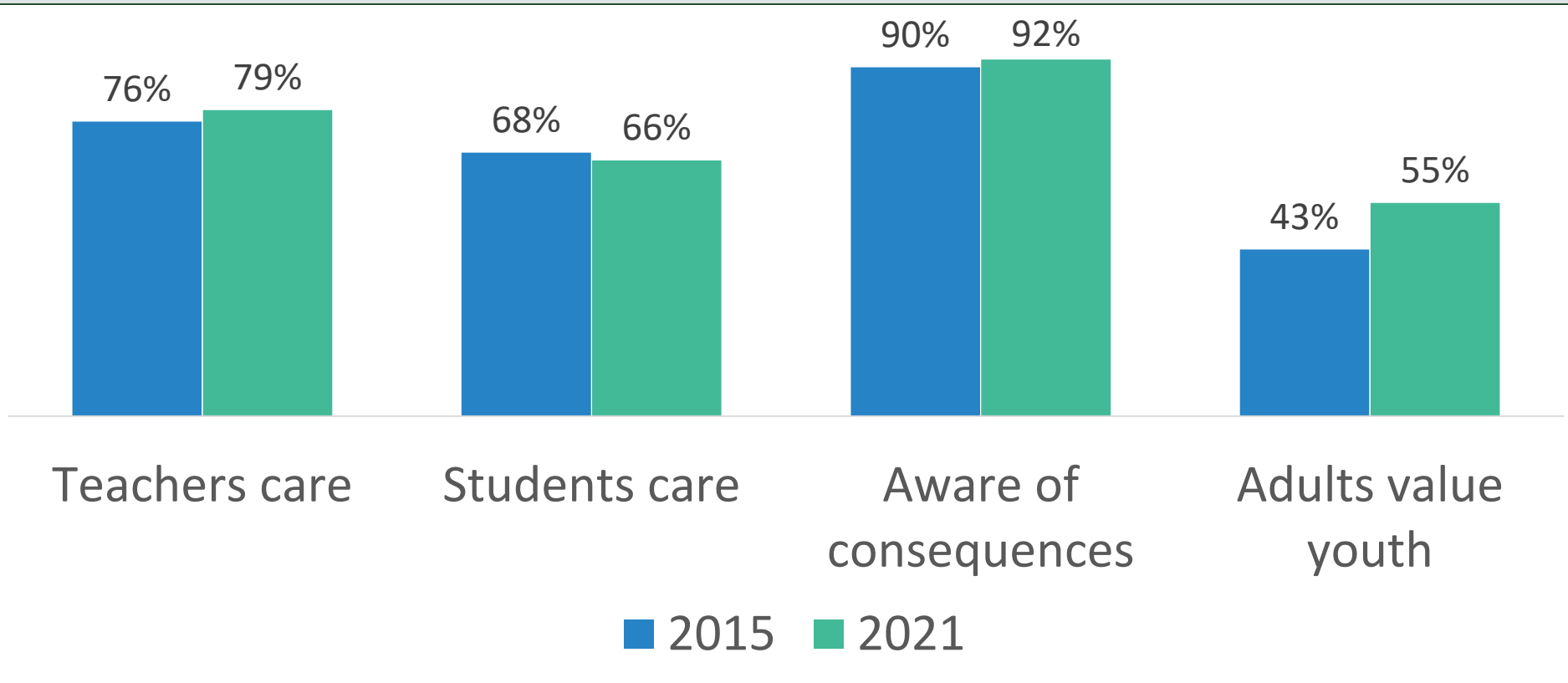
CONTENT



# Most Trumbull high school teens are aware of Social Host Law & TPD party patrols.



Most youth are aware of consequences around substance use at school.  
Reports around school climate remain steady.



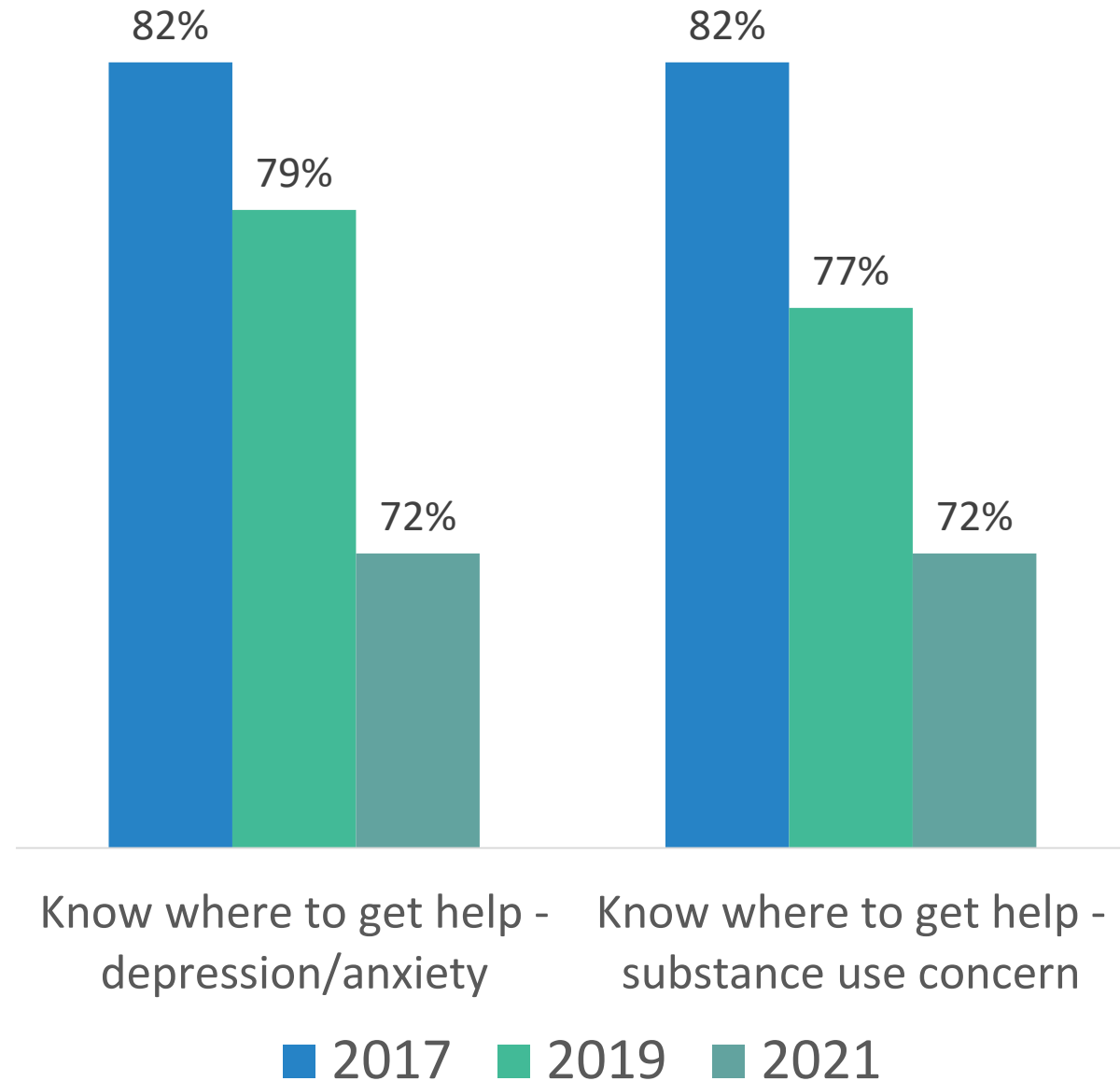
A closer look at youth and reports on 'Adults Value Youth'...

Adults Value Youth	Yes %
<b>GENDER</b>	
Female	51
Male	62
Other	34
<b>GRADE</b>	
9	65
10	60
11	51
12	43
<b>LGBT</b>	
LGBT– Yes	33
LGBT – No	65



Many high school teens know where to get help if they are concerned about depression/ anxiety or substance use.

Rates are steadily decreasing.



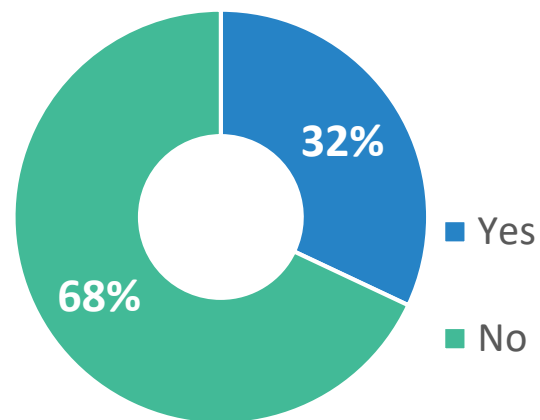
A closer look at youth and reports on 'know where to get help'...

Know of Resources	Yes %
<b>GENDER</b>	
Female	71
Male	75
Other	55
<b>GRADE</b>	
9	76
10	73
11	71
12	69
<b>LGBT</b>	
LGBT– Yes	56
LGBT – No	77

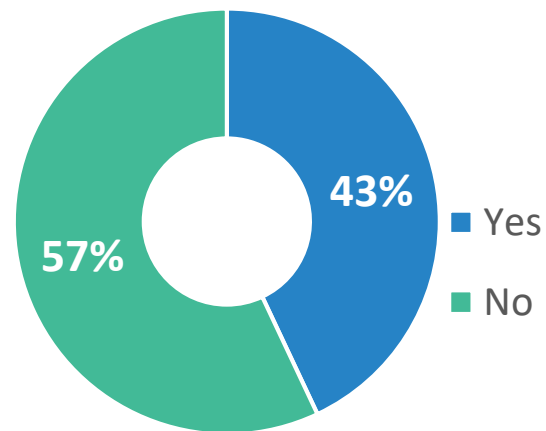
During the past 12 months did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

MS, n=837; HS, n=1944

Middle school youth



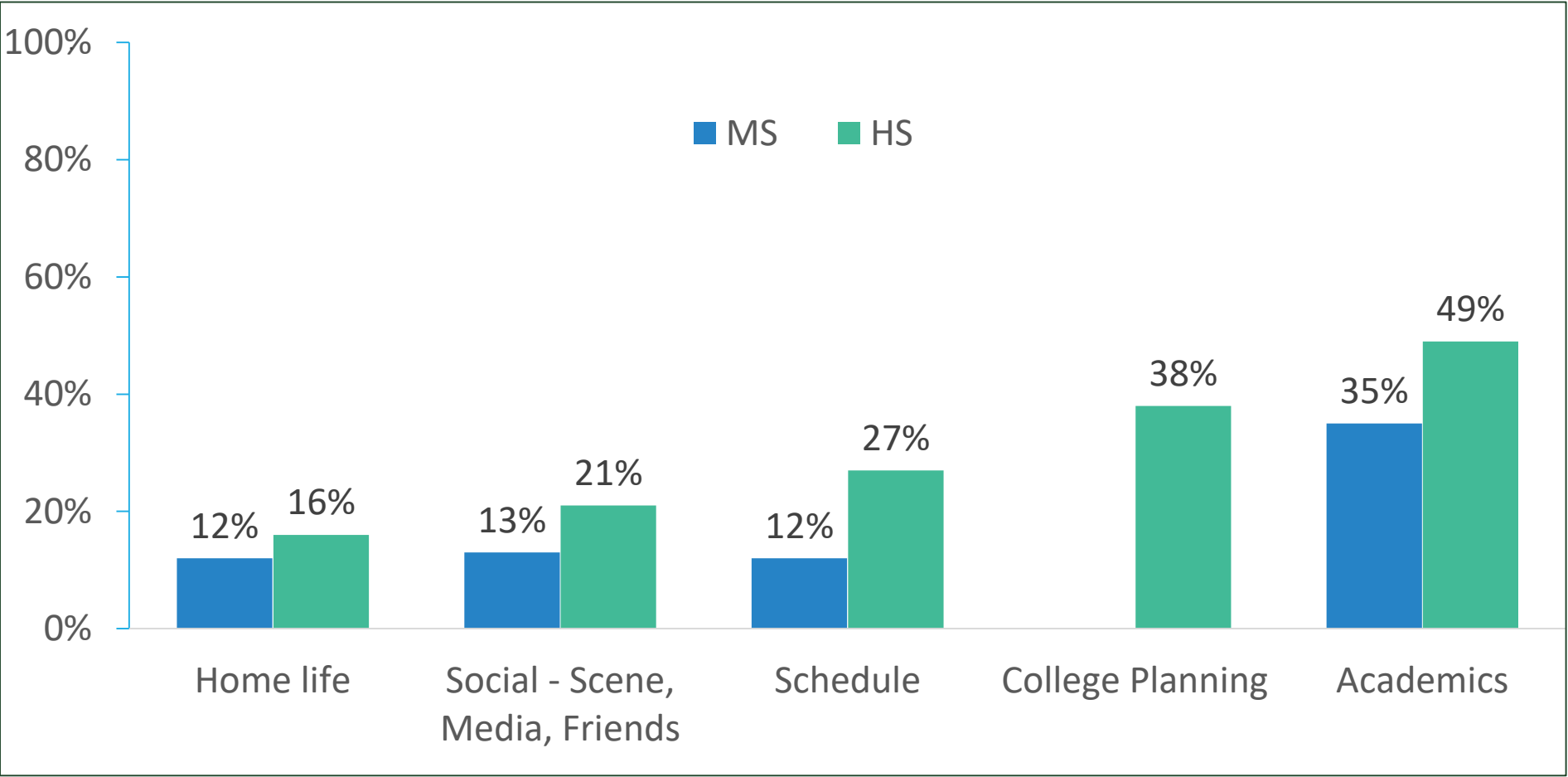
High school youth



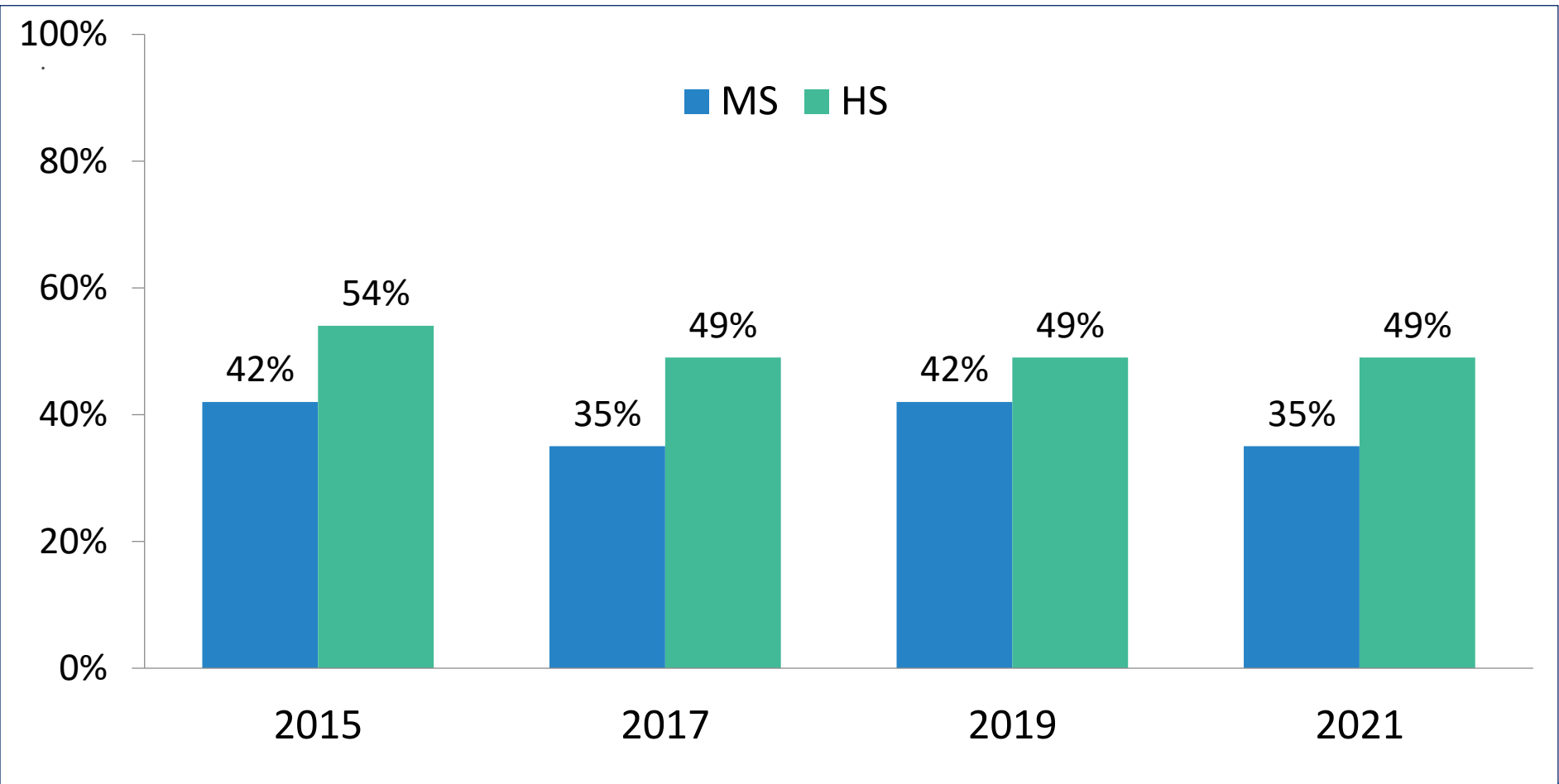
A closer look at youth who reported depression in past year...

Sadness/Hopelessness	Yes %
<b>GENDER</b>	
Female	53
Male	29
Other	73
<b>GRADE</b>	
9	38
10	44
11	42
12	49
<b>LGBT</b>	
LGBT– Yes	73
LGBT – No	31

# Academics causes the most day to day stress among students.



Reported rates of stress around **academics** from has remained the same among high school youth since 2017.



Family norms  
in Trumbull  
support  
substance use  
prevention.

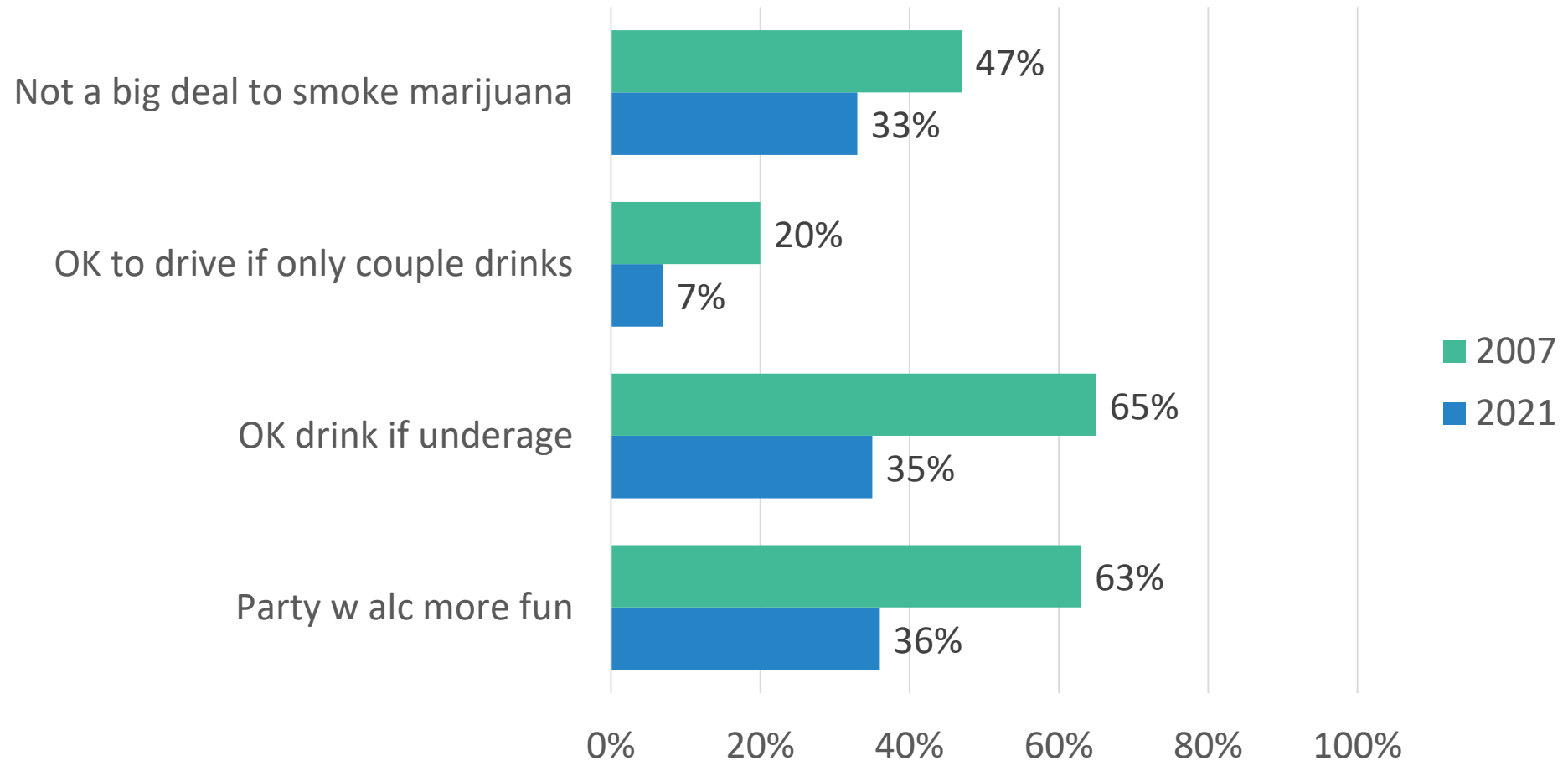


Since 2013, youth report higher rates of monitoring, rules & consequences, and responsible behaviors modeled by parents.

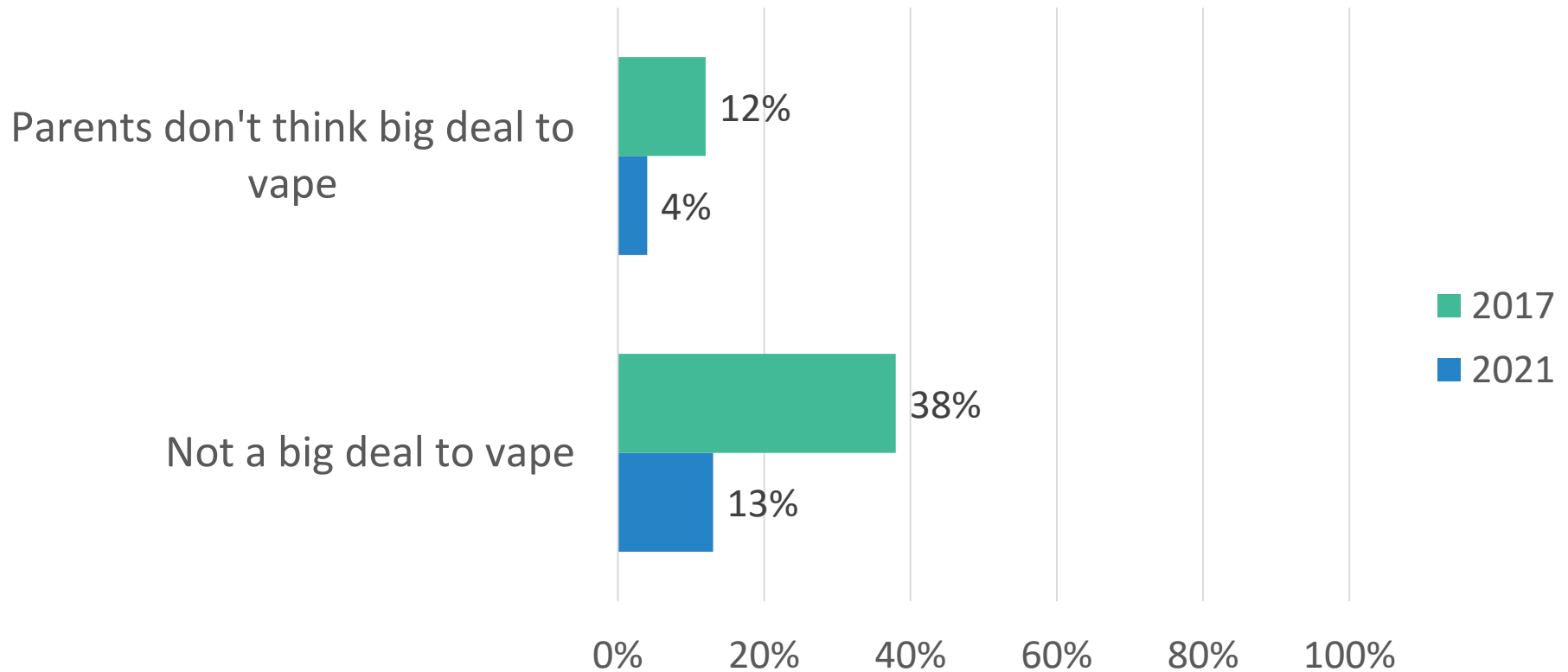




Since 2007 there have been some significant shifts in alcohol and marijuana use norms among Trumbull youth.

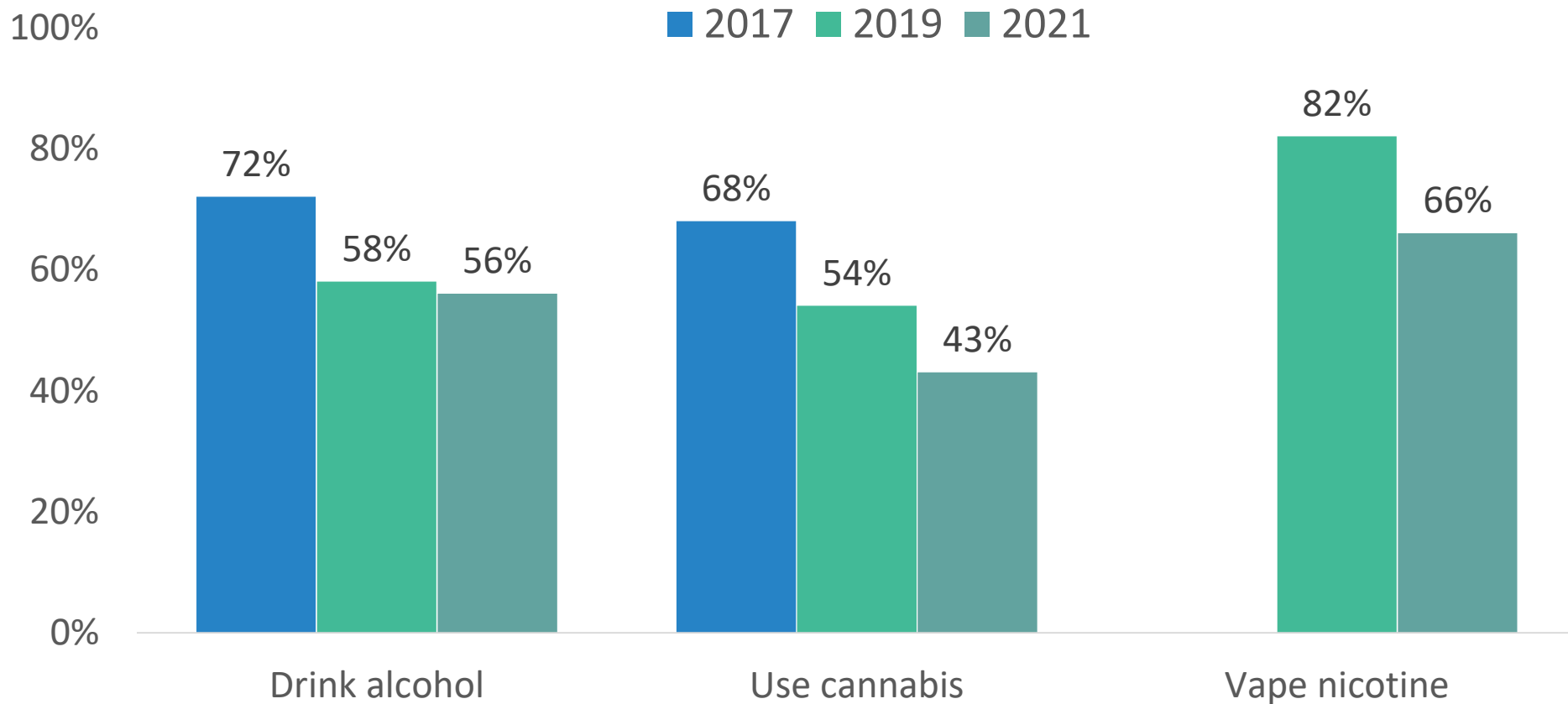


# Since 2017 there have been very positive shifts in vaping use norms among Trumbull youth.



# Perception of peer use is decreasing among Trumbull high school youth.

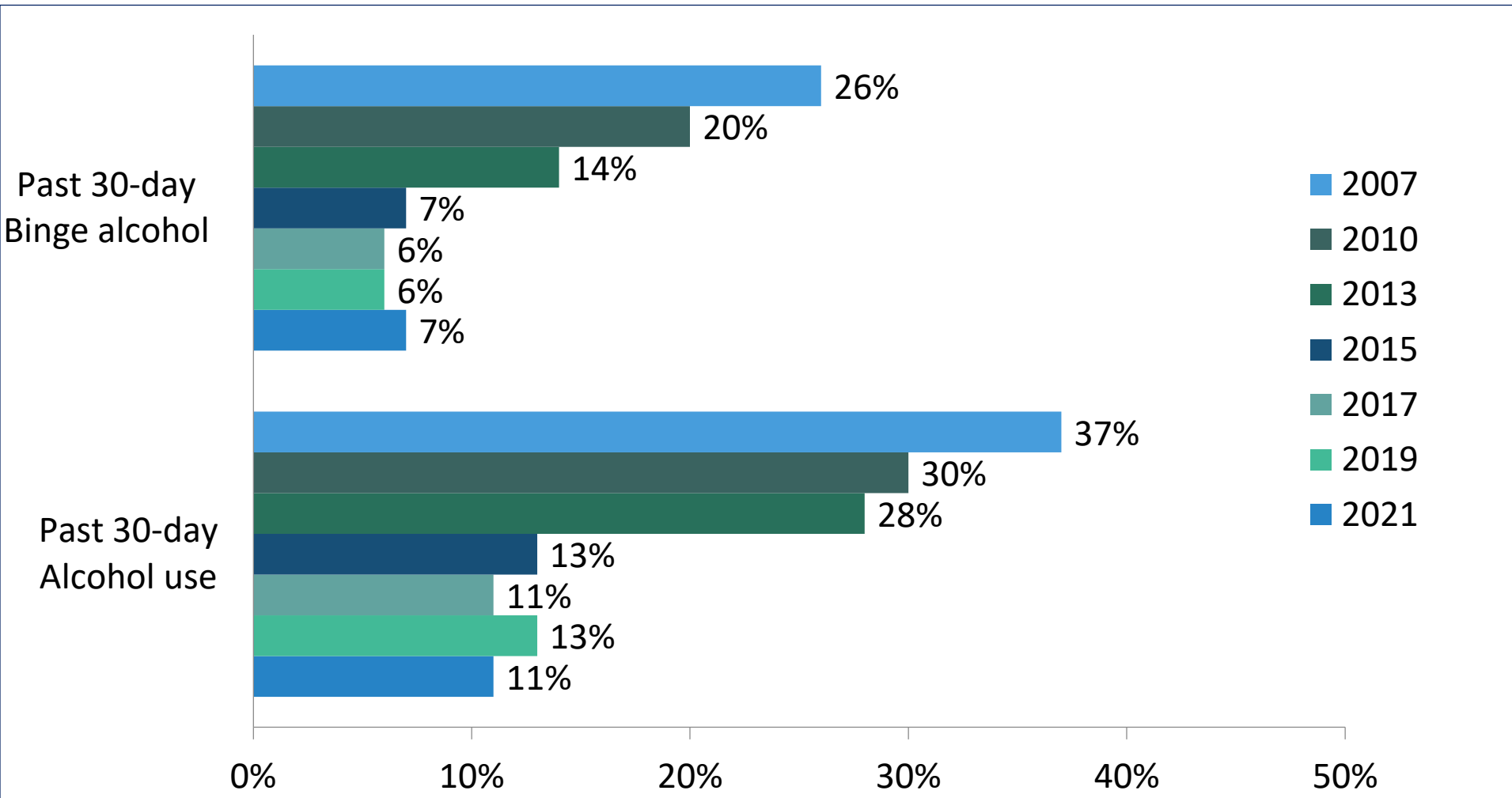
About how many students in your grade do you think...?  
A lot /Most



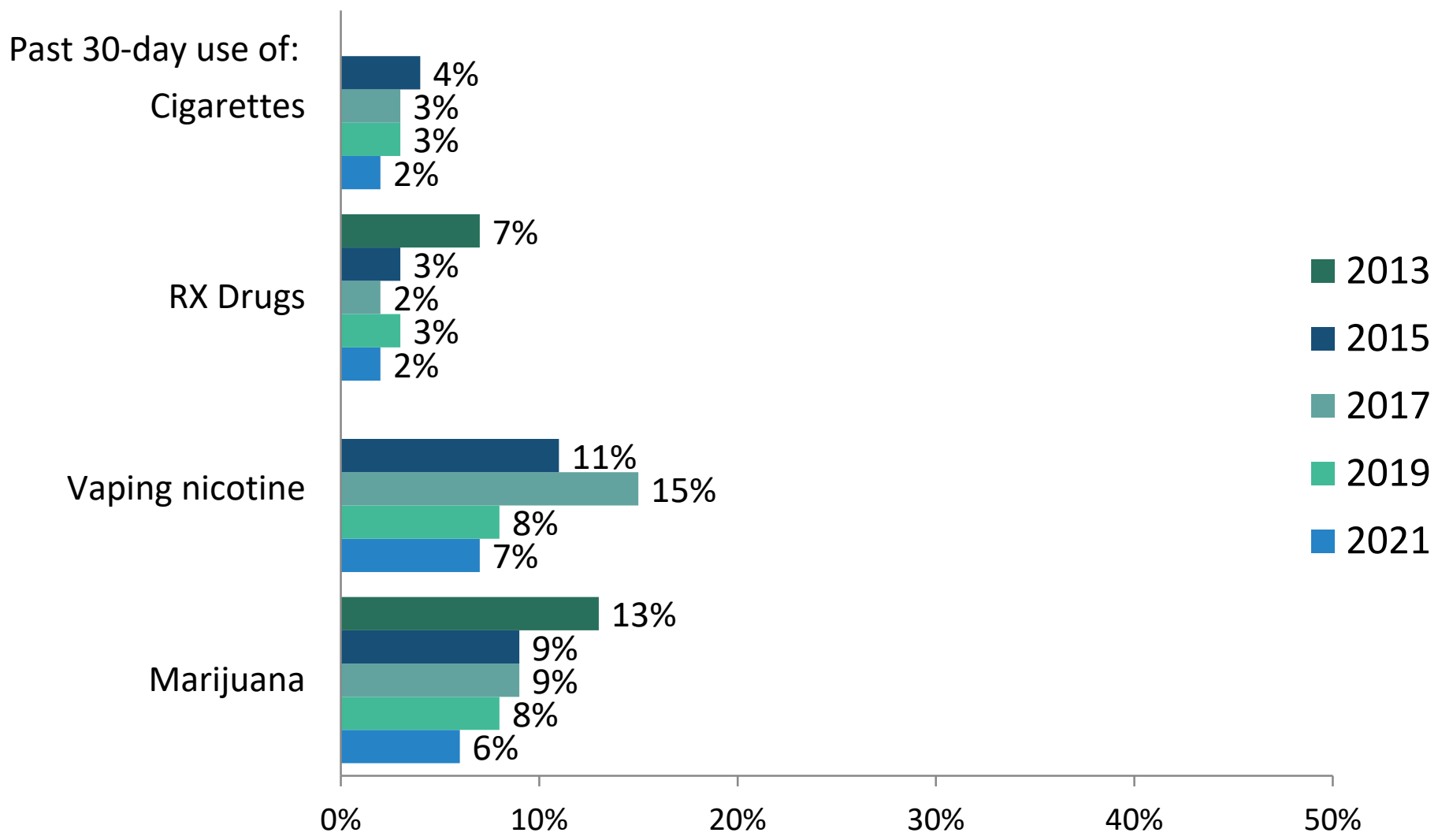


# Reducing substance use

# Alcohol and binge drinking rates among 7th-12th graders in Trumbull have leveled off since 2015.

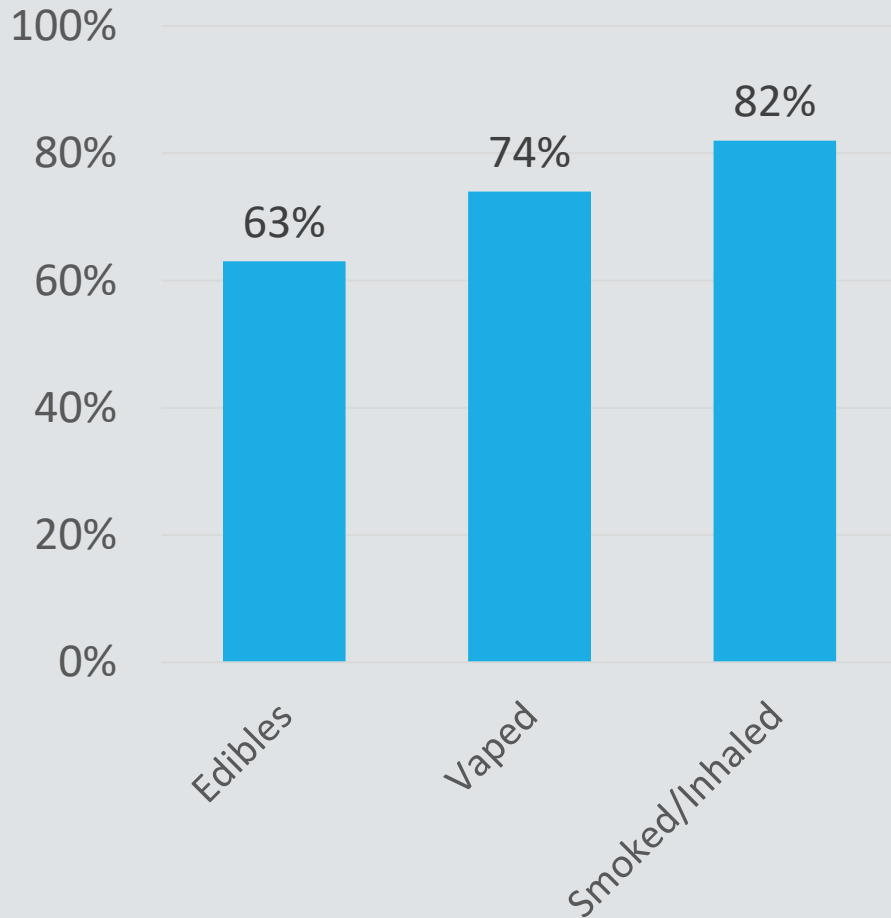


# Other substance use rates are decreasing among 7th-12th graders in Trumbull.



If you have ever used marijuana or THC products, please select the ways you have most often used it.

n=277



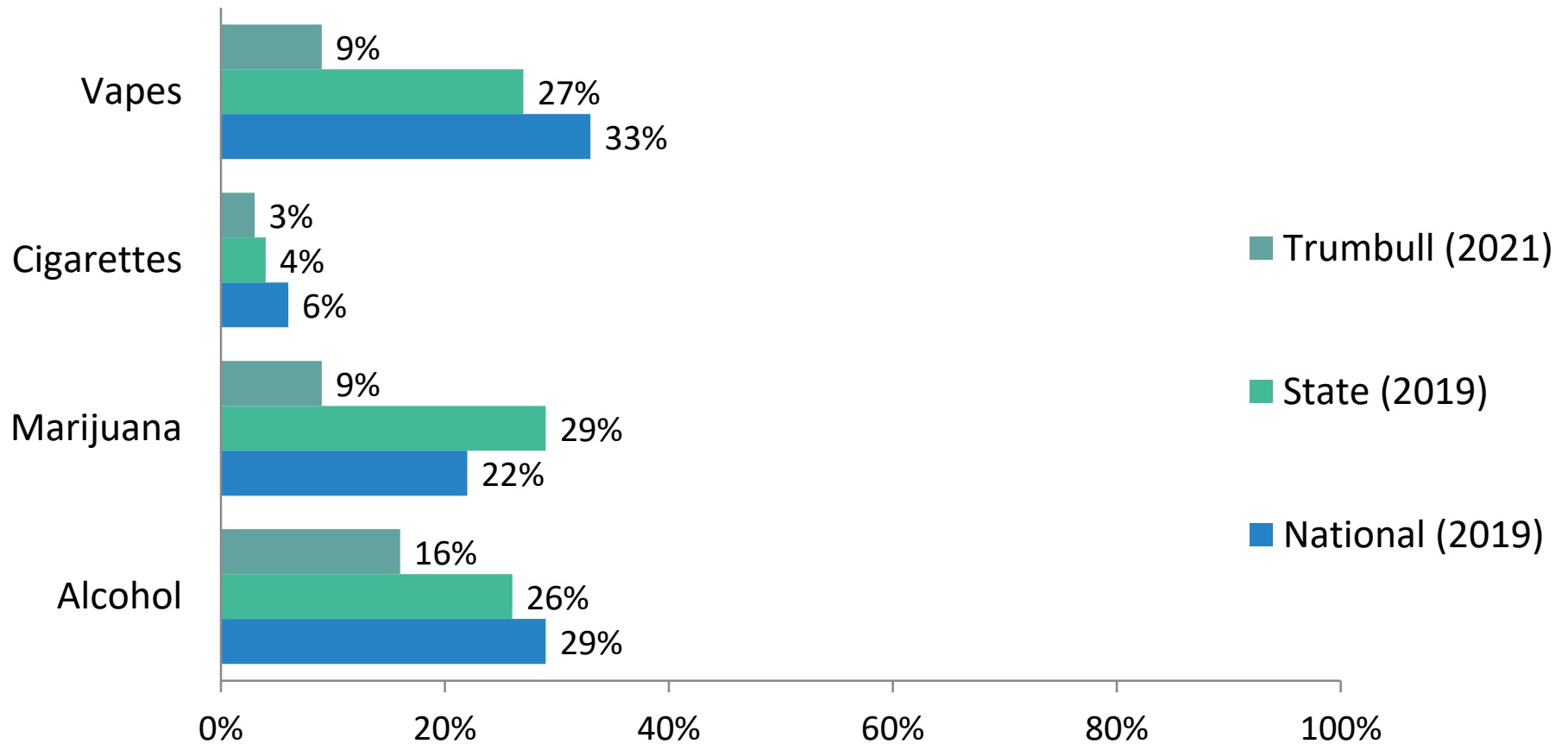
Youth who ever used marijuana report high rates of use in all three forms asked on survey.

In past 30-days:

.25% of 7/8<sup>th</sup> graders reported using marijuana (+ vaping it)

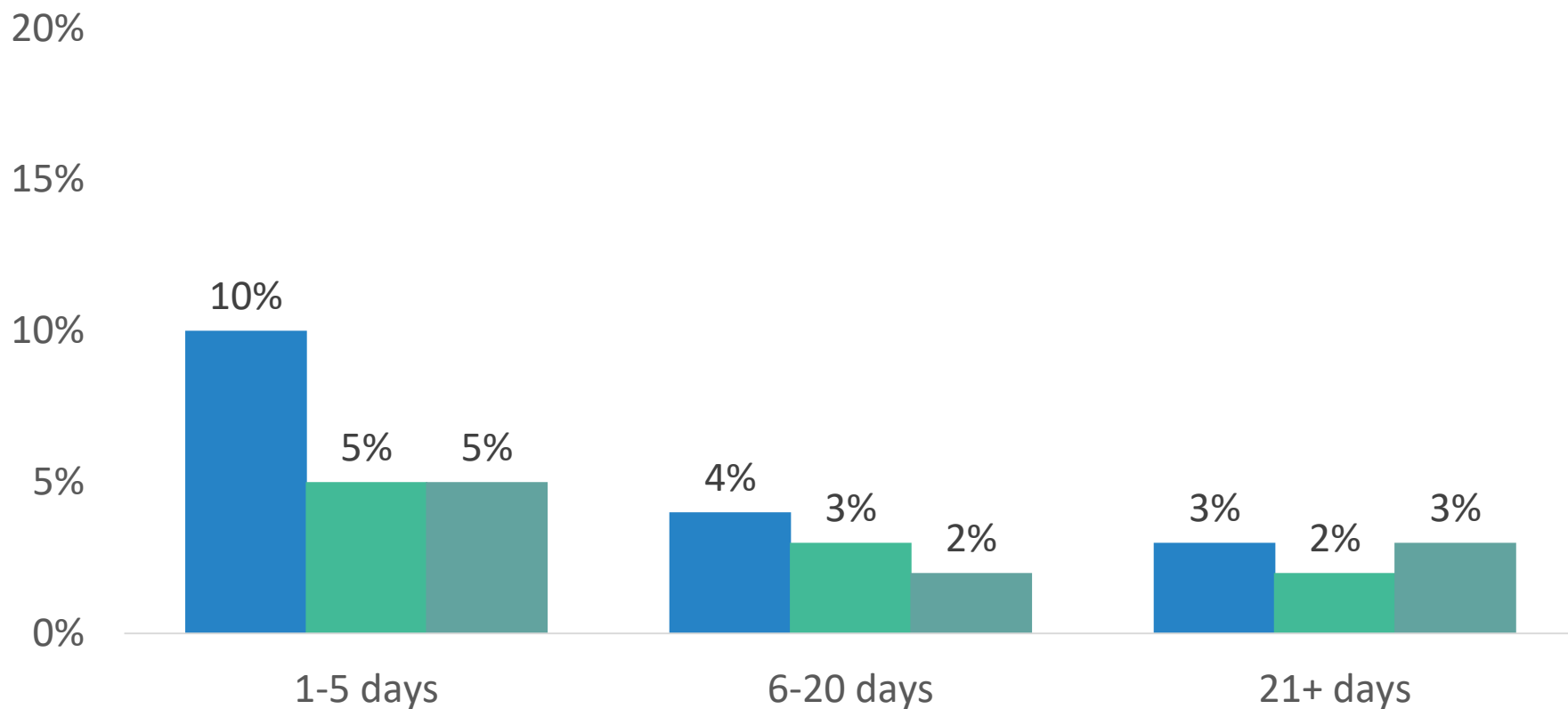
8.5% of high schoolers reported using marijuana (+ vaping it)

# National, State and Local 30 day substance use rates among high school students.

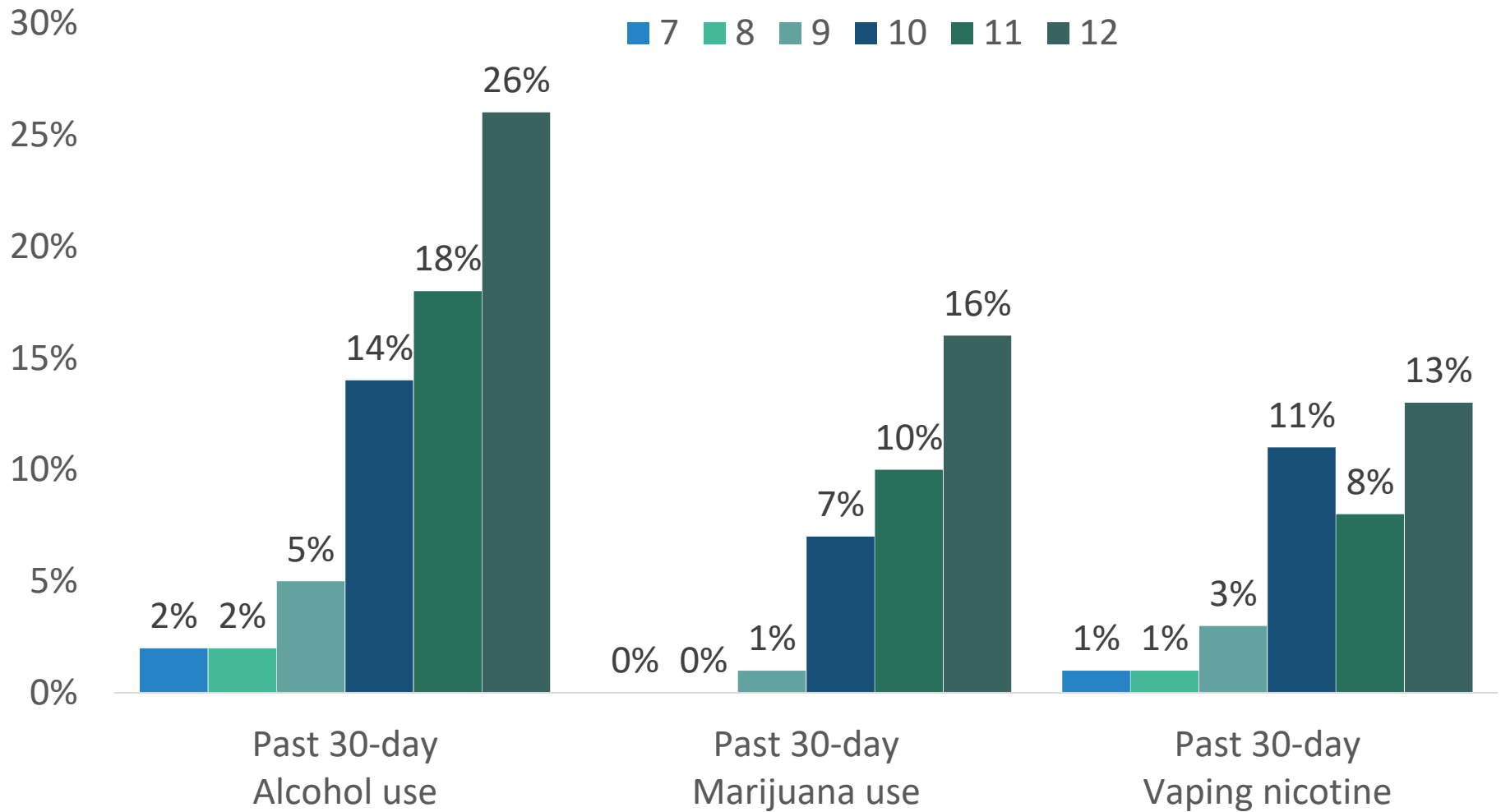




# A small percentage of high school youth report using substances more than 21 days a month.



# Use rates increase as grade level does.



# A closer look at 30-day alcohol use.

Gender	Other - significantly higher than Female, Male
LGBT	Yes - significantly higher than Not LGBT
Race	White - Significantly higher than Asian, Black, Other

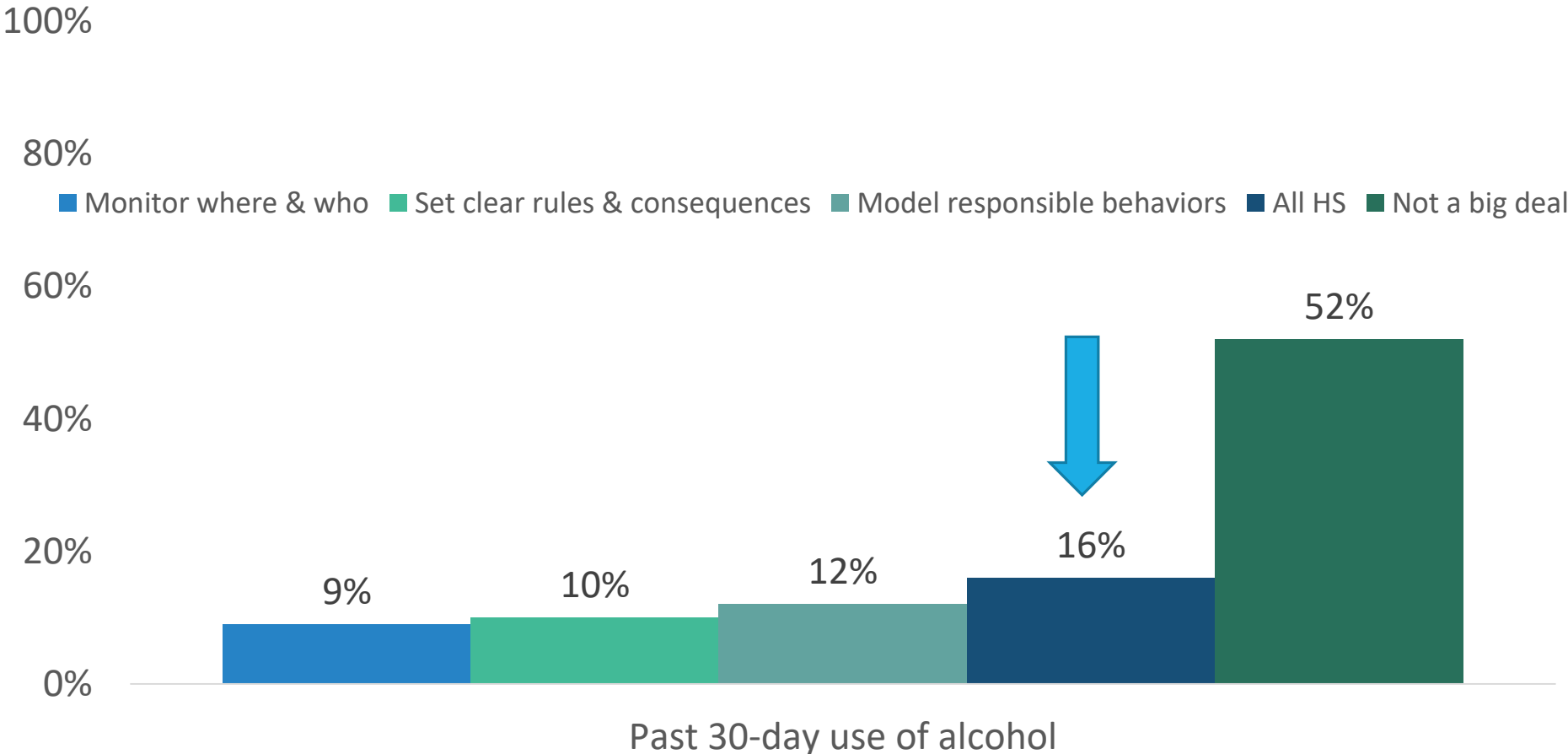
## **Significantly Lower** 30-day use rates.

- Parents set clear rules and consequences about alcohol, marijuana, and vaping use
- Parents know where their child goes and who they are with
- Parents model responsible drinking behaviors
- Youth believe adults value Trumbull youth
- Youth feel teachers at THS care about them

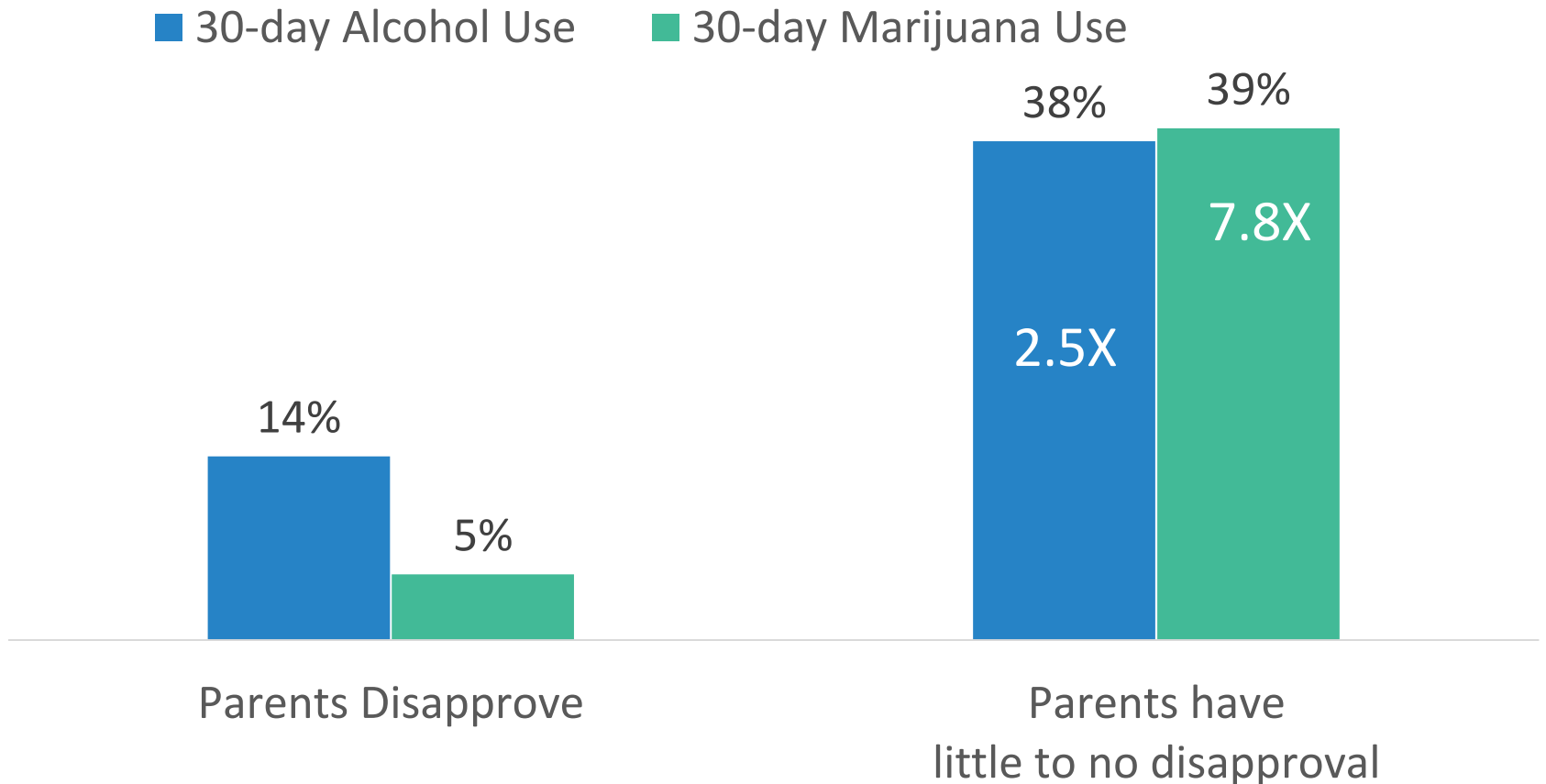
## **Significantly Higher** 30-day use rates.

- Believe parents don't think it is a big deal to drink alcohol if underage
- Believe parents don't think it is a big deal to smoke marijuana
- Youth report feeling sad or hopeless
- Youth gambled in past year
- Youth drove after using marijuana in past year

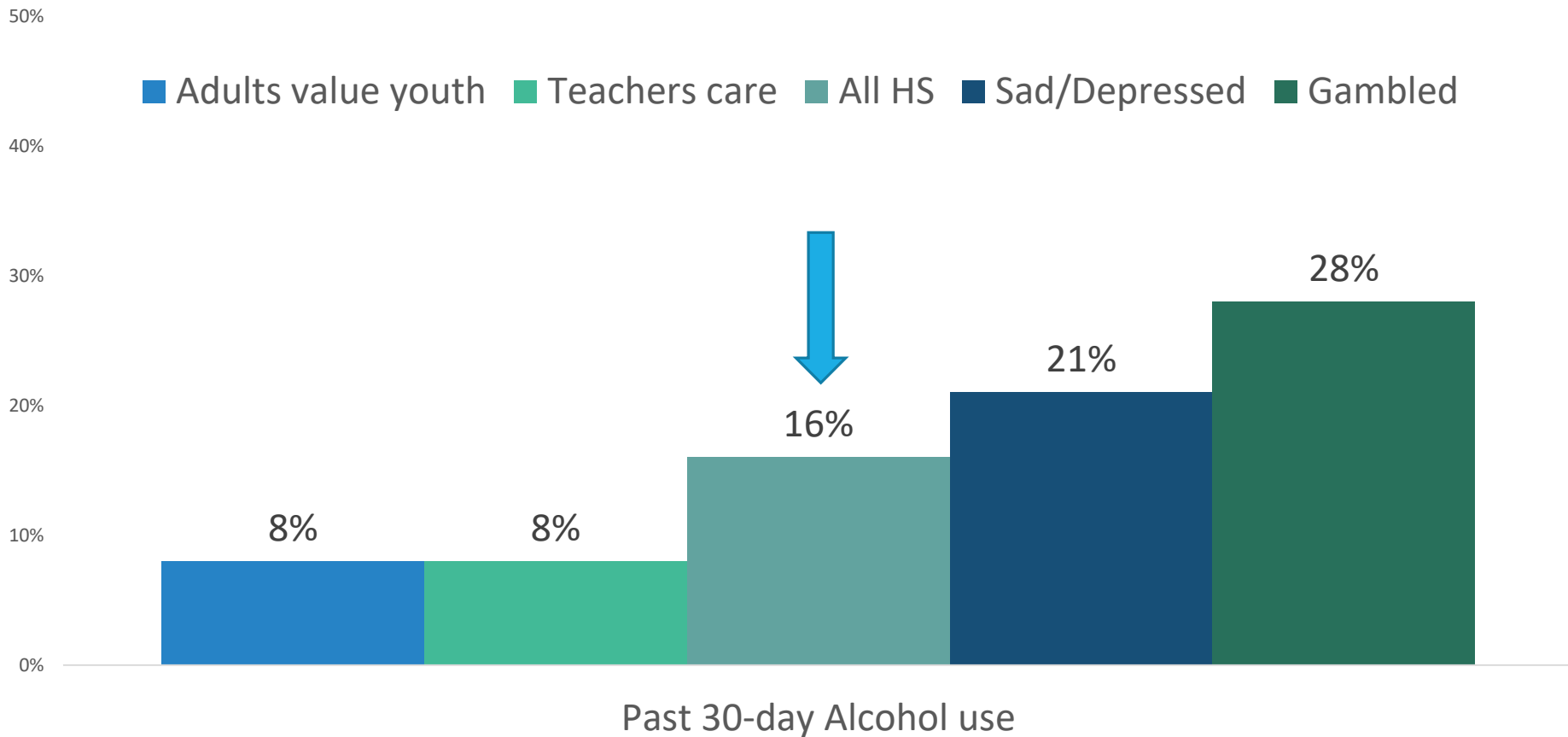
# Attitudes and behaviors of parents influence their child's substance use rates.



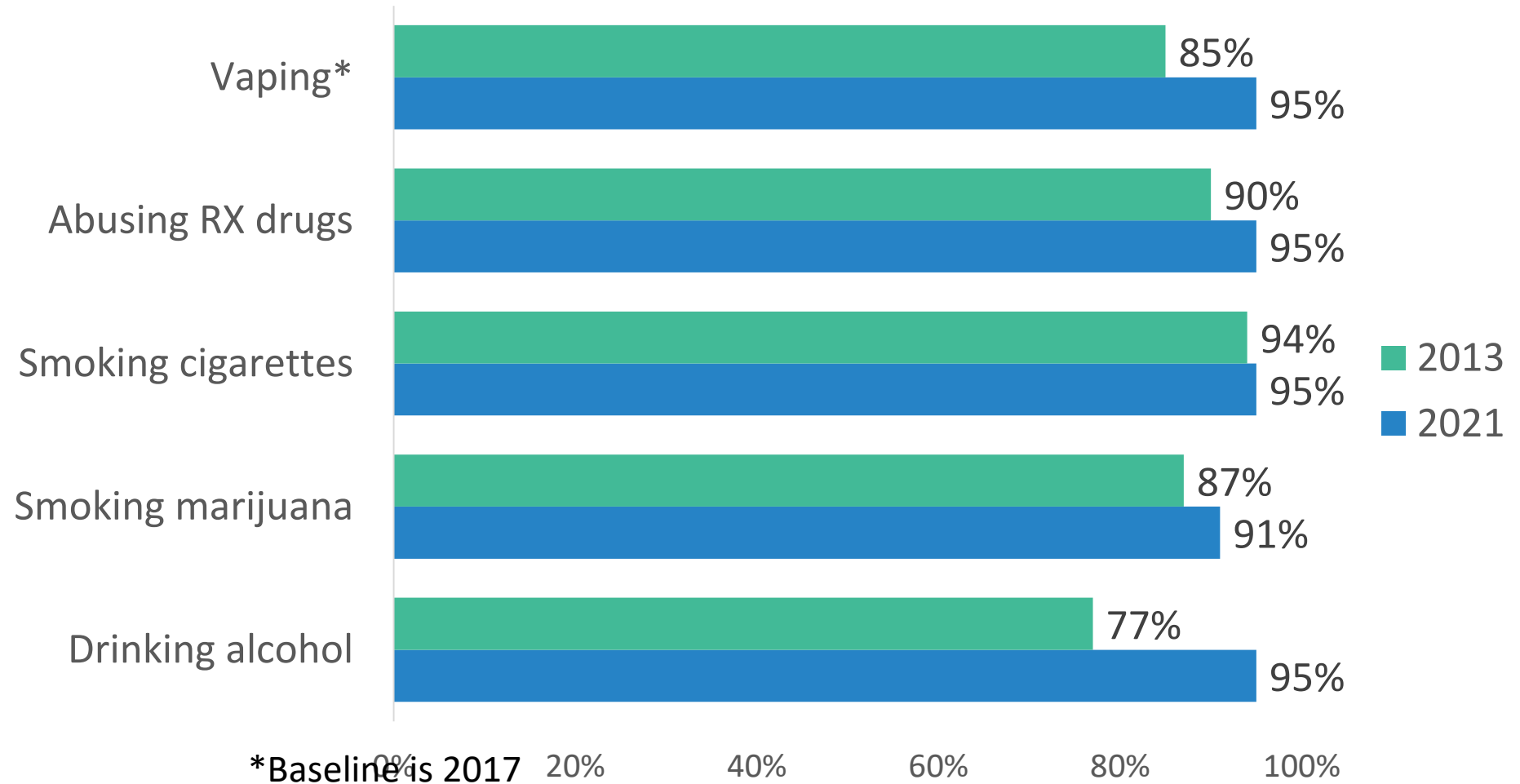
# Youth who believe their parents disapprove of substance use are less likely to use than those who do not.



# Youth who feel they are valued and cared for have lower use rates than the average rate.

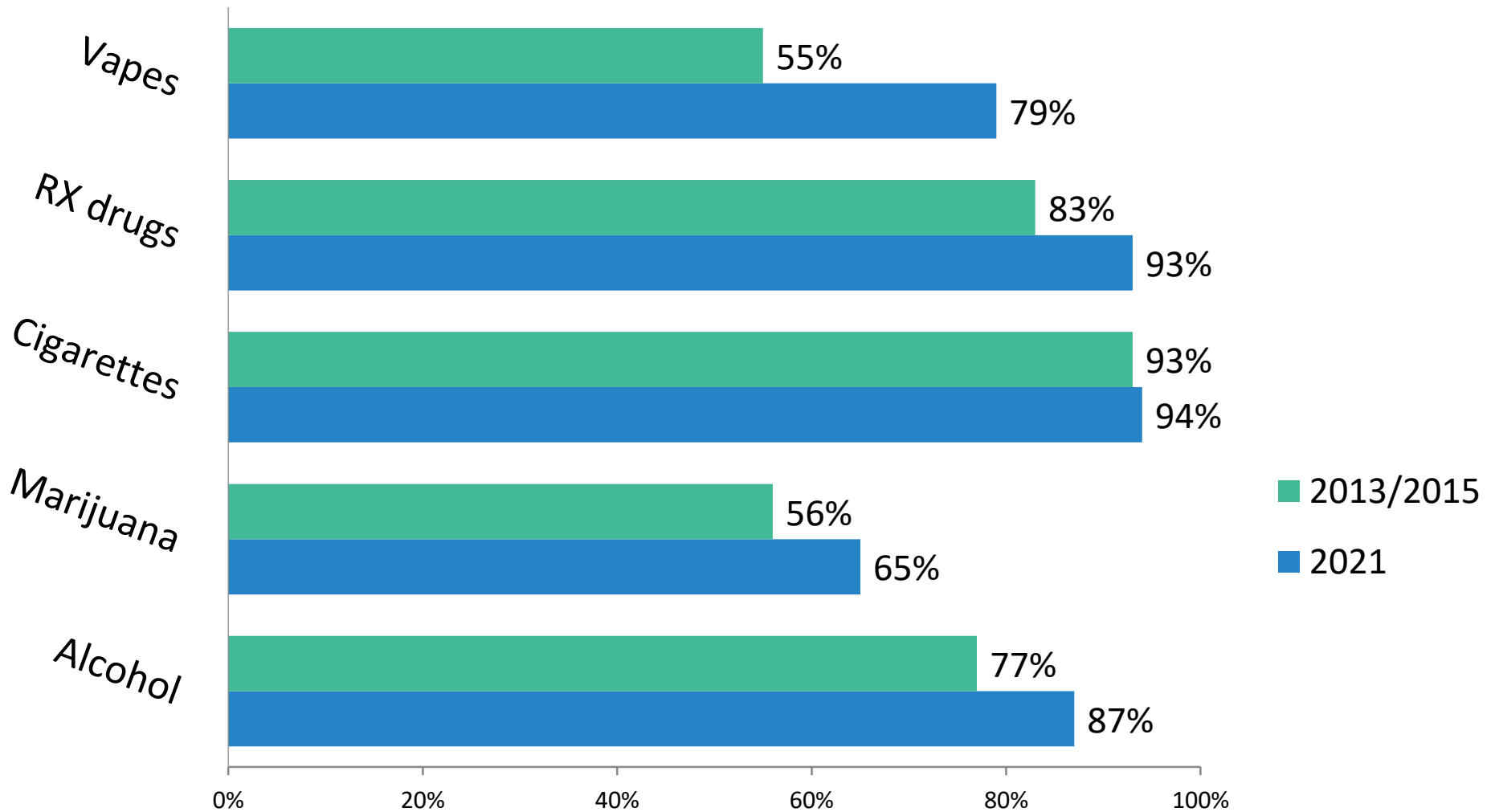


# High perception of parental disapproval among HS students.

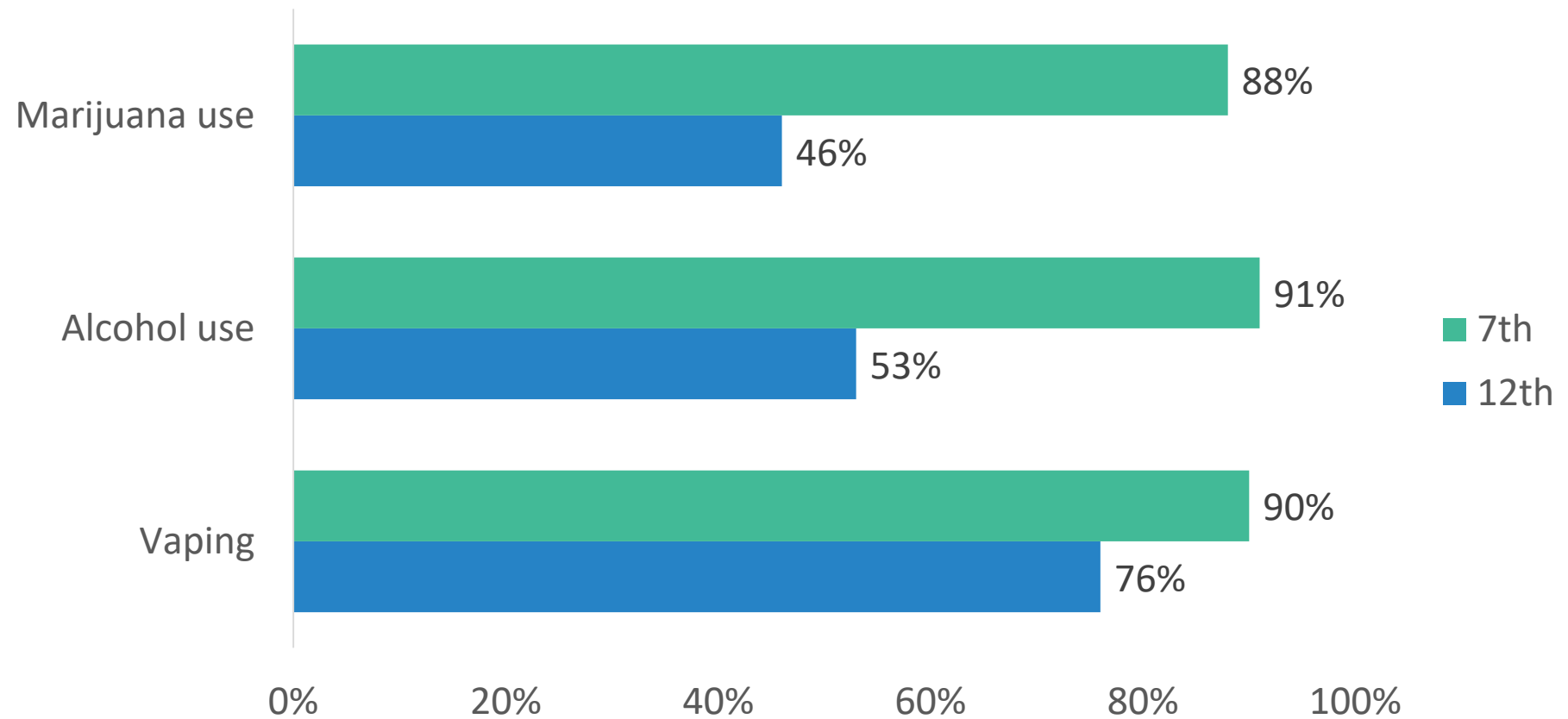




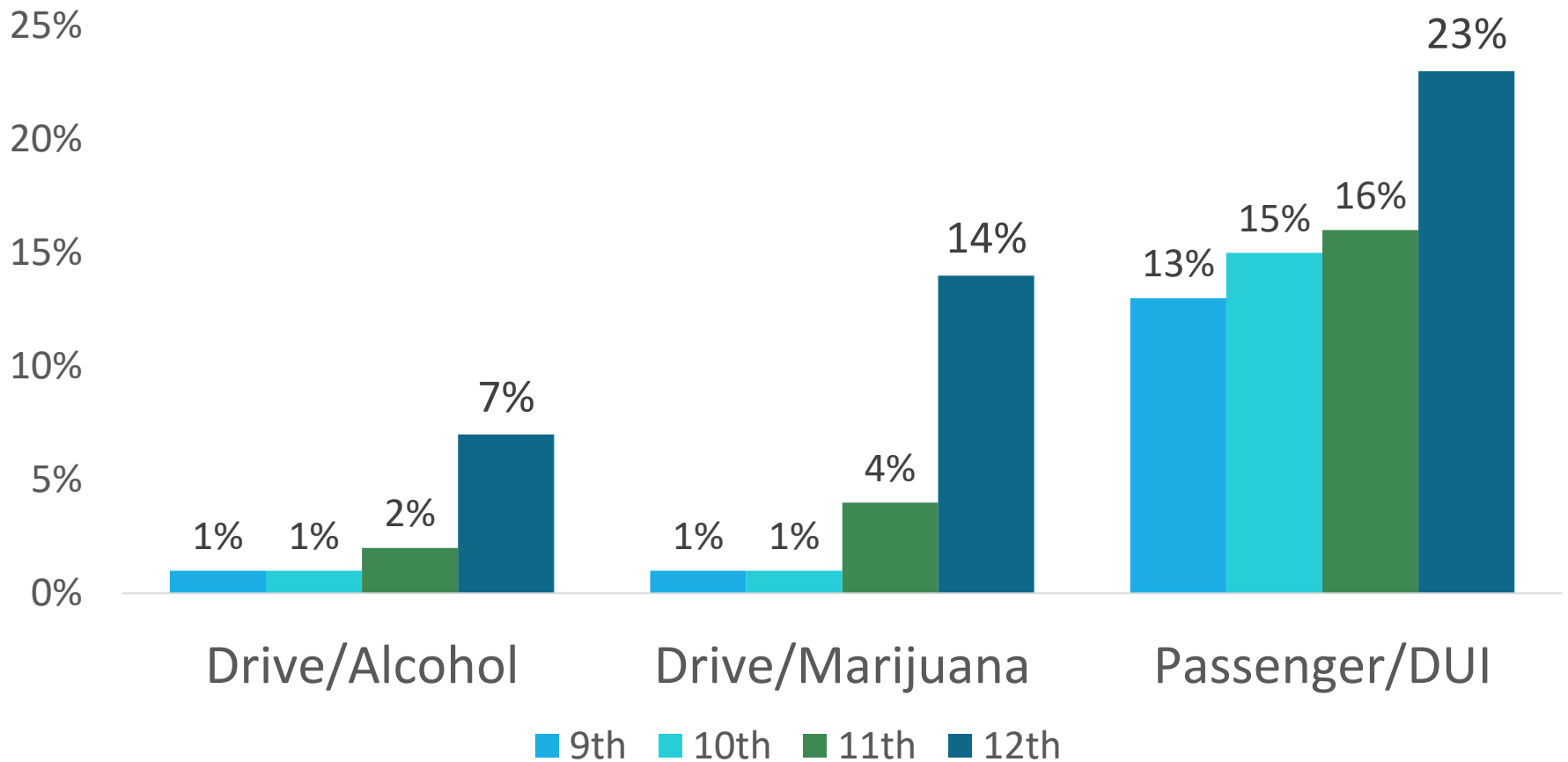
# Perceived risk of substance use among youth continues to increase.



# As youth get older their perception of harm around use of some substances decreases sharply.



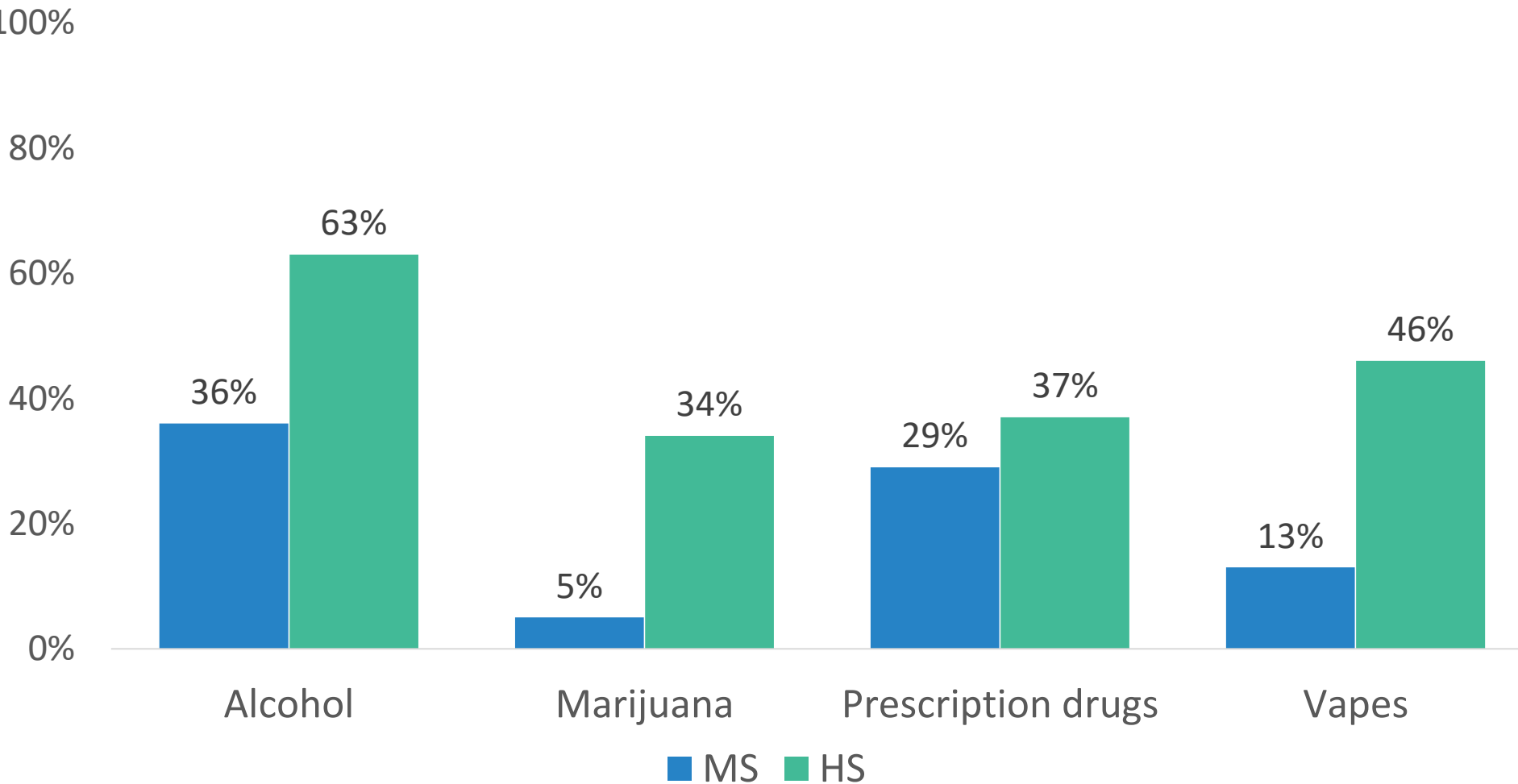
Trumbull teens are more likely to drive under the influence or ride as a passenger with someone under the influence in their senior year of high school.



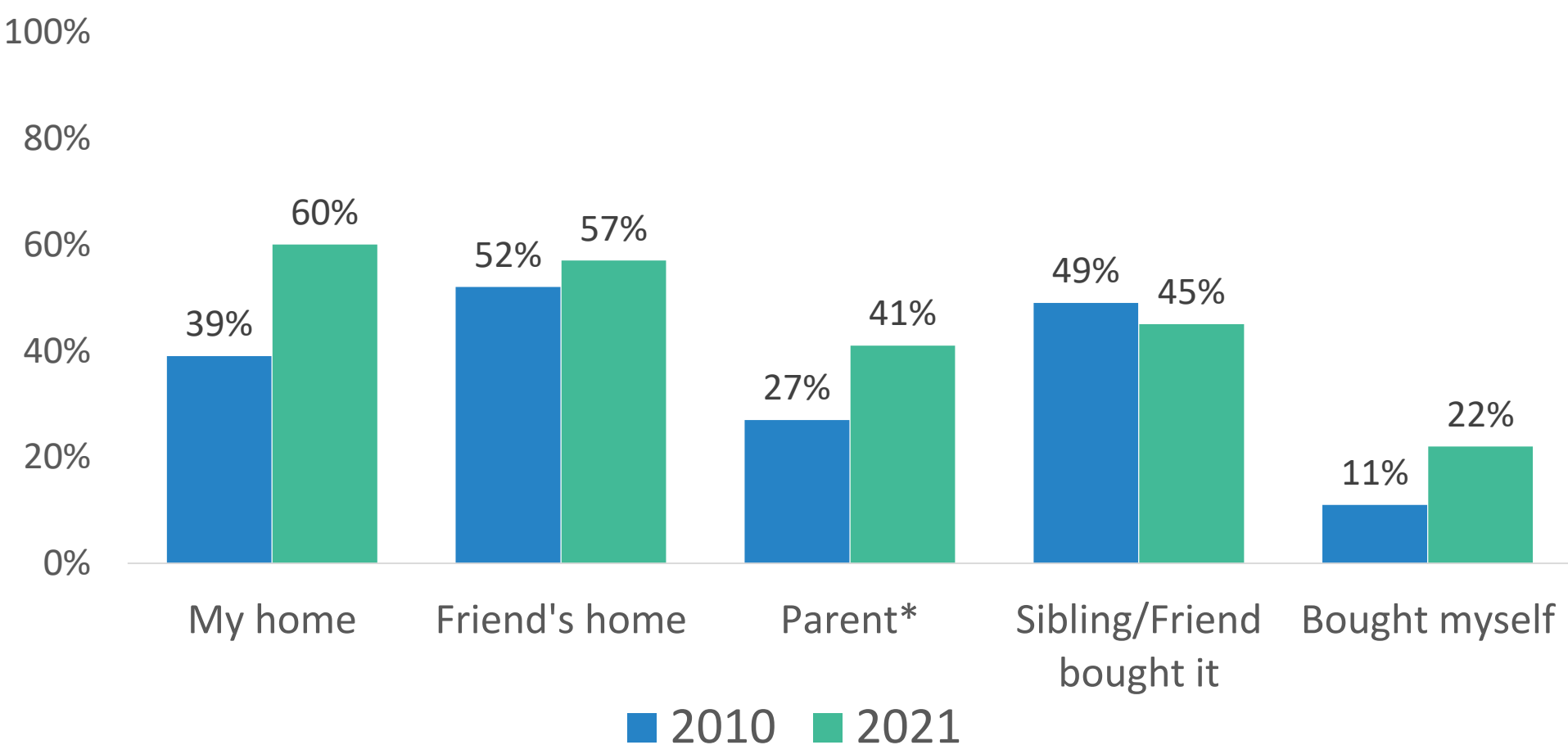
# Access to substances & Location of Use



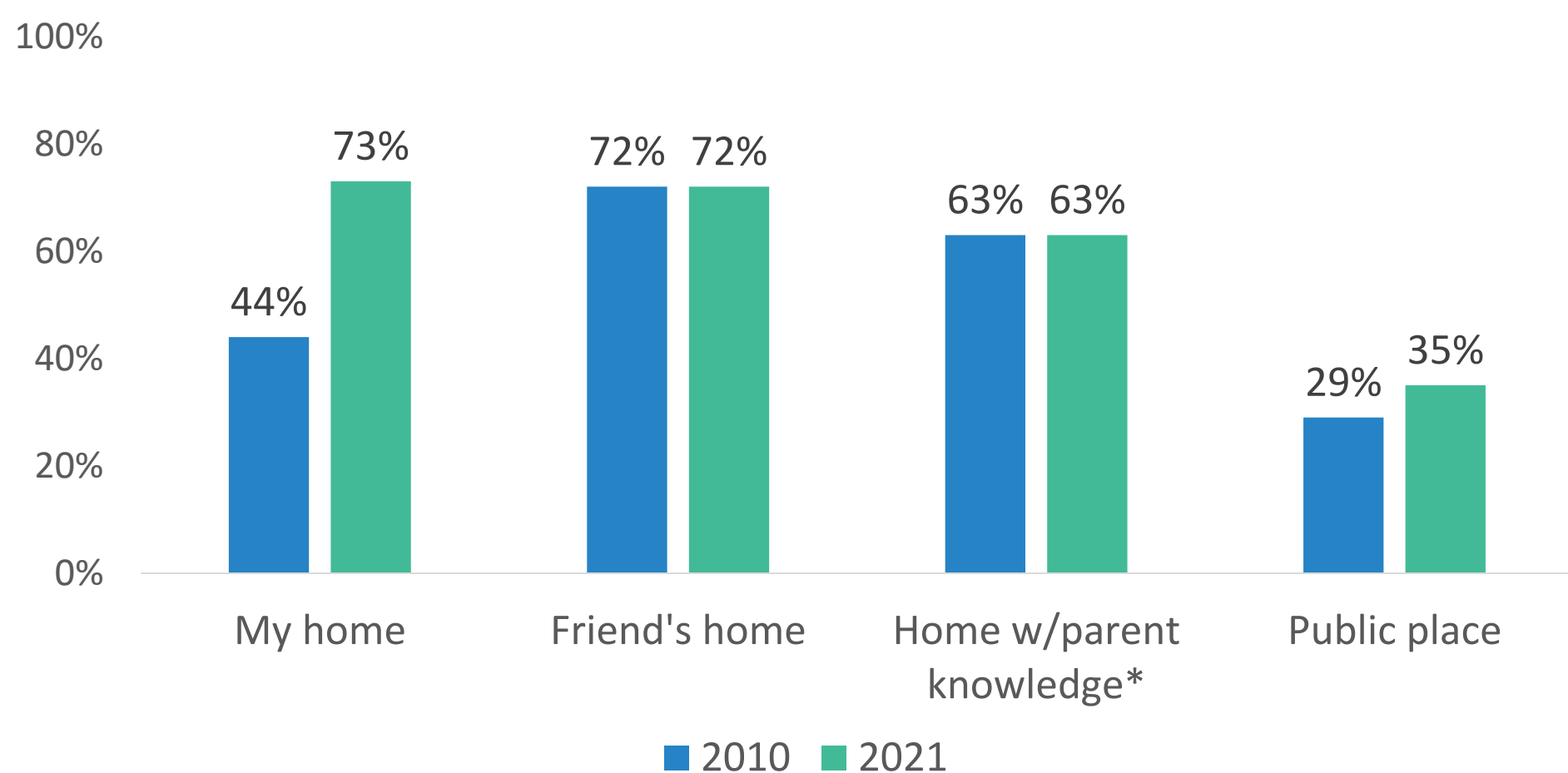
# Perception is that access to alcohol is easiest among HS youth.



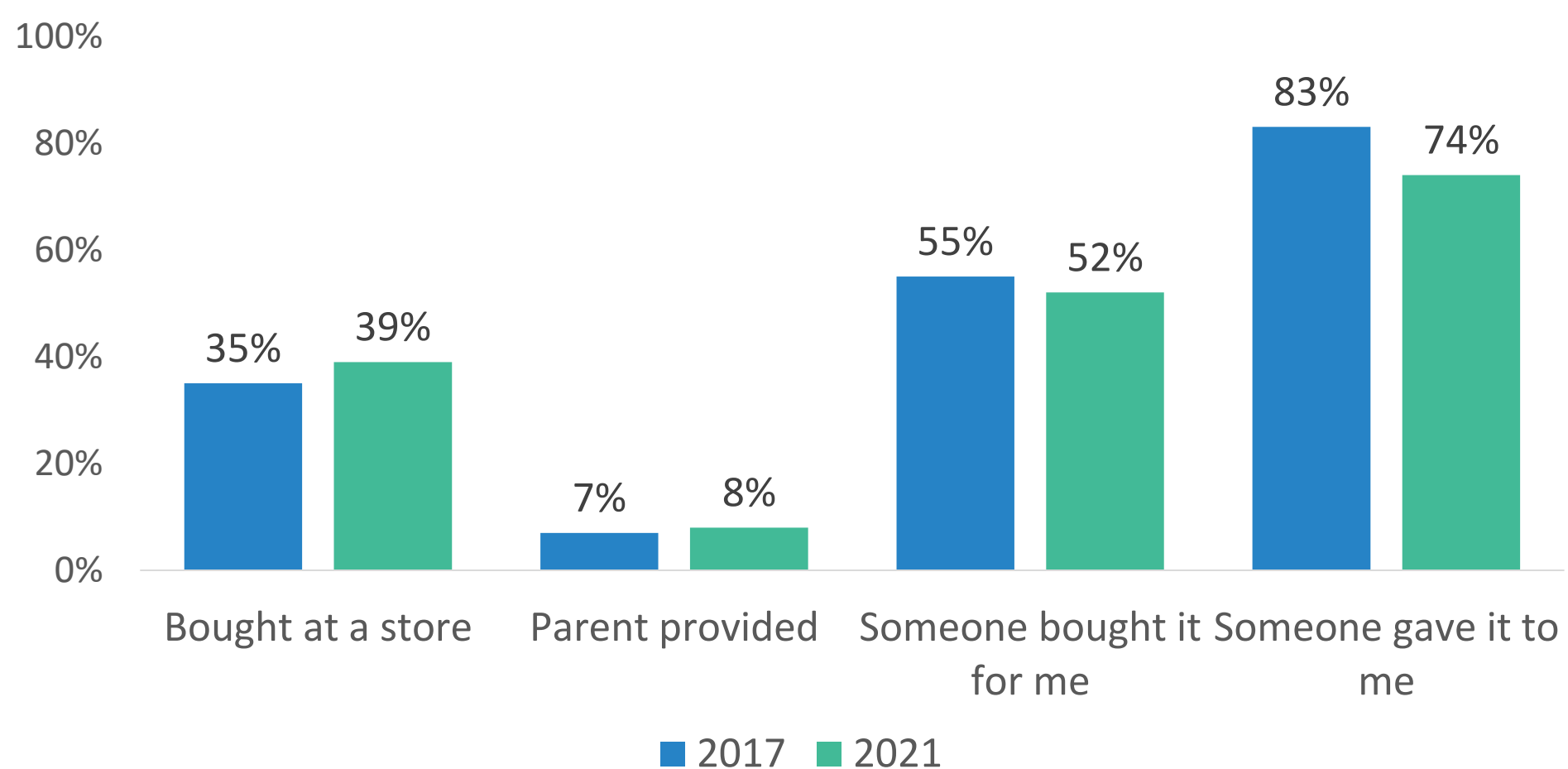
# Reported access from homes and parents has increased since 2010.



# Most youth drink at their own home or a friend's home.



# Most youth who ever vaped are getting them from a peer or friend.







§ Reactions? Surprises?

§ Is there anything you would like to know more about?

§ What is most relevant –

§ for you?

§ for TPAUD?

§ for others?

§ What do we want to share? And how?