



TPAUD Coalition Meeting

December 16th at 8:00am

Zoom

Attendees: Shaquaiasha Andrews, Gillian Anderson, Wes Bartosik, Alison Carpenter, Nina Chanana, Donna DeLuca, Scott Duva, Brian Fedorowicz, Kim Foster, Leigh Goodman, Lori Hayes-O'Brien, Scot Kerr, Cat Lamy, Melissa McGarry, Cornelia Morris, Dennis McLaughlin, Giovanna Mozzo, Kiersten Naumann, Joanne Orenstein, Jeff Rago, Sam Reid, Dave Rutigliano, Lara Walden

1. Welcome
2. Coalition Training: "Unearthing Bias in Prevention" Training Session 2 – Gender, Identity and Sexuality", presented by Kristin duBay Horton, MPH: This month's training session examined complex and changing ideas, attitudes and behavior around gender, gender identity, gender expression, and sexuality. According to TPAUD's latest surveys 9% of Trumbull high school students identify as LGBTQ. How we approach reducing risk behaviors is closely tied to how kids feel about themselves, and LGBTQ kids are more likely to use substances to relieve stress and anxiety. Changing gender norms can make it difficult to develop messages that work across different generations/gender identities. Kristin finished the session by offering suggestions on what TPAUD can do to ensure our work is sensitive to different gender identities and sexual orientations, such as using inclusive language in materials and using identifying pronouns in signature lines. The next and last Implicit Bias training on race and ethnicity will be held during the January coalition meeting.
3. Prevention Updates – Youth Advisors, Yale Vaping Presentation, Vaping Cessation, Prescription Drug Misuse Curriculum:
 - a Executive Committee met via Zoom on Monday, 12/14
 - b The first meeting of The First Selectman's Youth Advisors met via Zoom on Wednesday, 12/9, moderated by Melissa, Kiersten and Tim Hare. Twenty-one Youth Advisors attended, providing a diverse representation of Trumbull youth. Many were open about their own or family struggles with mental health challenges and all are eager to offer their perspectives and energies to addressing youth mental health in Trumbull. The next meeting will be held via Zoom on Sunday, 1/17/21.
 - c Cornelia Morris is now certified to offer an evidence-based vaping cessation program free of charge to youth in Trumbull through the Mary J. Sherlach Counseling Center. Youth/guardians can self-refer or be referred by the schools. More information and promotional materials will be forthcoming.
 - d TPAUD and 8 other community coalitions are offering a webinar for parents/guardians and community members on Feb 4th at 5:30pm. Tricia Dahl, Senior Research Assistant at Yale University School of Medicine, will be presenting on the dangers of vaping. Since 2001, Ms. Dahl has worked on clinical trials on adult and adolescent substance misuse. She has been involved in researching

the effects of e-cigarettes on adolescent behavior as part of Yale's Tobacco Center of Regulatory Science, most currently studying the influence of flavors and sweeteners on youth use and abuse.

- e TPAUD will fund the "If They Had Known" documentary to be used in the Senior Seminar curriculum. The documentary shares the story of Clay Soper's accidental death from a mix of prescription drugs and alcohol at the age of 19.
- f Due to the pandemic, the D.A.R.E. program will not be offered this year. This frees up about \$1,300 LPC dollars for TPAUD to use towards vaping prevention.

4. Partner Updates – none.

Upcoming Events:

Jan. 14th & 15th – TPAUD HMS 7th grade health class presentations

Jan. 17th – First Selectman's Youth Advisors remote meeting, 6pm

Feb. 4th – Tricia Dahl Vaping Webinar, 5:30pm via Zoom.

2020-21 Coalition Meeting Dates:

January 20th

February 17th

March 17th

April 21st

May 19th

June - TBD