



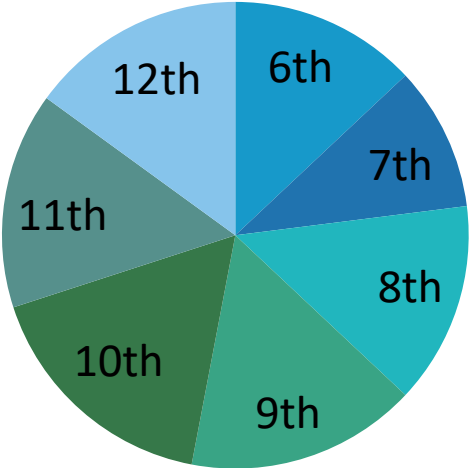
TPAUD,
Trumbull's
Prevention
Partnership

Parent Attitudes
& Behaviors
Survey Results
2020

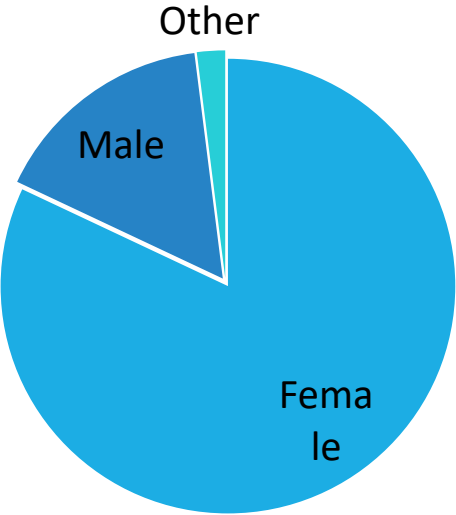
Survey Details

653 surveys were collected online in May 2020

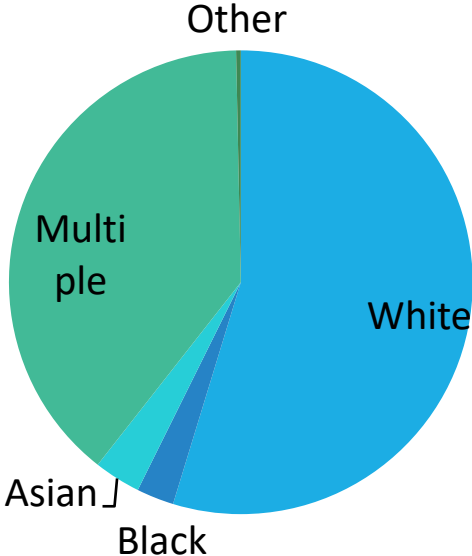
Grade of Oldest Child



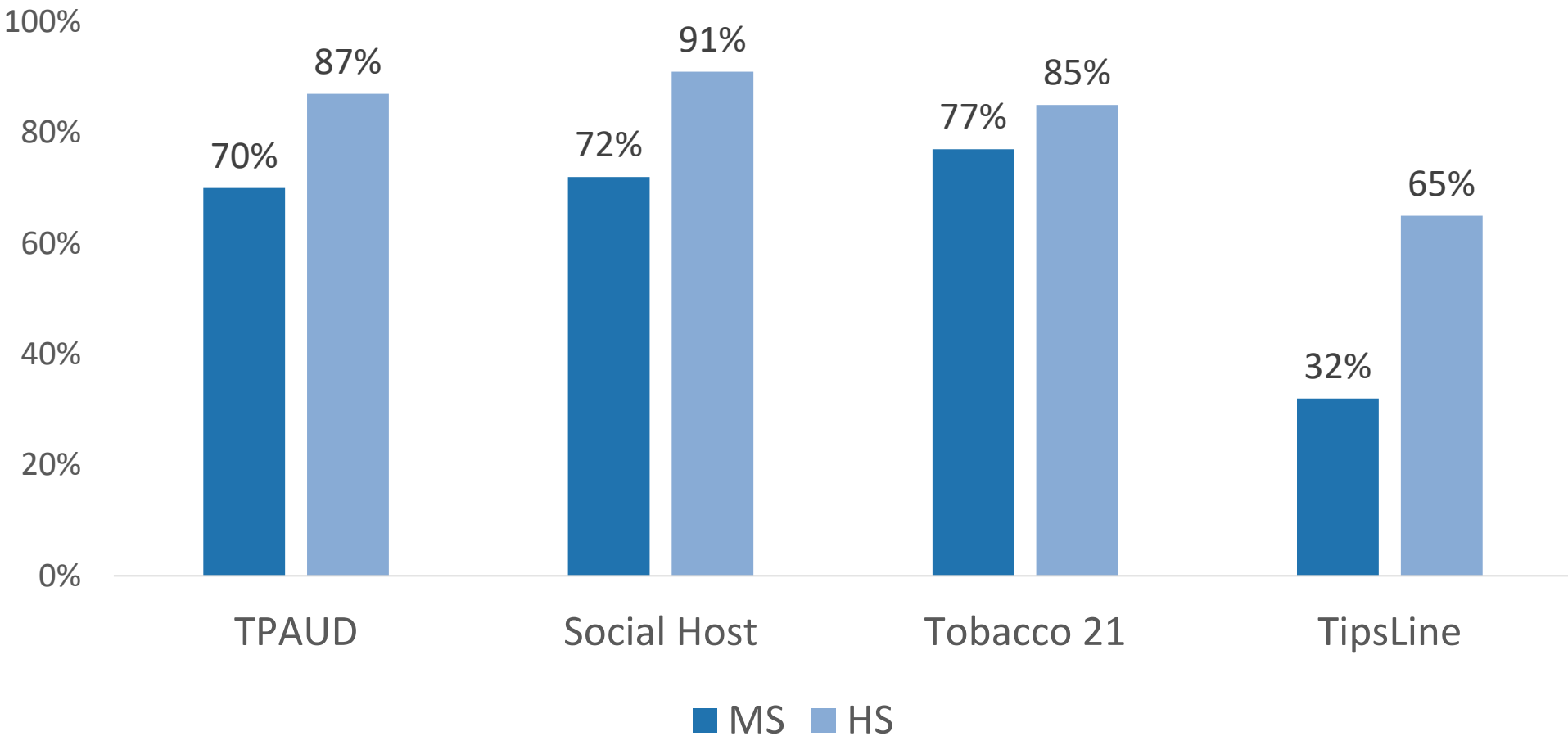
Gender of respondent



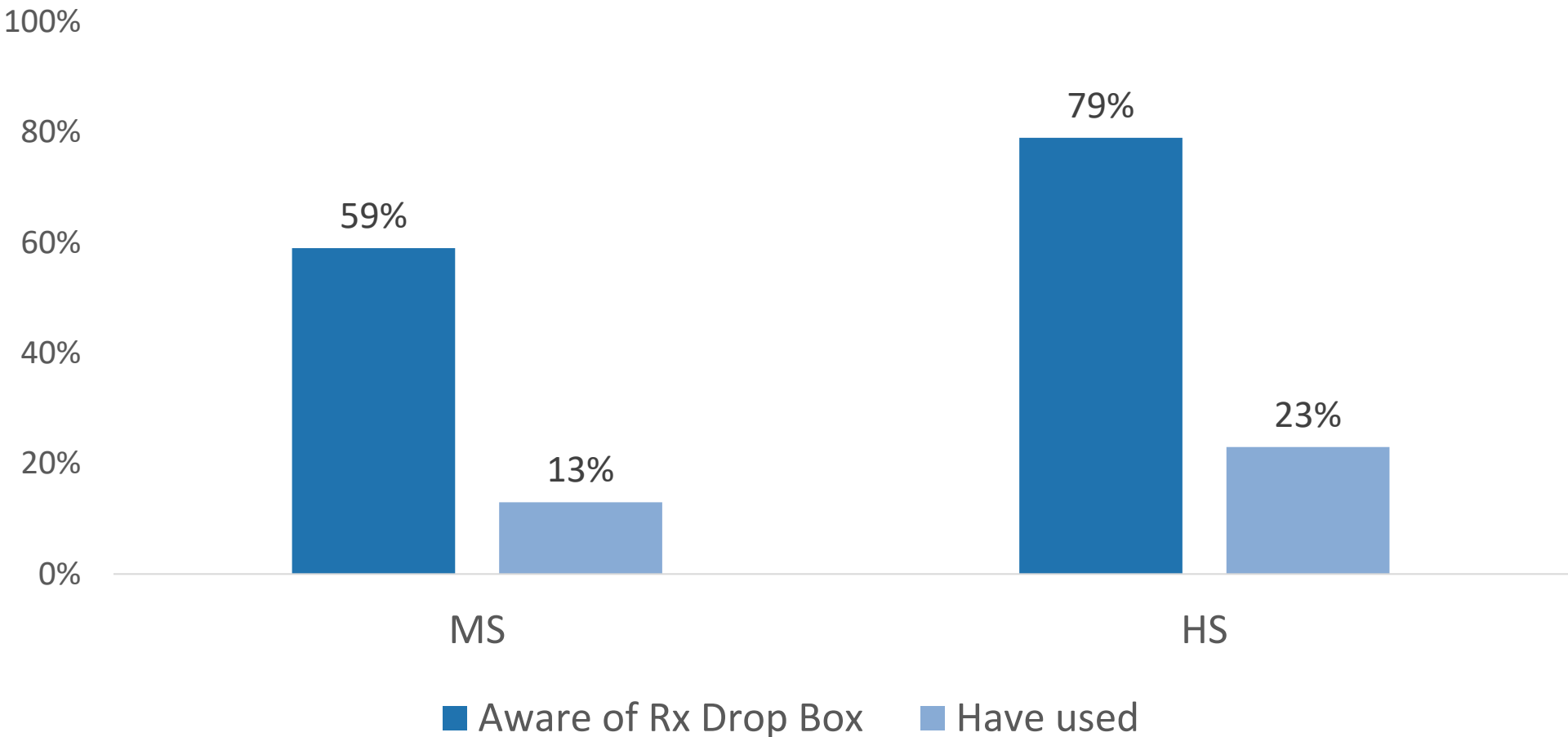
Race of respondent



The majority of Trumbull parents are familiar with **TPAUD**, **Social Host Law**, **Tobacco 21** and **TipsLine**.

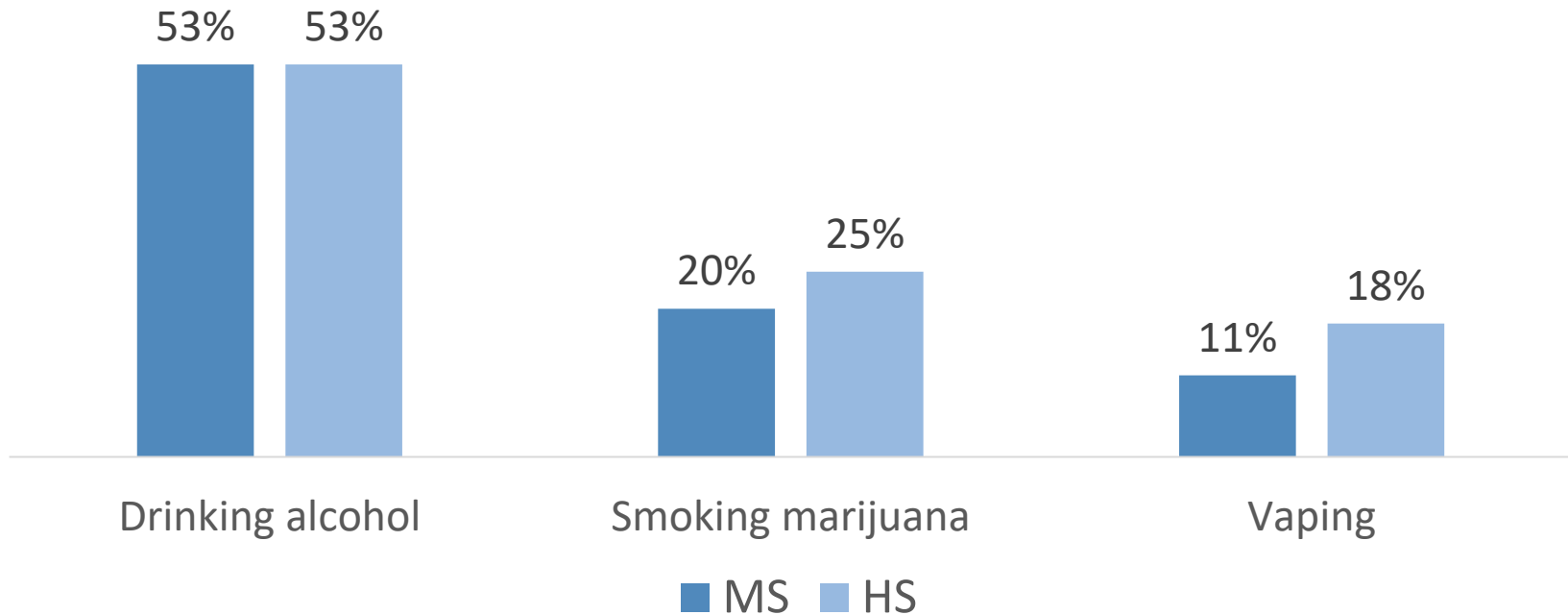


High school parents are aware of the **Prescription Drop Box**; almost a quarter report using it to dispose of medications.

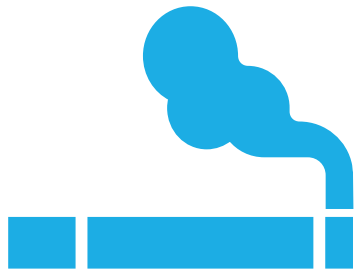


Parent attitudes in Trumbull support substance use prevention.

Do you consider...an inevitable part of growing up? (very or somewhat true)

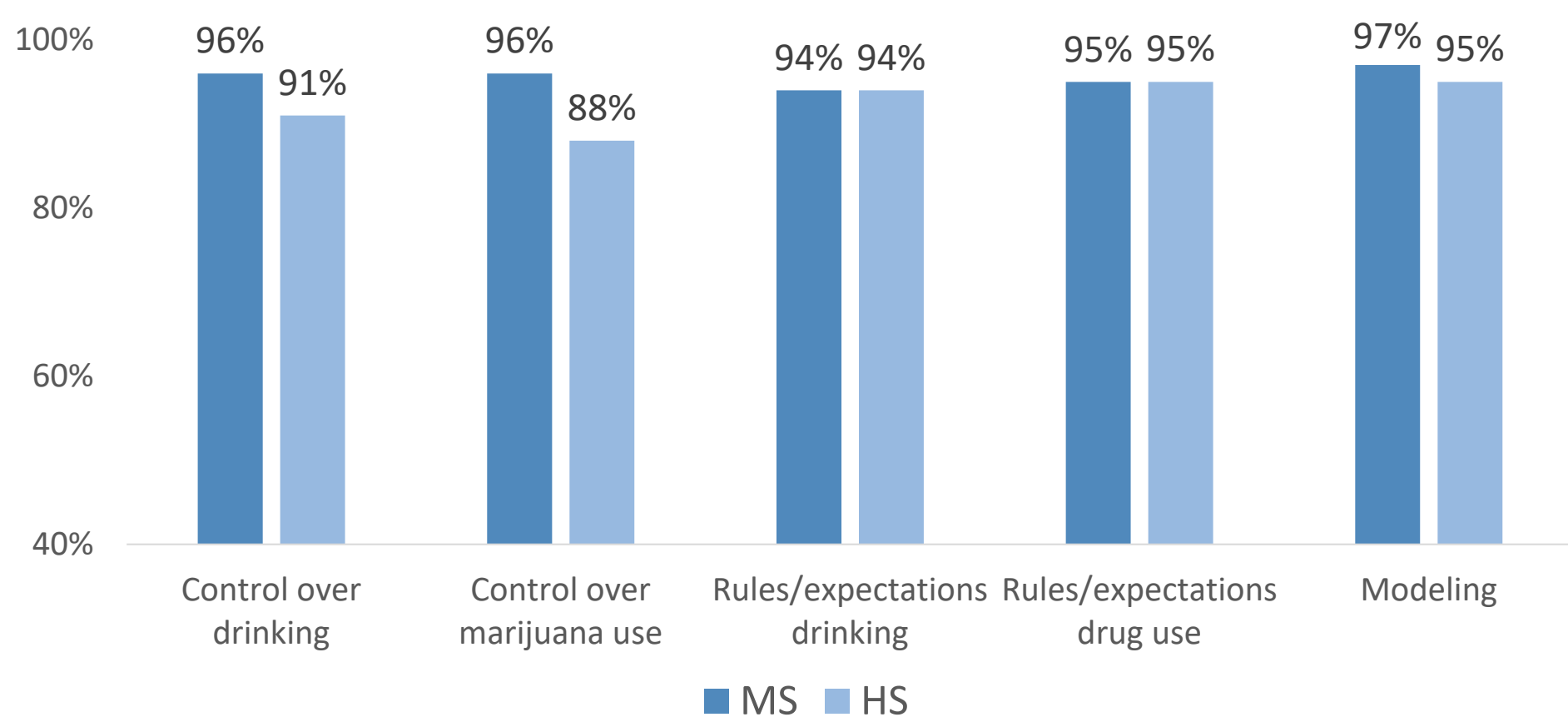


Almost all parents (96%) believe it is possible to reduce substance use through prevention.



Concern around
youth substance
use remains high

Parents report high rates of **perceived control** and **rules/consequences** around alcohol and marijuana use, as well as **modeling responsible behaviors**.

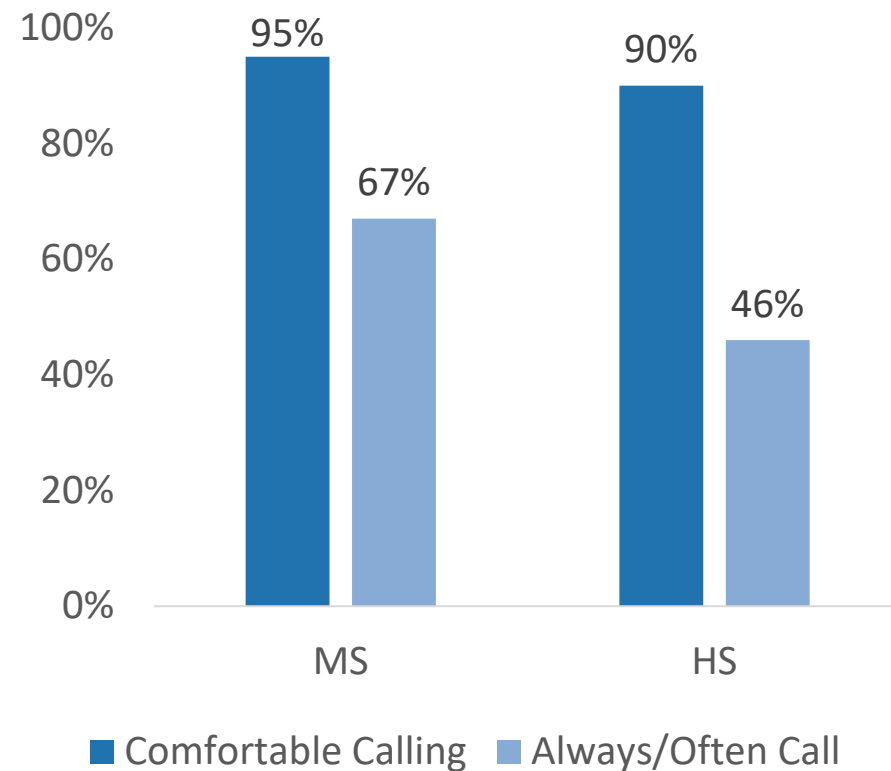


Parent behaviors in Trumbull support substance use prevention efforts.

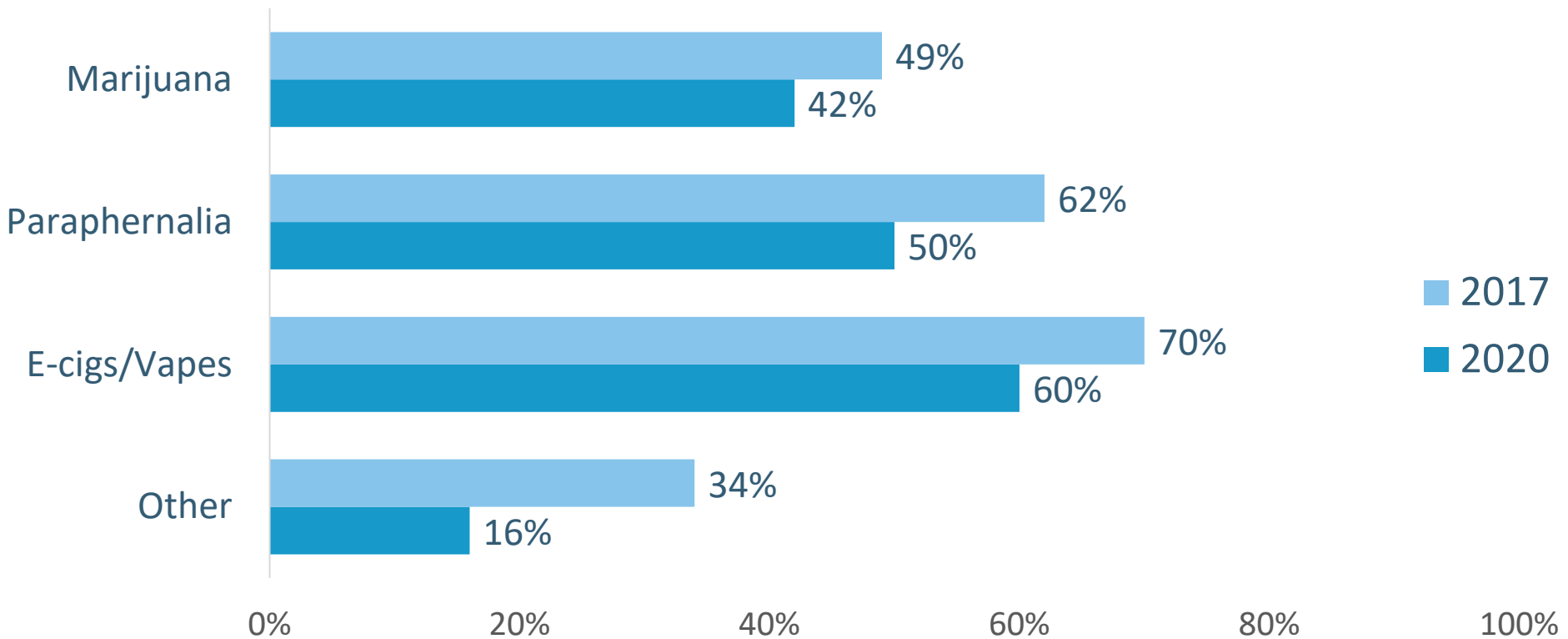
Parents report high levels of monitoring

- ✓ Home/awake when child gets home
- ✓ Talk about harmful effects
- ✓ Know where child is when out
- ✓ Take steps to ensure no underage drinking at home
- ✓ Take steps to ensure no access to alcohol or RX drugs from home

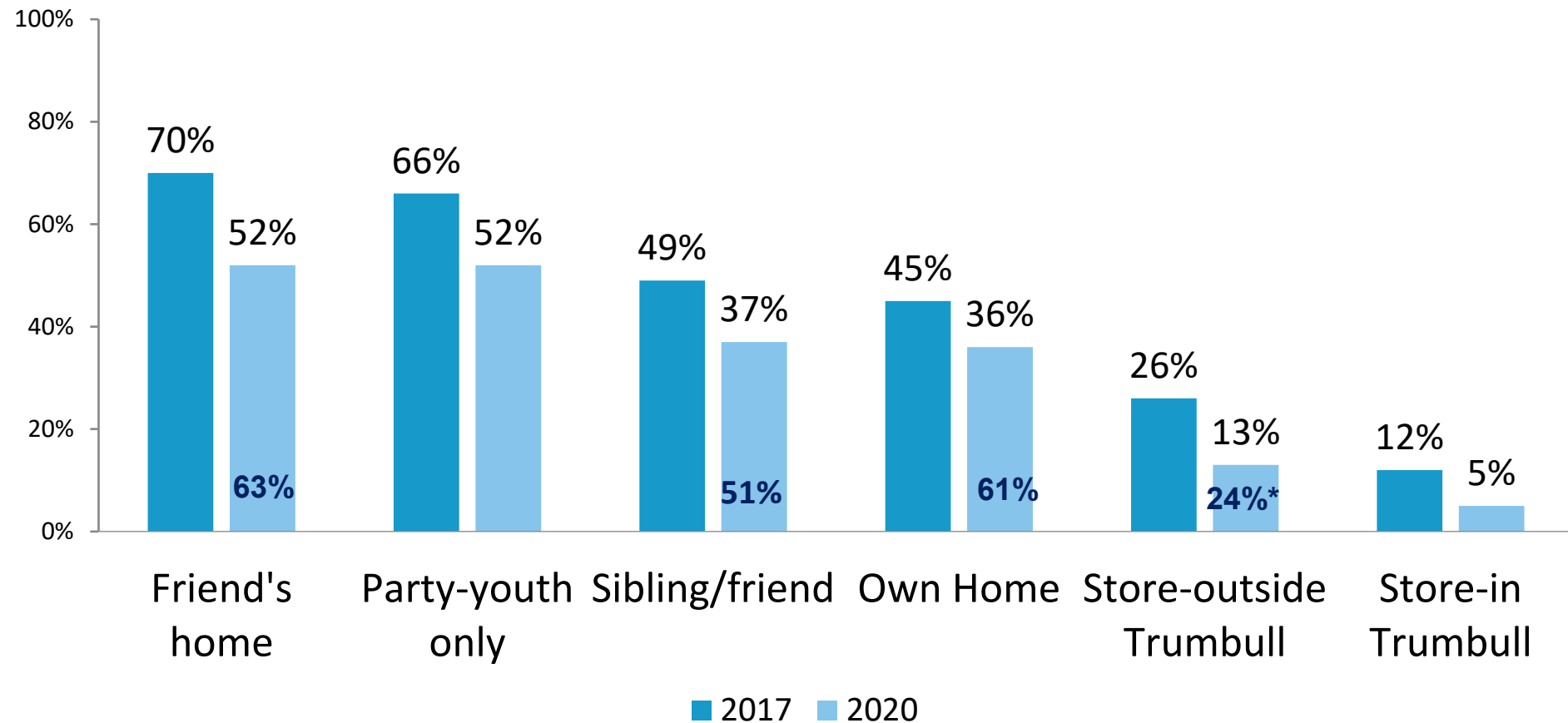
Parents “comfortable” calling to check in with other parents; fewer report doing so.



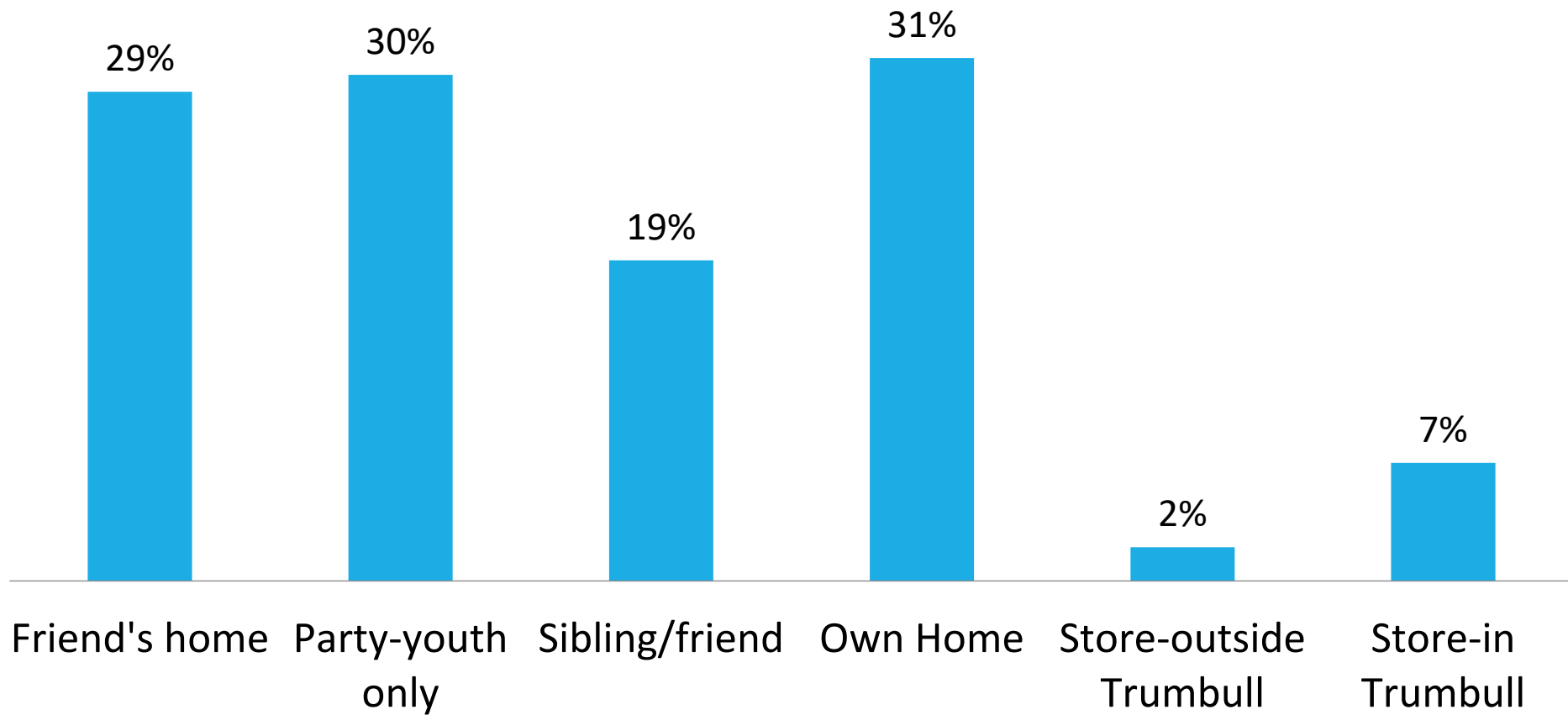
High school parents' perception of **easy** access to marijuana, vapes and paraphernalia declined since 2017.



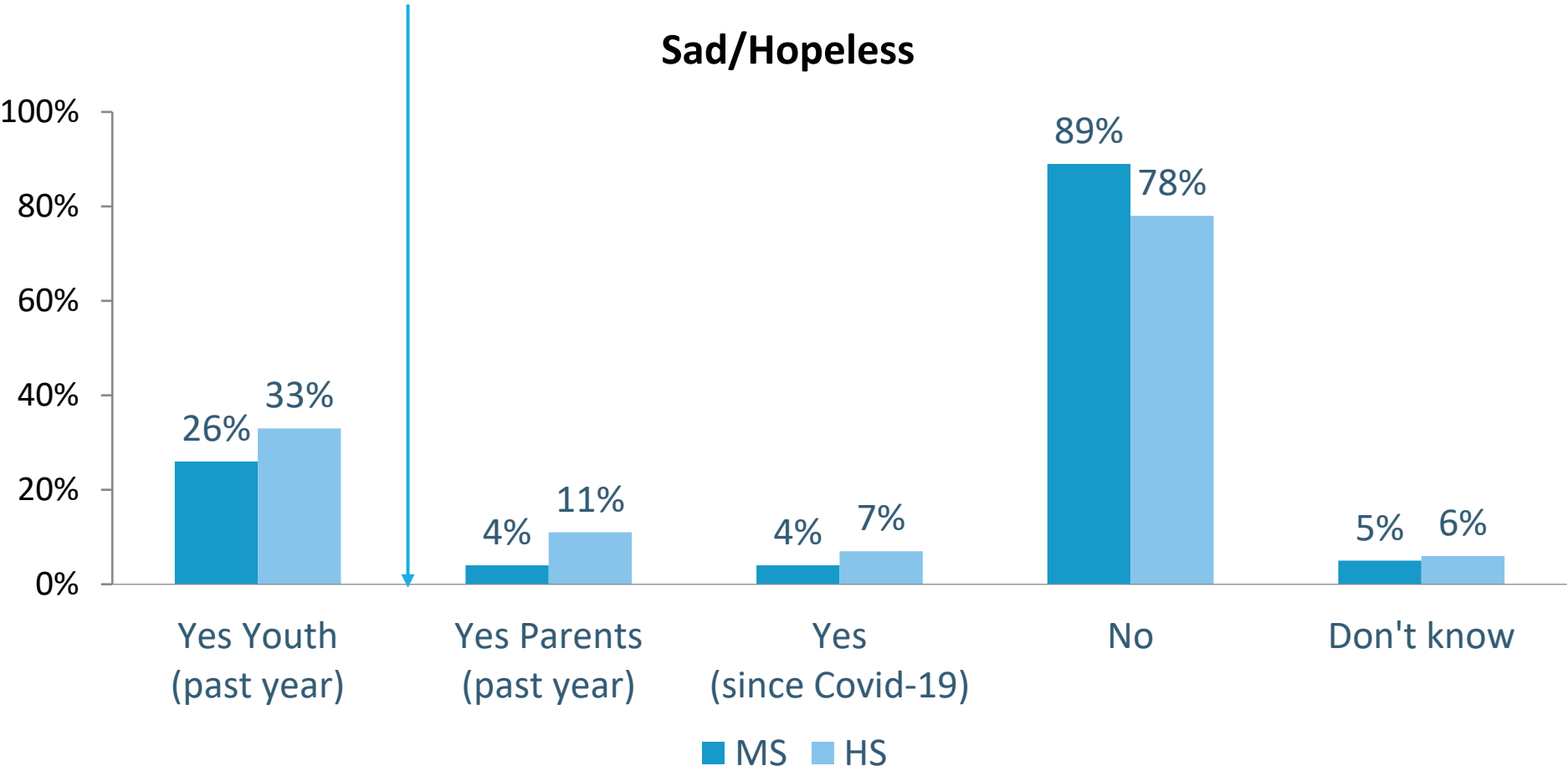
Access: where parents believe high school youth obtain alcohol.



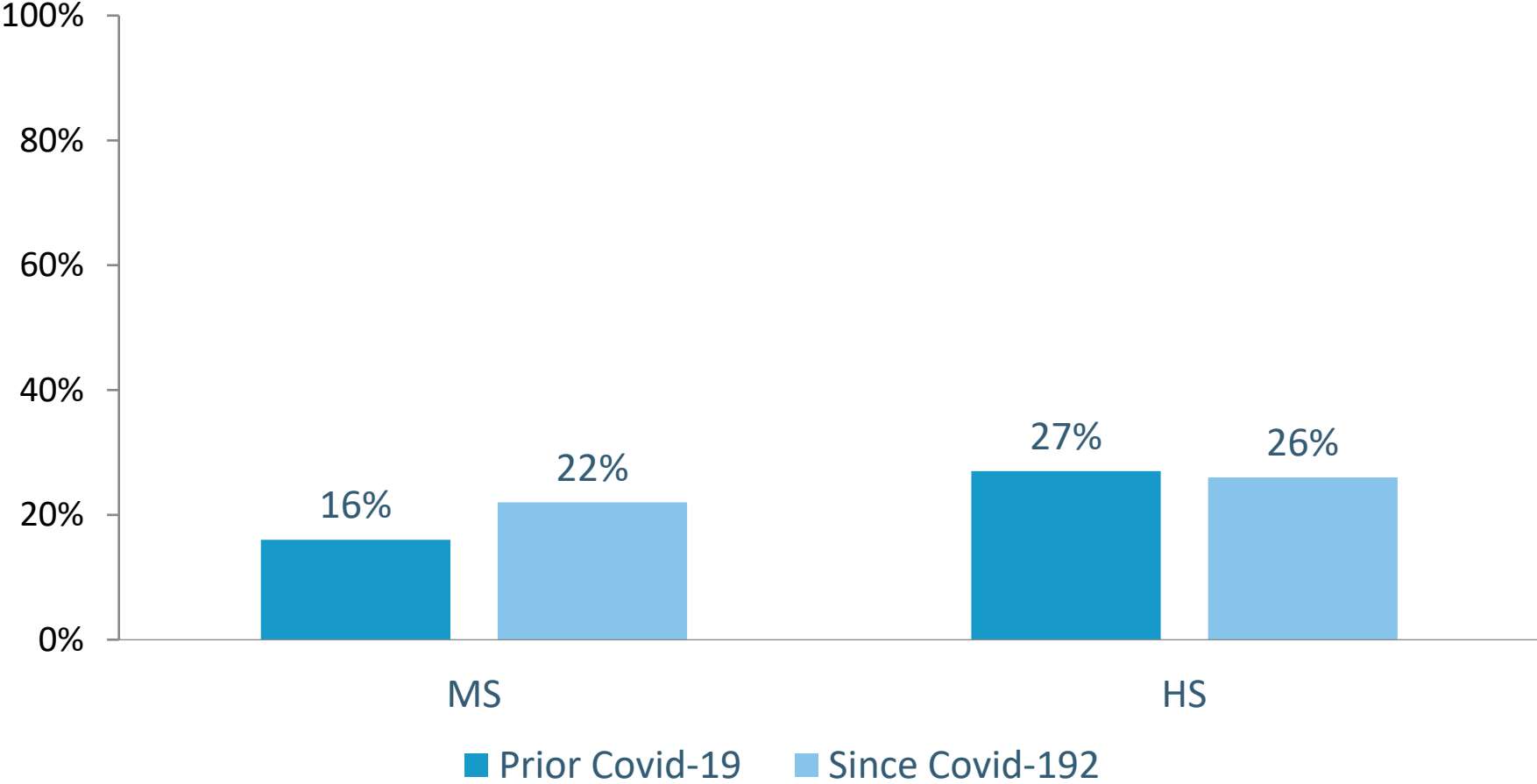
Access: where parents believe middle school students obtain alcohol.



Parent Perception of Students' Mental Wellness is mostly positive .

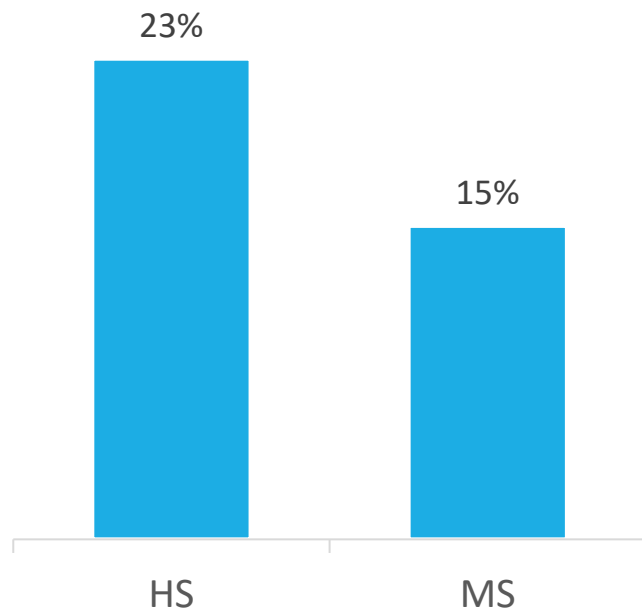


Parental concern about their child's day-to-day stress increased among MS parents since Covid -19.

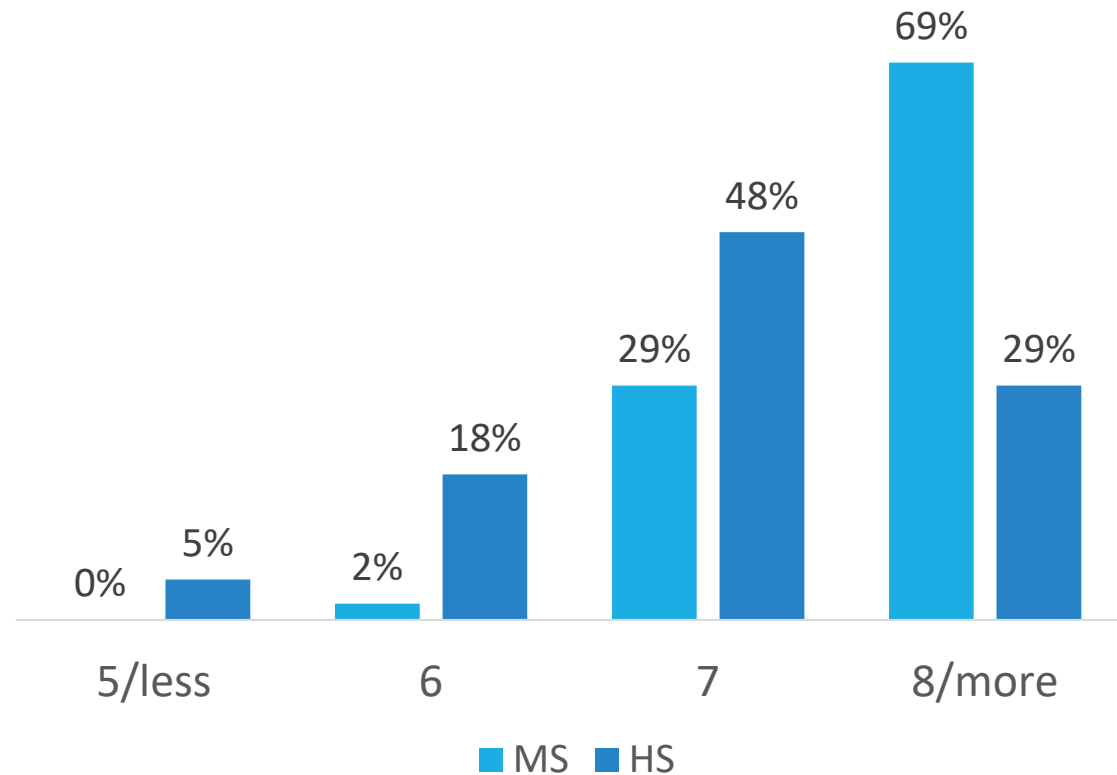


Almost one-quarter of HS parents concerned with child's amount of sleep; less than 30% get at least 8 hours/night.

How concerned are you about amount of sleep your child gets?



How much sleep per night?



Takeaway Messages

- Prevention Works – community collaboration makes it happen
- TPAUD is a known resource in the community
- Trumbull parents report strong family norms to prevent youth substance use
- Perception of access between parents and youth does not align
- Smoking marijuana has become more accepted in the community
- Youth report much higher levels of sadness/hopelessness in past year than their parents