



TPAUD Coalition Meeting

October 16th, 2024 @ 8:00am

Hybrid (Trumbull EMS & Zoom)

Attendees (In-Person): Gillian Anderson, Colin Bassett, Nina Chanana, Jennifer Ellyson, Tim Hare, Melissa McGarry, Dennis McLaughlin, Julia McNamee, Cornelia Morris, Stacy Murphy, Jordyn Nappi, Kiersten Naumann, Joanne Orenstein, Melissa Roberto, Dave Rutigliano, Jessica Samuolis, Lara Walden

Zoom: Lori Hayes-O'Brien, Scot Kerr, Amanda McGeeghan

1. Introductions & Partner Updates:

- a. Tim Hare invites all to attend the Blessing of the Animals at Trumbull Congregational Church on Sunday (10/20) at 3pm. The event will include pet adoption and Sunday School-made dog toys will be available for purchase.
- b. Next week is Red Ribbon Week at the middle schools. TPAUD provided support through:
 - i. Development of scenario-based, grade-level specific refusal skills activity for use during Advisory,
 - ii. Purchasing RRW photo backdrops for each school,
 - iii. Providing positive social norming facts from TPAUD student survey for morning announcements,
 - iv. Providing YAY video to introduce RRW.
- c. TPAUD will offer drop-in Narcan training, free Narcan and lockboxes at Drug Take Back Day (10/26 from 10-2 at TEMS).
- d. CatalystCT The Hub released a Request for Proposals for cannabis prevention (\$28.5k per year for 2 years). Two grant have will be funded for Region 1 (Greenwich to Stratford). TPAUD intends to apply, possibly in collaboration with neighboring towns.

2. Gillian Anderson – My Friend Abby Update

- a. My Friend Abby received a Trumbull ARPA Non-Profit Grant of \$12,500 for mental health projects in Town through 6/30/25. Planned Town ARPA Non-Profit Grant activities include speakers, Peer Project grants, and Community Projects for young adults.
- b. THS MFA Club: will kick off at THS on Friday, 10/25 with an afterschool speaker event (Johnny Crowder). The club will include students previously involved in YAY and S.A.V.E. Promise, plus interested new members. Club advisor is Darsi Baer.
- c. TPAUD and MFA intend to co-sponsor an event featuring SHU's Executive Director of Wellness Services James Geisler, to promote his Thrive Year 1: The Essential Mental Health Workbook for First-Year College Students.

3. Community/Family Education:

- a. THS 9th Grade Forum: Planning is underway for the THS 9th Grade Forum (11/19). Coalition members are encouraged to volunteer.
- b. Coalition members discussed priorities for programming, including:
 - i. Screenagers Under the Influence
 - ii. Technology and Our Kids
 - iii. Today's Cannabis
 - iv. Liz Jorgensen – Issues facing young men

- v. Other potential topics included parent communication with middle school kids, middle school bullying, strategies for transitioning from 5th to 6th and 8th to 9th grades, re-envisioning middle school “puberty nights”, Parent University series, Delay ‘Til 8th cell phone initiative.
 - 1. Stacy Murphy will do some info gathering before next coalition meeting.
 - 2. Jordyn Nappi will look into mental health focused middle school clubs for potential push-in opportunities.

- 4. TPAUD Strategic Planning for 2025 – Planning for prevention across the lifespan; Nina Chanana will lead the coalition through a strategic planning exercise during the December and January coalition meetings.

Upcoming Dates:

10/17 – CT Prevention Summit, 8-3:30, West Hartford

10/23 – 10/30 – Red Ribbon Week at HMS and MMS

10/25 – My Friend Abby “Share Your Light” event, 7pm at Two Roads

10/26 – Drug Take Back Day and Drop-In Narcan, 10-2 at Trumbull EMS

11/19 – THS 9th Grade Forum

2024-25 Coalition Meeting Dates: November 20, December 18, January 15, February 19, March 19, April 16, May 21, June TBD