



TPAUD Coalition Meeting

September 21st 8:00am

Trumbull EMS

Attendees: Nina Chanana, Lily Cores, Krystina Dawson, Deirdre Ekholdt, Sujata Gadkar-Wilcox, Wynn Gadkar-Wilcox, Andria Gerrold, Chief Leigh Goodman, Sarah Greenblatt, Lori Hayes-O'Brien, Sue Jacozzi, Scot Kerr, Reshma Kode, Cat Lamy, Chief Michael Lombardo, Melissa McGarry, Julia McNamee, Dr. Cornelia Morris, Kiersten Naumann, Jeff Rago, Melissa Roberto, Dave Rutigliano, Jessica Samuolis, Sabrina Seymour, Lara Walden, Erin Wilkes

1. Introductions & Partner Updates

2. Reporting of Prevention Efforts

a. Summer activities:

i. Marijuana Education, town moratorium:

- TPAUD sent a series of four marijuana education postcards to town residents.
- The town Planning & Zoning Commission extended the moratorium on marijuana retail stores for another year.

ii. Empowering (You)th Training and Prevention Leadership:

- TPAUD and Trumbull EMS offered a training for high-school and college-aged youth to provide them with skills to help themselves or a friend or family member with substance use or a mental health crisis.
- In June, TPAUD brought three THS students to The Governor's Prevention Partnership's Future Prevention Leaders Conference.

iii. Narcan Leave Behind Pilot: Piloting new CT voluntary EMS protocol, Trumbull EMS has begun the practice of providing a free Narcan kit with overdose prevention and Narcan administration information at the scene with anyone at risk of having or having to reverse an overdose.

iv. Sustainability: In the list of suggested items for ARPA funding, the First Selectman has recommended \$160,000 to sustain TPAUD for two years after the DFC grant expires in 2024. All coalition members are encouraged to vote for TPAUD on the town's website.

v. THS Collaborations: TPAUD staff met with TPS and THS Administration on a variety of topics including improvements and increased THS buy-in to the 9th Grade Forum and opportunities for TPAUD to continue prevention programming in the health curriculum throughout all four years of high school. TPAUD staff is also working toward positive school climate at the high school as members of the THS Safe Climate Committee.

b. Current activities:

i. THS 9th Grade Forum: Forum is scheduled for Nov. 9th. Coalition members are needed to assist with pre-event planning, folder stuffing and on the night of the Forum.

ii. Youth Advisors planning and recruitment: Current YAY members have identified their priorities to include new member recruitment, outreach via social media (Instagram), and expanding their push to promote mental health resources around THS.

- iii. Let's Talk Mental Health: In September Jodi Aman spoke about strategies to cope with anxiety. October's presenter is Laura Stack. Laura, who lost her son to suicide after a psychotic episode from high-potency marijuana, has made it her mission to educate other parents about the dangers of today's marijuana. Some coalition members suggested topics for upcoming installments, including consequences and dangers of social media and a panel of mental health care providers to demystify treatment options.
 - iv. Health curriculum support: TPAUD continues to support and inform the TPS health curriculum. Some examples – The Let's Talk About series for 6th graders, presentations to 7th grade health classes, Johnny's Ambassador's marijuana worksheets for use in 10th grade and providing two videos for Senior Seminar.
 - v. Glorious Recovery collaboration: TPAUD is supporting Glorious Recovery's development of an app to coordinate calendars of recovery-friendly events throughout the state. The app will include prevention materials and info.
 - vi. TPD collaboration:
 - TPD offered a Dept. of Consumer Protection information event for Trumbull liquor retailers.
 - TPD is collaborating with Triangle Community Center and TCTV on a video to assist officers with LGBTQ+ issues encountered on duty.
 - Chief Lombardo is in the process of writing a job description for a part-time social worker to follow-up after calls to support individuals/their families and to offer case management.
 - vii. Rotary collaboration: Beth Stoller, Rotary President, has chosen youth mental health as her area of service during her tenure. Rotary supported the Annual Candle Light Vigil on World Suicide Prevention Day. Rotary also printed a brochure highlighting available mental health resources including My Friend Abby, the Mary J. Sherlach Counseling Center and TPAUD. TPAUD distributed the brochures at the high school and middle school back to school nights. A digital version will be shared with TPS families at all levels.
3. Coalition Processes: Executive Committee Member Scot Kerr reviewed proposed changes to bylaws and policies/procedures and called for a vote to approve. Coalition unanimously approved all as presented.
- a. Proposed Bylaws and Policies/Procedures
 - b. Workgroup structure, focus

Upcoming Events:

- 9/21: Lakewood/Trumbull YMCA Senior Wellness Fair
- 9/22: HMS & MMS Back to School Nights
- 10/17: Community Overdose Prevention & Naloxone Training
- 10/24: Let's Talk Mental Health, Trumbull, "The Dangerous Truth About Today's Marijuana and Teen Mental Health" with Laura Stack
- 11/9: THS 9th Grade Forum

2022-23 Meetings – 10/19, 11/16, 12/21, 1/18, 2/15, 3/15, 4/19, 5/19, June TBD