



# TRUMBULL'S PREVENTION PARTNERSHIP

## 2020 INFO BRIEF

### OUR MISSION

TPAUD's mission is to engage and mobilize youth, parents, and community partners to reduce alcohol and drug use, foster social/emotional health, and build a safe and healthy community.

### PROFILE OF OUR YOUTH & FAMILIES

Our surveys examine practices and attitudes related to substance use and other risky behaviors, as well as perceptions of school, family and community, mental health, and social supports.

#### Trumbull is on the right track...



**Our efforts to build a strong foundation for our youth are working.**

- The majority of our teens know where to get help if they have a concern or problem.
- Trumbull parents are setting rules and expectations around alcohol & drug use, and modeling responsible behaviors.

**Trumbull youth are making healthier choices.**

**ALCOHOL**  
37% TO 13%



**BINGE ALCOHOL**  
26% TO 6%



**VAPING**  
11% TO 8%



**MARIJUANA**  
13% TO 8%



**Rx**  
4% TO 3%



**Family Norms in Trumbull Support Prevention**

- Our surveys examine practices and attitudes related to substance use and other risky behaviors, as well as perceptions of school, family, community, and mental health.
- Most students feel their teachers and classmates care about them.

#### But there are still challenges ahead...



Academics cause youth **high to extreme levels** of stress in their day to day lives.



1 in 3 Trumbull high school youth report they felt **sad or hopeless for 2 weeks or more** and stopped doing some usual activities in the past year.



Low perception of harm and behaviors around youth marijuana use are concerning. 1 in 5 Trumbull seniors reported **driving a car under the influence of marijuana.**



**Access to alcohol** continues to be reported as **'easy'** by Trumbull teens. The majority of high school youth report getting alcohol from their home or a friend's home.

# OUR PARTNERS

Trumbull Public Schools  
Trumbull EMS  
Mary J. Sherlach Counseling Center  
Trumbull School Nurses  
Trumbull Police Department  
Trumbull Social Services  
Trumbull PTSA Council  
Trumbull Community Television  
Trumbull Health Department  
Parents  
Madison Middle School SAVE Promise Club

Local and State Elected Officials  
Lakewood Trumbull YMCA  
Trumbull Congregational Church  
My Friend Abby  
The C.A.R.E.S. Group  
The Progressive Institute  
Turnbridge  
The Hub  
Pharmacies  
Liquor stores and restaurants  
Faith Leaders

## OUR ACCOMPLISHMENTS



Secured more than \$1.88 million in federal and state prevention grants for Trumbull.  
Collected student and parent survey data since 2007.



Supported curriculum development and implementation in grades 4-12.  
Developed prevention materials, presentations, and trainings for community, educators, elected officials, police, retailers, parents, and students.  
Informed local and state-wide policy changes.



Implemented Medication Drop Box and safe prescription storage tools and education.  
Supported local law enforcement activities.

## HOW TO GET INVOLVED

To learn more about TPAUD and how you can become a coalition member or support our efforts please visit our website or contact us directly.

## CONTACT INFORMATION

TPAUD Trumbull's Prevention Partnership  
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www.TPAUD.org



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## WHAT YOU CAN DO



Help your kids develop an exit strategy if they are feeling pressured to drink, vape, or use drugs.



Create a space and time when your child will feel comfortable talking to you if they are having a problem.



Be a role model to your child and consider the behavior you are modeling when it comes to alcohol, marijuana, and prescription medication.



Lock up any alcohol in your home. Most Trumbull kids who drink report getting it from their home (68%) or a friend's (66%).



Monitor what kids are going in your home or on your property. Trumbull youth report drinking at home (72%) or other homes (65%) most often.