



### **TPAUD Coalition Meeting**

November 18<sup>th</sup> at 8:00am

Zoom

Attendees: Shaquasha Andrews, Gillian Anderson, Wes Bartosik, Nina Chanana, Donna DeLuca, Scott Duva, Brian Fedorowicz, Whitney Goetz, Leigh Goodman, Lori Hayes-O'Brien, Sue Jacozzi, Scot Kerr, Cat Lamy, Michael Lombardo, Melissa McGarry, Laila McGeorge, Cornelia Morris, Dennis McLaughlin, Giovanna Mozzo, Kiersten Naumann, Joanne Orenstein, Sam Reid, Dave Rutigliano, Jessica Samoulis, Julia Saunders, Vicki Tesoro, Lara Walden

1. Introductions & Housekeeping: Coalition Executive Committee Status – Lori Hayes-O'Brien: The Executive Committee had its first meeting on Nov. 13<sup>th</sup>. The Committee will meet each month via Zoom. Committee Members are Lori Hayes-O'Brien, Wes Bartosik, Scot Kerr and Jessica Samoulis.
2. Coalition Training: "Unearthing Bias to Enhance Prevention – The Evolution of Bias and Age Bias" - Kristin duBay Horton, MPH: After a brief introduction and video to introduce the concept of implicit bias, coalition members were divided into breakout rooms to complete a table of formative experiences, lifestyle aspirations, fears, career goals, communication preferences and technology milestones by generation. Kristin then brought the group back together to further explore generational bias and to introduce next month's session on gender bias.
3. Youth Advisors – Melissa McGarry: Vicki received 21 applications to be Trumbull Youth Advisors. All applicants were accepted and will receive an invitation to an introductory Zoom meeting within the next two weeks. TPAUD will be assisting Vicki with this initiative and is putting together a Youth Engagement subcommittee to offer guidance and suggestions; if you are interested in being on this committee please reach out to Melissa or Kiersten.
4. TPAUD Prevention Activities:
  - a. Let's #MentionPrevention Campaign update – Kiersten Naumann: This campaign is a collaboration with other local prevention coalitions. Thank you to all Coalition members who offered suggestions on content for vaping education materials. The Parent Discussion Guide is currently being developed by Charge Ahead Marketing.
  - b. Youth Mental Health First Aid – Kiersten Naumann: Fifteen people were trained in Youth Mental Health First Aid, including seven TPS employees and several Trumbull PTSA members. This was TPAUD's first time offering the hybrid version of YMHFA and, despite a few small issues with accessing some of the online materials, the response from attendees was overwhelmingly positive.
  - c. 9<sup>th</sup> Grade Forum – Lori Hayes-O'Brien: Forum was delivered virtually to all 9<sup>th</sup> graders for viewing on 11/17 through their Google classroom; parents/guardians were encouraged to watch with their students. Forum videos were broken into 4 segments, and students were assigned open-ended questions to answer after each video. YouTube links to the 4 videos are as follows: Part 1: <https://youtu.be/9sPpY-7G4WQ> Part 2: <https://youtu.be/PRB7IoUlfT0> Part 3: <https://youtu.be/f6-milyb1Eo> Part 4: <https://youtu.be/aQI6LrTg2LA>. Many thanks to our Speakers: Principal Marc Guarino, Dr. Deirdre M. Fearon, Tom Tesoro, Officer Tim Fedor, Officer Wes Bartosik, Kerri Crossley, James Cafran, Dennis McLaughlin, and Superintendent Dr. Marty Semmel. We especially want to thank Sara Scrofani for guiding us on the optimal way to deliver the content to the students, and ensured it was

technology worked successfully. Also, TPAUD owes a debt of gratitude to TCTV staff Lara Walden & Katie Dunn for their outstanding video production and editing work.

- d. Proposed Activity for 12<sup>th</sup> Graders – Dennis McLaughlin: Dennis is requesting funding from TPAUD to bring the documentary “If They Had Known” to Trumbull High. The film follows the story of Clay Soper, a college student who accidentally died from the combination of prescription drugs mixed with alcohol. The film fits into a classroom-based curriculum or can be offered to wider audiences. A Toolkit is included which includes a Facilitator’s Guide with background and important information about the film, guidelines for virtual classroom and online presentation, tips for holding an impactful post viewing discussion and important key takeaway messaging (including a downloadable PDF).

5. Partner Sharing:

a. The Hub – Giovanna Mozzo:

- i. DMHAS has received a No Cost Extension for their SAMHSA PFS 2015 grant. DMHAS, via UConn Health Department of Public Health Sciences, seeks to collect information from youth in grades 6-12 and parents/guardians of youth in grades 6-12, on how underage drinking, vaping, marijuana and other drug use may have changed since COVID. In addition, DMHAS seeks youth and parent/guardian ideas about possible messages to guide the development of a prevention campaign aimed to reduce underage drinking that addresses changes in underage drinking patterns, youth access to alcohol, etc. UConn Health will coordinate and facilitate these virtual focus groups, most of which will occur from mid-November to mid-December. Participating groups will receive a written summary of the data collected to help inform local efforts.
- ii. The CT Suicide Advisory Board (CTSAB) has created the “[CT Public Health Alert and Call to Action for Youth Suicide](#)” (*Español*).
- iii. The Statewide Tobacco Steering Committee has produced a 2020 Law Enforcement Guide to Marijuana, Alcohol, Tobacco, and E-cigarette Offenses: (<https://www.cpcanet.org/2020-cpca-virtual-exhibit-center/exhibitors/tobacco-prevention-and-enforcement-program/>). Guide has been forwarded to Officer Fedor for distribution in the TPD.
- iv. The Hub will make ten Smart Recovery road signs available to TPAUD to place around town.

- b. The C.A.R.E.S. Group - Donna DeLuca: C.A.R.E.S. is merging with Confidant Health to offer an App for users to manage substance use from evaluation through treatment and aftercare. The fee structure is based on the Medicaid Reimbursement Scale.

- c. Mary J. Sherlach Counseling Center – Cornelia Morris: The Counseling Center has received a grant from SCSU to be trained in an evidence-based vaping cessation to offer to Trumbull residents. A meeting has been set up with THS to discuss next steps to offer to students.

- d. PTSA – Cat Lamy: PTSA Council is looking into the possibility of continuing online Parent Support sessions.

**2020-21 Coalition Meeting Dates:**

December 16<sup>th</sup>

January 20<sup>th</sup>

February 17<sup>th</sup>

March 17<sup>th</sup>

April 21<sup>st</sup>

May 19<sup>th</sup>

June - TBD