



## **TPAUD Coalition Meeting**

March 15<sup>th</sup> 8:00am

Trumbull EMS

Attendees: Gillian Anderson, Sam Cousins, Officer Scott Duva, Krystina Dawson, Deirdre Ekholdt, Lori Hayes-O'Brien, Sarah Keitt, Scot Kerr, Melissa McGarry, Dennis McLaughlin, Julia McNamee, Dr. Cornelia Morris, Jordyn Nappi, Kiersten Naumann, Victoria O'Neill, Jeff Rago, Melissa Roberto, Lara Walden

### 1. Introductions & Partner Updates:

- Health Department and TCTV partnered on a series of PSAs
- The Pastors' Plunge fundraiser for My Friend Abby is at 5:30pm on Friday, March 17<sup>th</sup> at Pinewood Lake
- The Hub continues to offer free, virtual QPR & Narcan trainings twice a month

### 2. Partner Spotlight – Krystina Dawson, Supervisor of Mental Health for Trumbull Public Schools:

- Krystina highlighted a three-tiered Best Practices for School-Based Mental Health Supports in the public school setting, which includes a wraparound model with multiple modalities of care, a process for quality and risk management, and strong clinical supervision.
- Her priorities for this year are on communication with staff & parents through monthly newsletters and PD, community & team building within TPS and with local and state partners, and clarification of best practices to mental health and behavioral support staff.
- The MTSS (Multi-Tiered System of Supports) Cycle includes academics, PBIS (Positive Behavioral Intervention & Supports), and SEL (Social Emotional Learning). Focus Areas for SEL include MTSS (Multi-Tiered System of Supports), to strengthen REACH, and to support/supervise school psychologists and social workers.
- Next steps are to add PD for REACH, new MTSS procedures, grade/age specific SEL curricula suggestions for TPS, and Tiered Fidelity Inventory of PBIS teams.

### 3. Prevention Activities

- Legislation Update: Sarah Keitt reported that she is getting pushback to banning flavored vapes – there is an argument that banning them will force adults who are using them for smoking cessation will revert to smoking traditional cigarettes.
- Environmental Scan follow-up: Attorney General William Tong announced a statewide crackdown on the unlicensed sale of Delta-8 THC, suing five non-compliant retailers and sending warning letters to all licensed tobacco retailers in CT. TPAUD staff will visit each store to determine if practices have changed since the AG's letter. Staff have also met with Vicki Tesoro, Chief Lombardo and Luci Bango (Health Dept. Director) to discuss a Trumbull-specific follow-up to local businesses.
- "Let's Talk Mental Health, Trumbull" topics:
  - i. Last month's presentation on Gaming with Dan Trolaro is now available for viewing on the TPAUD website and on demand on TCTV. Dan is presenting virtually on Sports Betting to the region on Monday, March 20<sup>th</sup>. Register on TPAUD's website.

- ii. Lara Walden suggested boys & body image as a topic for LTMH, T. Boys are being pressured to use creatine for bulking. Opportunity for TPAUD to discuss with Mike King?
  - iii. TPAUD is looking into licensing to screen the newest Screenagers movie – Under the Influence: Vaping, Drugs and Alcohol in the Digital Age.
  - Spring Sports Outreach: TPAUD plans to outreach to youth leagues to reiterate no smoking/vaping/cannabis/alcohol use in public spaces: members suggested outreach to Mike King, Dmitiri Paris, Parks & Rec, and Tim Gallo (Pinewood Lake).
  - Narcan Trainings: TPAUD has been asked to train trip chaperones at St. Joe’s, all staff at Christian Heritage, nurses at St. Vincent’s Center for Special Needs, and all town employees. Sam Cousins suggested including a brief AED training at the Narcan training for town employees.
  - THC Inclusion Week Plans: TPAUD is supporting YAY & GSA Inclusion Week efforts - YAY will provide mental health resources, bracelets and stress balls, GSA will hand out pronoun stickers and ally pins/stickers.
4. Coalition Business
- CDC Recognition of TPAUD’s work – TPAUD has been recognized twice recently by the CDC, who highlighted our work to address mental health challenges as part of their DFC Program Success series, and asking TPAUD to share recent prevention efforts during the upcoming regional site visit.
  - Opioid Settlement Funds: TPAUD plans to make the case that it should coordinate opioid settlement funds received by the town, and is currently working with the First Selectman, town attorneys, and other coalition partners and stakeholders to clarify amounts, distribution plans, suggested uses, etc.
  - Meeting Location: New firehouse or old firehouse on Meadow Rd.?

Upcoming Events:

3/17 – St. Paddy’s Day Pastors’ Plunge fundraiser for My Friend Abby

3/20 – “Betting on Your Future” Sports Betting Zoom 7-8:30

3/27-3/31 – THS Inclusion Week

4/1 – TPS Parent University

5/7-5/13 – National Prevention Week

2022-23 Meetings – 4/19, 5/19, June TBD