



TPAUD Coalition Meeting

December 21st 8:00am

Trumbull EMS

Attendees: Gillian Anderson, Nina Chanana, Lily Cores, Sam Cousins, Krystina Dawson, Jennifer Ellyson, Sgt. Tim Fedor, Lori Hayes-O'Brien, Sue Jacozzi, Scot Kerr, Melissa McGarry, Julia McNamee, Dr. Cornelia Morris, Kiersten Naumann, Joanne Orenstein, Jeff Rago, Melissa Roberto, Dave Rutigliano, Jessica Samuolis, Lara Walden

1. Introductions & Partner Updates:
2. 12th Grade Transition: members spoke about the need for information for launching seniors on the transition to college/adulthood, including how to access mental health and support resources. It was suggested that TPAUD could support stakeholders, including TPS, Counseling Center, and community partners, to plan a program for the spring. The following members indicated they are interested in joining a planning sub-committee – Julia McNamee, Krystina Dawson, Cornelia Morris, Gillian Anderson, Lara Walden and Jessica Samuolis. Any other coalition members interested in joining this sub-committee should contact Melissa or Kiersten.
3. Environmental Scan of Trumbull Retailers: Zach Rudich completed an Environmental Scan of businesses in Trumbull that sell vapes, CBD and THC. The information will provide information on what products are available to Trumbull youth, and will help determine how well local retailers are adhering to local/state laws and regulations. Melissa reported that in another town in Fairfield County, a similar scan found numerous egregious retailer violations, highlighting the need for compliance checks in Trumbull.
4. Partner spotlight: Dr. Cornelia Morris, Mary J. Sherlach Counseling Center. The Mary J. Sherlach Counseling Center provides individual and family therapy, group therapy, and crisis intervention. These services are available for Trumbull residents, Town employees and students who attend Trumbull schools. Fees are based on a sliding-scale according to family income and ability to pay. Services include crisis intervention, diversionary youth services (including the Juvenile Review Board), family & individual counseling, referral services, substance abuse counseling, tutoring, and support groups (Suicide Loss Support, Grief and Loss Support, Caregiver Support, Family Conflict, and Smoking Cessation).
5. Tashua School Family Wellness Night – Jessica Samuolis: This event will take place on Wednesday, January 11th, and will focus on both physical and social-emotional aspects of youth mental health, with various stations including games, crafts and other fun activities for families to visit and interact with. Coalition members and Youth Advocating for Youth members are encouraged to volunteer – if interested, please reach out to Jessica, Melissa or Kiersten.

6. Let's Talk Mental Health, Trumbull upcoming sessions – Kiersten Naumann: Upcoming sessions will highlight youth gaming/gambling/sports betting, helping parents navigate their child's romantic relationships during middle and high school, and the important role of fathers on youth mental health.
7. Coalition Business
 - a. Coalition Training Needs:
 - i. Cadence Pentheny from Triangle Community Services will complete the LGBTQIA+ 201 and Allyship training that was interrupted last spring. Details on time, date and zoom link will follow. This training will be open to active coalition members only. In addition, Cadence is working with TPAUD, Trumbull PD and TCTV on an LGBTQIA+ 101 training video for police.
 - ii. Other suggestions from coalition members for coalition trainings included an overview on youth gaming (including an explanation of loot boxes, skins, etc.), and sexting.
 - b. ARPA Funding: TPAUD's request for funds from the American Rescue Plan Act funds, to sustain TPAUD for two years after its DFC grant expires in 2024, was approved by Town Council.

Upcoming Events:

- 1/11 – Tashua Elementary School Family Wellness Night, 6-8pm
- 1/17-1/20 – THS Midterm Exams
- 1/30-2/2 – staff attend CADCA National Leadership Forum

2022-23 Meetings – 1/18, 2/15, 3/15, 4/19, 5/19, June TBD