



TPAUD Coalition Meeting

September 20th 8:00am

Trumbull EMS

Attendees: Gillian Anderson, Nina Chanana, Sam Cousins, Deirdre Ekholdt, Tim Fedor, Lori Hayes-O'Brien, Michele Jakab, Scot Kerr, Melissa McGarry, Dena Miccinello, Jordyn Nappi, Kiersten Naumann, Melissa Roberto, Jessica Samuolis, Vicki Tesoro, Will Testani, Stephanie Vaughn

1. Introductions & Partner Updates:
2. Partner Spotlight – Michele Jakab, Trumbull Human Services: Trumbull Human Services includes the Mary J. Sherlach Counseling Center and Juvenile Review Board, Senior Center (which has volunteer opportunities for students and adults), Food Pantry, and Social Services. The Food Pantry and Social Services offer support to all ages, including food, screening for financial and other assistance, holiday supports, school supplies, and a local meals program. The local meals program is funded with ARPA dollars and is not based on financial necessity; instead, meals, provided by local restaurants, are available to anyone needing help with meals for any reason.
3. 2023 Student and Community Surveys:
 - Student Surveys will be administered in November at THS and in December at both middle schools. Some questions have been refined (mental health and resource questions, and classification questions, including 504, IEP, ESL status). Questions have been added on gambling, in anticipation of future gambling prevention grants. The survey will be administered electronically for the first time. The survey must be approved first by the Board of Education Curriculum Committee (scheduled for 8:30am, September 29th) and then by the full Board (October).
 - Community Surveys will be sent around the same time as Student Surveys, and provide an opportunity to assess awareness of town programs and services.
4. Prevention Activities
 - School-based activities (Red Ribbon Week, 9th Grade Forum, YAY activities, health classes)
 - i. This year's theme for Red Ribbon Week is "Be Kind to Your Mind". TPAUD will support Red Ribbon Week at the middle schools by buying bracelets, providing resource stickers to display around schools, etc. YAY will record two videos – one to introduce Red Ribbon Week, and the other to encourage middle schoolers to "Know Your Why".
 - ii. 9th Grade Forum scheduled for Nov. 8th – further details to follow, including opportunities to volunteer, table, help with content development, etc.
 - iii. We had our first YAY meeting on Sept. 10th. Opportunities this year for YAY members to volunteer at middle school and THS BTS Nights, THS Club Fair, MFA Suicide Vigil, for Red Ribbon Week, 9th Grade Forum, Tashua Wellness Night. Junior YAY members will attend Dylan's Wings of Change training at THS in October.
 - iv. Melissa presented at St. Joe's Forum this month. Melissa and Kiersten will be presenting to all 7th grade health classes this week.
 - Community Education

- i. We will be offering a drop-in Narcan training in the Conference Room at Trumbull Library on 10/23 from 6-7:30pm
- ii. Melissa and Kiersten are available to conduct QPR Suicide Prevention trainings.
- iii. Progressive is developing an online wellness forum for Trumbull and Westport residents, mediated and facilitated by Progressive staff, to launch in January. Coalition members are needed to review and suggest content.

5. Access/Enforcement:

- Trumbull Police will be restarting Party Patrols and tailgating enforcement.
- Drug Take Back Day will be at Trumbull EMS (with additional collections at Stern Village and Senior Center) on 10/29.
- As of October 1st, High-THC Hemp Products and Synthetic Cannabinoids are classified as cannabis under State law and may only be sold by licensed cannabis establishments. Chief Lombardo will send notification to Trumbull retailers. Attorney General Tong has offered to help with enforcement as necessary.
- Trumbull renewed the moratorium on cannabis until June, 2024.

6. Coalition Sustainability

- Opioid Settlement Funds: TPAUD is continuing conversations with town partners regarding administration of opioid settlement funds. These funds would allow TPAUD to sustain prevention initiatives after DFC funding ends on 9/29/24.
- Community Networking: Who is not at the table, i.e., who should TPAUD approach for coalition involvement? Suggestions included:
 - i. Head Start/early childhood education
 - ii. Pediatricians/ER doctors
 - iii. Parks & Rec
 - iv. PTAC/parents
 - v. Library representative

Upcoming Dates:

9/21 – Trumbull High Back to School Night

10/1 – My Friend Abby Suicide Vigil, 5:30 pm at Town Hall Gazebo

10/20 – My Friend Abby Share Your Light event, 7pm at Two Roads

10/23 – TPAUD Drop-in Narcan Training, 6-7:30 at Trumbull Library

11/8 – THS 9th Grade Forum

2023-24 Meeting Dates – October 18th, November 15th, December 20th, January 17th, February 28th, March 20th, April 17th, May 15th, June TBD