



TPAUD Coalition Meeting

March 9th 8:00am

Trumbull EMS

Attendees: Nina Chanana, Sam Cousins, Scott Duva, Jennifer Ellyson, Leigh Goodman, Tim Hare, Lori Hayes-O'Brien, Scot Kerr, Reshma Kode, Cat Lamy, Isa Lee, Michael Lombardo, Melissa McGarry, Julia McNamee, Cornelia Morris, Kiersten Naumann, Joanne Orenstein, Melissa Roberto, Dave Rutigliano, Jessica Samuolis, Sabrina Seymour, Steph Vaughn, Lara Walden

1. Introductions & Partner Updates

a. Trumbull Congregational Church's Process to be Open & Affirming – Tim Hare:

i. After a long process that included multiple conversations with church members, leaders and leadership of other Open & Affirming congregations, panel discussions, and guided by the Open & Affirming Coalition of the United Church of Christ, Trumbull Congregational Church has affirmed itself as an Open & Affirming Congregation. The Church's Open & Affirming statement reads: Guided by Jesus Christ who summarized the demands of faith saying, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind... and you shall love your neighbor as yourself," we the Trumbull Congregational Church declare ourselves Open and Affirming. We welcome people of any age, race, gender identity and expression, sexual orientation, economic status, marital status, physical, emotional and mental capacity, and those in traditional and non-traditional families as equally valued members of our community and unique expressions of God's image. In keeping with the priorities of the United Church of Christ and the Southern New England Conference we covenant with one another to extend a loving Christian welcome to all to participate fully in the life of our church – its worship, sacraments and blessings, its leadership, stewardship and fellowship, its mission and its ministries. Whoever you are and wherever you are on life's journey you are welcome here.

2. Language Matters – Melissa McGarry: Language around substance use is evolving to be recovery friendly, positive, and centered on the individual, not the disease. Suggested language recommended by the CT Alcohol and Drug Policy council is attached.

3. Legislative Updates – Rep. David Rutigliano

- a. Yesterday was the public hearing for HB 5329, AN ACT CONCERNING CANNABIS TRANSFER, CANNABIS ADVERTISEMENTS AND RECOMMENDATIONS BY THE SOCIAL EQUITY COUNCIL CONCERNING CANNABIS. Trumbull residents can email their legislators to express their support or opposition to all or parts of the bill before next week.
- b. Dave reported that the state's gambling hotlines have been overwhelmed since the state legalized online sports betting – opportunity to include a speaker on sports betting legalization/gambling addiction/gambling and mental health in Let's Talk Mental Health, Trumbull speaker series.

4. Ongoing Coalition Efforts

- a. Let's Talk Mental Health, Trumbull:

- i. Recording of Valerie Barton is available at <https://www.tpaud.org/let-s-talk-mental-health-trumbull>
- ii. Dr. Alicia Farrell will be presenting “The Pressure to be Perfect and it’s Unintended Consequences” next Wednesday, 3/16 on zoom. Register at <https://tinyurl.com/2p89fa6j>
- iii. After each session all registrants receive an email including the recording of the webinar, an evaluation link and a link to register for the upcoming presentation.
- iv. April’s speaker will be Cadence Pentheny of Triangle Community Center on supporting mental health of the LGBTQ+ community.
- b. Marijuana Education Campaign – Kiersten Naumann: The second video is now posted at <https://www.tpaud.org/let-s-mentionprevention-marijuana> and on the TPAUD Facebook page. Lara will run on TCTV.
- c. Narcan Trainings:
 - i. Last week Leigh trained all Trumbull school nurses. All nurse offices will have a Narcan kit available for use in an emergency.
 - ii. TPAUD and Trumbull EMS are offering a Community Narcan Training on April 7th at EMS. Register at <https://tinyurl.com/2cdwzuku>.
- d. You Think You Know Campaign expansion:
 - i. TPAUD will support regional expansion of You Think You Know campaign to raise awareness of the campaign and drive traffic to the website. Paid advertising will include bus ads, banner ads, geofencing and digital & traditional signage throughout Fairfield County. Total cost is over \$17,000, but cost for TPAUD will be less than \$800.
 - ii. TPAUD is part of team presenting the campaign to during an upcoming webinar of the New England Prevention Technology Transfer Center, the regional center that provides technical assistance to prevention coalitions across New England.
- e. Support of Prevention at St. Joseph HS: Melissa met with St. Joe’s last week and offered support of prevention efforts including Narcan training for administration and health/wellness and coaching staff, access to the If They Had Known documentary for seniors, student surveys, etc.
- f. Youth Ambassadors:
 - i. Reshma has sent an access to mental health support flowchart to Dennis McLaughlin for review by admin and staff.
 - ii. Nina will present student survey results at the next Youth Advisors meeting (Sunday, 3/13); youth advisors will develop a social media result distribution plan.
- g. Other:
 - i. Jessica suggested a Summer Viewing list for parents to include LMP marijuana and vaping videos, Positive Choices, Health Kids videos, etc.
 - ii. Jessica asked if TPAUD can offer to fund a stipend for SROs or another certified instructor to deliver the Keepin’ It Real Curriculum in the absence of SROs.

2021-22 Coalition Meeting Dates: Apr. 13th, May 11th, June 8th

Upcoming Events:

- 3/13 at 5pm – Youth Advisors Meeting
- 3/16 at 7pm – Let’s Talk Mental Health Speaker Series – “The Pressure to be Perfect and its Unintended Consequences” with Dr. Alicia Farrell on Zoom
- 3/19 at 11am – St. Paddy’s Pastors Plunge at Pinewood Lake, fundraiser for My Friend Abby
- 3/21 at 8-11am – Dr. Wiener’s presentation on Marijuana and Mental Health, TPS Professional Development Day

- 4/7 at 7:30pm – Community Narcan Training
- 4/22 at 10-11am – TNAC Trail Tales about mental health for ages 3-6 and caregivers
- 4/24 at 10am-1pm – Lakewood Trumbull YMCA's Healthy Kids Day at the Outdoor Center
- 4/28 at 6:30pm – HMS Incoming 6th Grade Parent Night