



## **TPAUD Coalition Meeting**

May 11<sup>th</sup> 8:00am

Trumbull EMS

Attendees: Gillian Anderson, Nina Chanana, Lily Cores, Sam Cousins, Scott Duva, Jennifer Ellyson, Wynn Gadkar-Wilcox, Leigh Goodman, Sarah Greenblatt, Tim Hare, Lori Hayes-O'Brien, Mary Isaac, Sue Jacozzi, Scot Kerr, Reshma Kode, Cat Lamy, Melissa McGarry, Dennis McLaughlin, Dr. Cornelia Morris, Kiersten Naumann, Lisa Nuland, Victoria O'Neill, Joanne Orenstein, Antonio Petitti, Marie Petitti, Melissa Roberto, David Rutigliano, Jessica Samuolis, Dr. Martin Semmel, Vicki Tesoro, Steph Vaughn, Lara Walden, Erin Wilkes

1. Introductions & Partner Updates
2. Coalition Mission & Expectations – Lori Hayes-O'Brien
  - a. CADCA's definition of a coalition: *"formal, voluntary arrangement for collaboration among groups or sectors of a community, in which each group retains its identity, but all agree to work together toward the common goal of a safe, healthy, and drug-free community."*
  - b. TPAUD's mission: *TPAUD, Trumbull's Prevention Partnership is a community coalition dedicated to engaging and mobilizing youth, parents and guardians, and community partners to prevent youth alcohol and drug use, foster social/emotional health, and build a safe and healthy community.*
  - c. Lori reviewed the evolution of TPAUD's mission and focus since its inception in 2006. Focus has shifted from prevention of underage drinking to include marijuana, vapes, and prescription drugs. For many years, community partners have advocated for TPAUD to include mental health promotion. Recent changes in our grants have allowed TPAUD to expand our work.
  - d. Lori reviewed duties and expectations of coalition members and leadership, and offered new Coalition Involvement Agreements to all attendees.
3. Prevention 101 Refresher – Nina Chanana: Nina reviewed SAMHSA's Strategic Prevention Framework (SPF), a public health model used by coalitions to understand and address substance misuse and related behavioral health problems. The SPF is a 5-step process to address risk and protective factors, guided by the principles of Cultural Competence and Sustainability. The process relies on data collection; one such tool is TPAUD's Student Survey, adapted from state/national survey tools. The survey is reviewed and approved by the BOE Curriculum Committee and by a vote of the full Board of Education. Nina, as an outside evaluator, ensures adequate sample size, data quality, neutrality, etc.
4. Current Prevention Efforts
  - a. EMS Update – Chief Leigh Goodman: spoke about how the collaboration with TPAUD has helped make Trumbull EMS a leader in the state. As a result of her participation in the coalition, she was inspired to write a new EMS protocol for CT to allow EMS to use non-opioid IV Tylenol on ambulances; prior protocols only permitted opioids. She also spoke of the current plans for Trumbull EMS to be the first department in the state to pilot leaving Naloxone at the homes

where they respond to a suspected opioid overdose; this came about as a result of collaboration with TPAUD and The HUB. Chief Goodman stressed the importance of focusing on mental health resources/support and suicide prevention.

- b. Let's Talk Mental Health, Trumbull – Kiersten Naumann:
  - i. The 4<sup>th</sup> presentation, “Building Resilience in the Tik Tok Generation” with Kristin duBay Horton, MPH, is scheduled for June 2<sup>nd</sup>.
  - ii. The first three workshops are available to watch at <https://www.tpaud.org/let-s-talk-mental-health-trumbull>
  - iii. Evaluations have been positive, attendance averages about 50 per presentation.
- c. Youth Mental Health First Aid Training – Kiersten Naumann: 14 ppl registered for May 11<sup>th</sup> & 12<sup>th</sup> virtual training, including TPAUD members and one school administrator.
- d. Marijuana Education Campaign Update – Kiersten Naumann: waiting on a proposal from Katie Gallo to develop four postcards and accompanying social media posts on potency, negative mental health outcomes associated with youth marijuana use, dangers of driving under the influence of marijuana, and negative academic outcomes associated with youth marijuana use.
- e. Medication Lockbox Giveaway – Kiersten Naumann: partnering with the Health Department and Senior Center/Social Services to provide free lockboxes to community. Joanne Orenstein offered the YMCA as another option, and it was suggested we look into offering lockboxes during the high school recycling drives. TPAUD also offered lockboxes to school nurses to provide to families to safely store student medications over the summer.
- f. “You Think You Know” Campaign Expansion – Melissa McGarry: Used State Opioid Response grant funding to collaborate regionally to continue/expand the “You Think You Know” counterfeit medication education campaign. \$787 bought: three-story ad at SoNo Mall, bus advertising, and geofencing.
- g. Enforcement: party patrols, Post Prom – Melissa McGarry: Police will be restarting party patrols and TPAUD will provide funding for police at Post Prom, as we have in the past.
- h. Legislative Updates – Dave Rutigliano: In the recent session, a bill passed that will provide significant funding and resources for mental health in schools. Also, Dave wrote language into HB5329 that places more stringent restrictions on cannabis advertising; the bill also closes loopholes that currently allow cannabis gifting markets.
- i. Recent presentations – Melissa has been a featured speaker at multiple statewide meetings on CT's adult-use marijuana law (CT Assoc of Prevention Professionals and The Commission on Women, Children, Seniors, Equity, & Opportunity at the CT General Assembly). In addition, Melissa was part of a panel who presented the “You Think You Know” campaign on a webinar offered by the NE Prevention Technical Transfer Center Network to prevention professionals nationwide.

#### Upcoming Events:

- May 11<sup>th</sup> & 12<sup>th</sup> - Youth Mental Health First Aid Training
- May 26<sup>th</sup> – MMS Health Fair
- June 2<sup>nd</sup> – Let's Talk Mental Health, Trumbull! “Building Resilience in the Tik Tok Generation” with Kristin duBay Horton, MPH
- June 3<sup>rd</sup> – THS Prom
- July 1<sup>st</sup> and 2<sup>nd</sup> – Trumbull Day

2021-22 Meetings – Year-End Celebration on June 8<sup>th</sup>