



TPAUD,  
Trumbull's  
Prevention  
Partnership

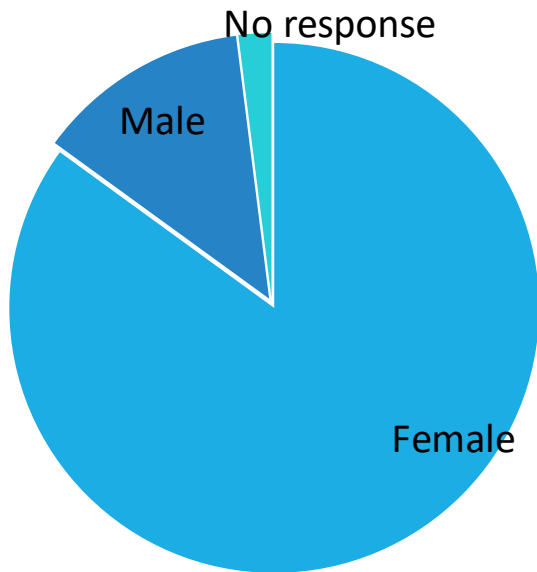
## **2024 Community Survey Results**

---

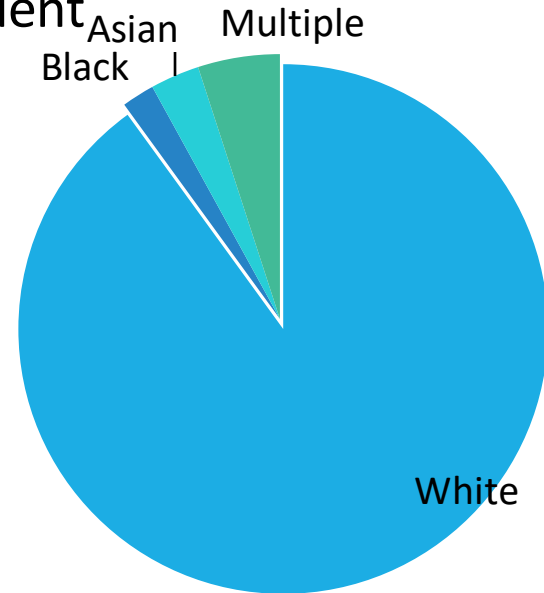
# Survey Details & Demographics

- 253 surveys were collected online January to March 2024
- 7 surveys were completed in Spanish
- 57% (n=133) have a child in grade 6 to 12

Gender of respondent

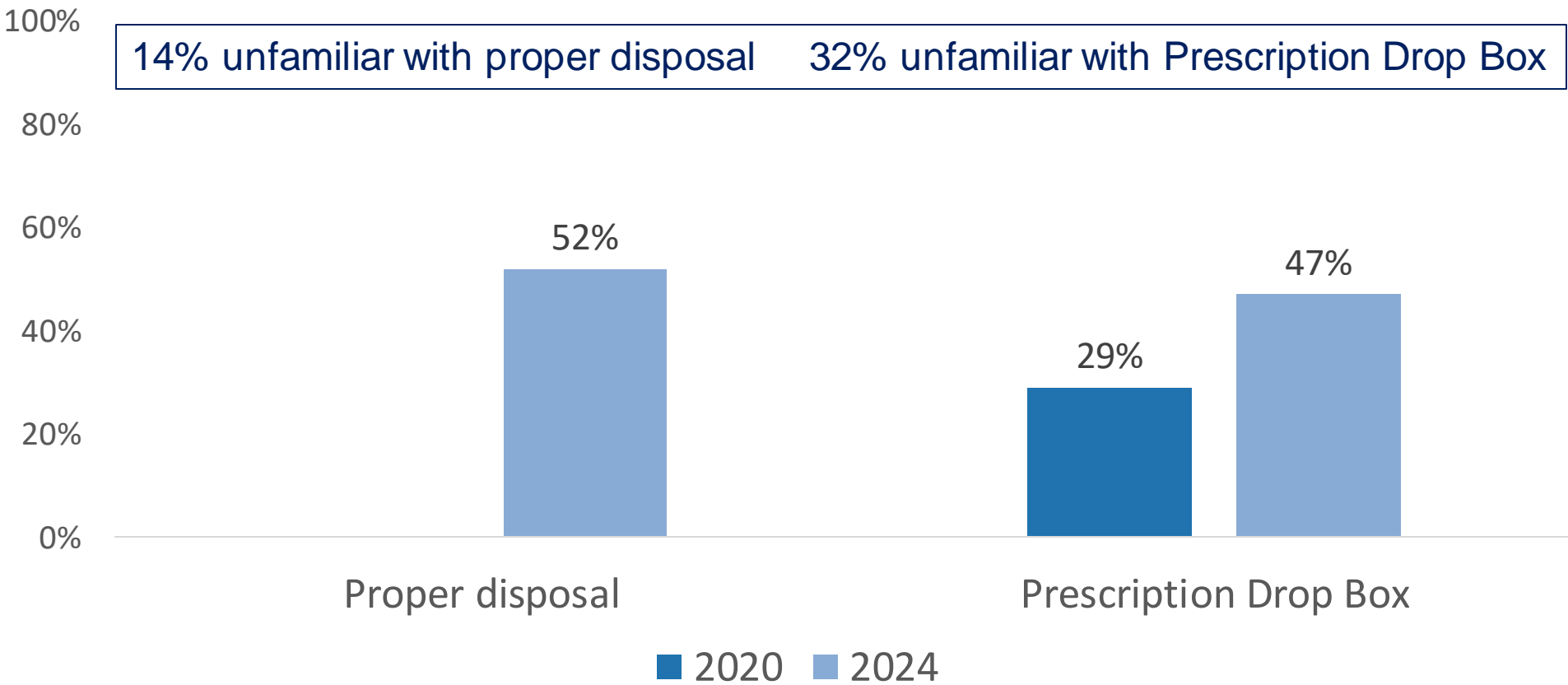


Race of respondent

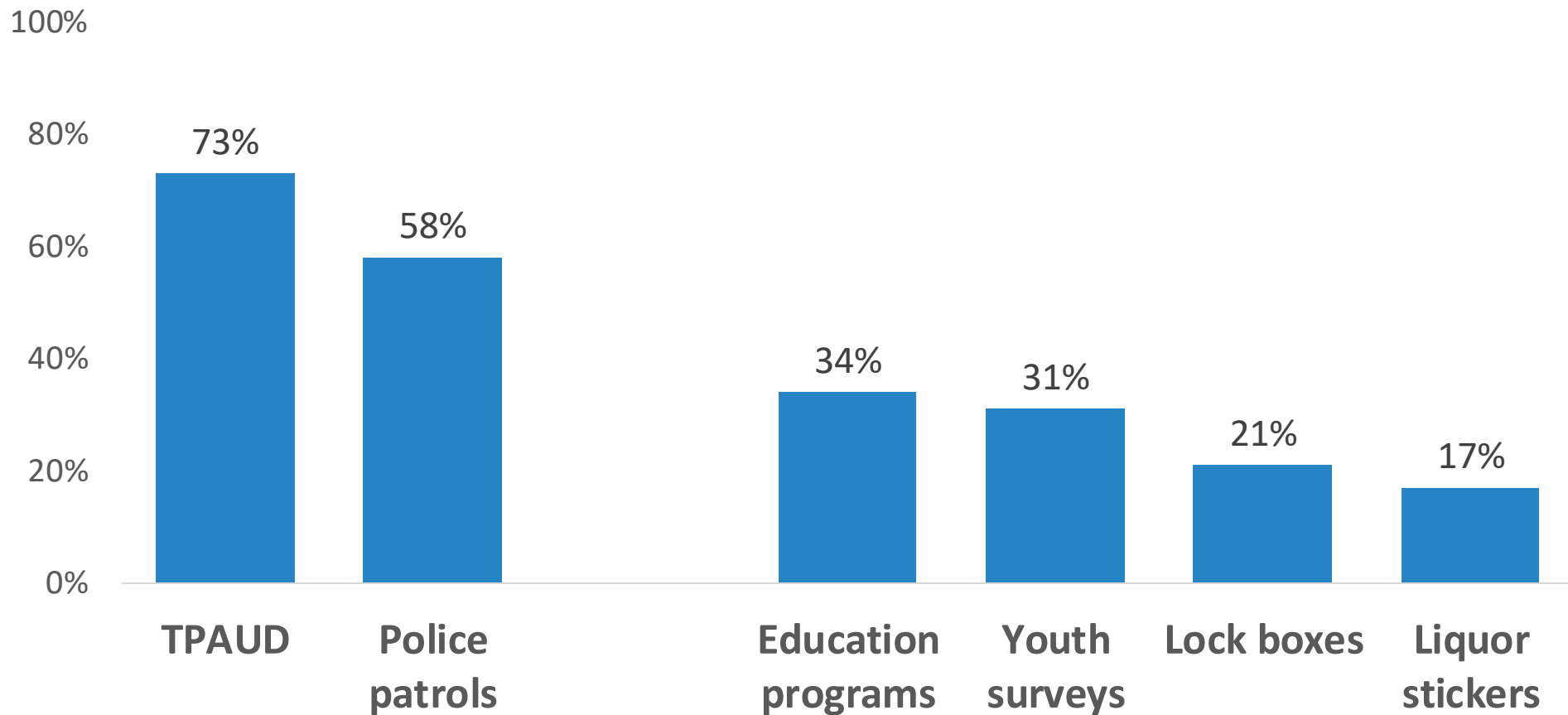


10% Hispanic

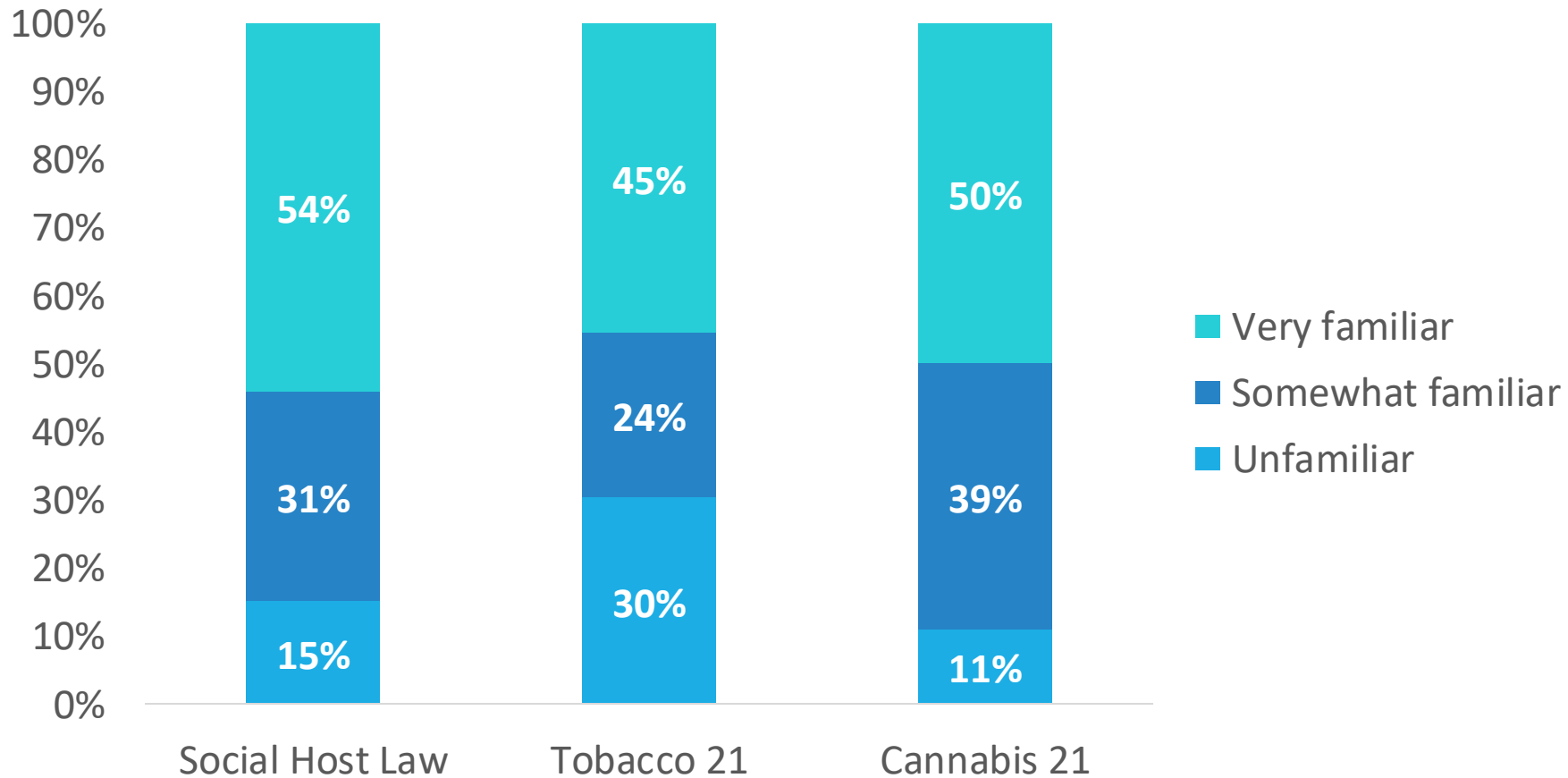
# % who are **very familiar** with proper prescription drug disposal & the Prescription Drop Box at TPD



# % who are aware of **TPAUD** & **TPD Patrols** & who are very familiar with **TPAUD** initiatives



# Level of knowledge on laws related to substance use



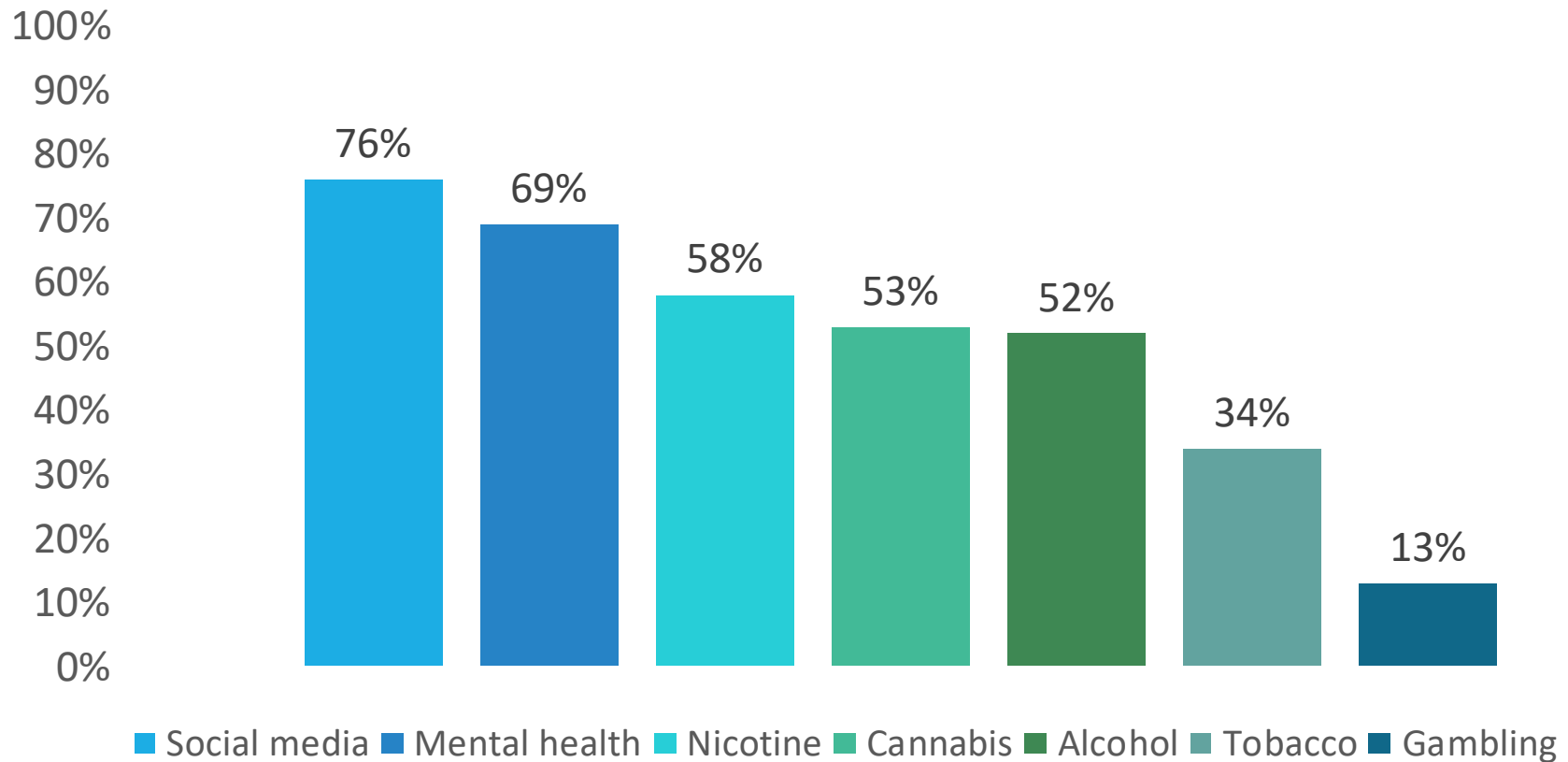
# Knowledge of Supports for Mental Health and Substance Misuse

Do you know where to go for help if...	Yes	No	Not sure
you are struggling with a <b>mental health issue</b> ?	70%	12%	18%
you are concerned about your <b>substance use</b> (i.e. alcohol, cannabis/marijuana, nicotine, etc.)?	47%	38%	16%

# Awareness of Available Community Resources

Which of the following services are you aware of that connects people in need to available resources? Multiple responses allowed	%
2-1-1	73
Crisis Text Line: 741741	19
National Suicide Lifeline: 988	56
Trumbull Social Services	43
Trumbull Food Pantry	70
Mary J. Sherlach Counseling Center	52
Trumbull Health Department	64
Trumbull Senior Services	53
TPAUD, Trumbull's Prevention Partnership	59
Other - *911, TSNAP, JRB, School counselors, Google searches/friends	*

# When considering Trumbull youth how concerned are you with... “Very concerned”





# Respondents have **strong support** for prevention.

- 91% believe it is **possible** to reduce alcohol and other drug problems through prevention
- 92% feel alcohol and other drug prevention programs are a **good investment** for the community

# Community norms around substance use are mixed.

- 31% feel drinking alcohol is a normal part of growing in
- 16% feel using marijuana is a normal part of growing up

# Adult and youth have a good understanding of the effects of substance use on the teen brain.

**I have a good understanding of:  
(Somewhat or Strongly Agree)**

**Adults  
(All ages)**

**Youth  
(7-12 grade)**

the effects that nicotine (includes vapes or pouches) has on the teenage brain.

92%

93%

the effects that using marijuana or THC products has on the teenage brain.

91%

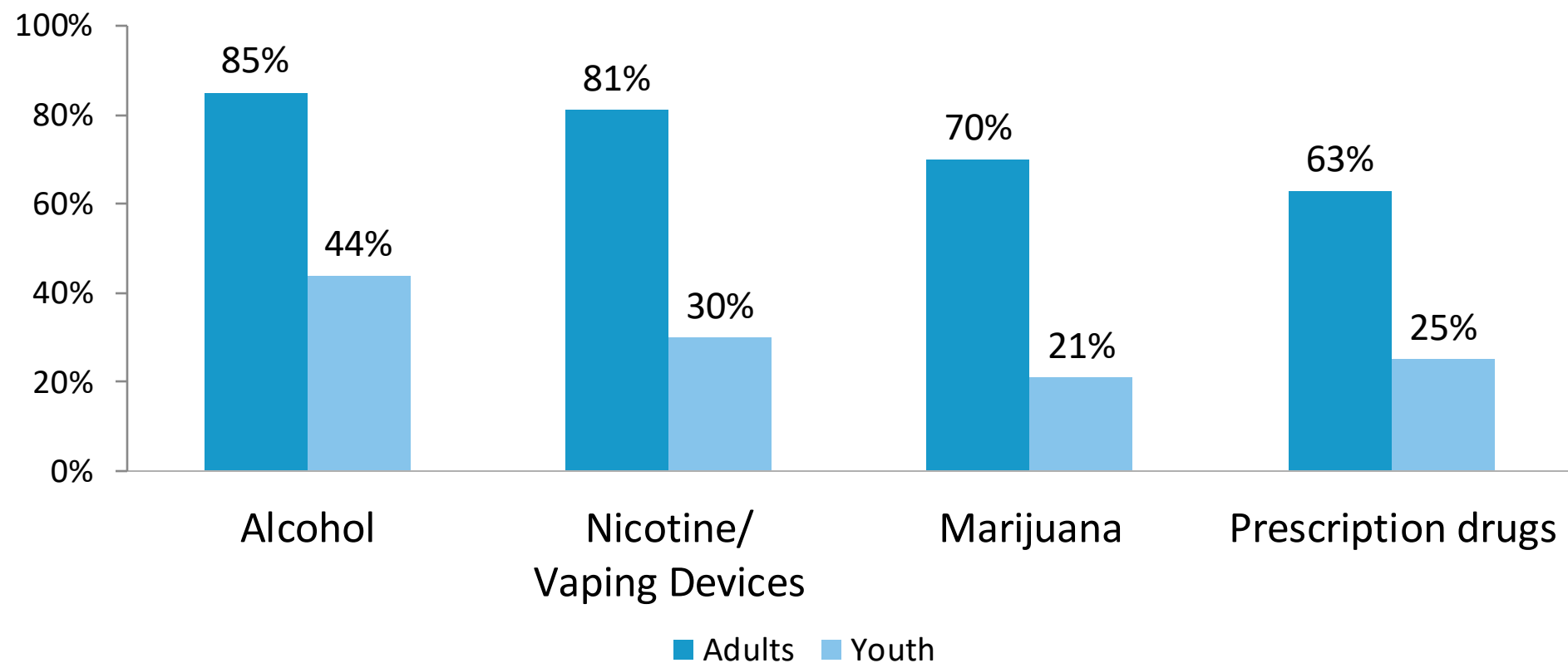
92%

the effects that drinking alcohol has on the teenage brain.

94%

93%

# How easy or hard do you think it would be for Trumbull youth to get...

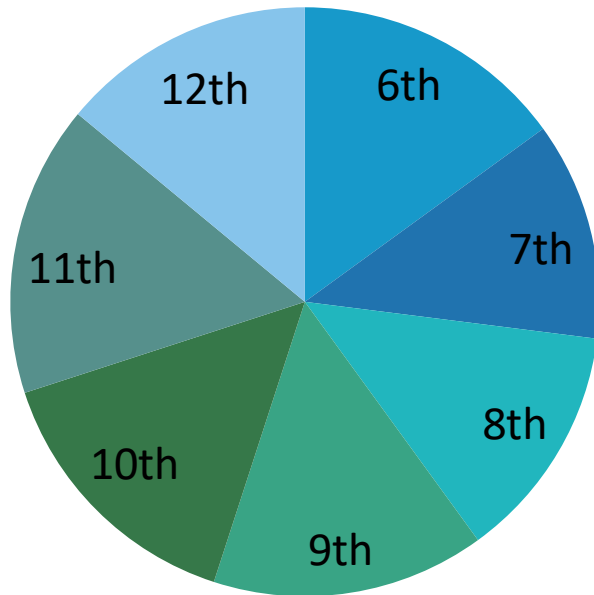


# Parent Respondents

---

153 respondents have a child in 6<sup>th</sup> to 12<sup>th</sup> grade

Grade of Oldest Child



# Close to 4 out of 5 Trumbull teens report they have a trusted adult in their life; parents report the same

ADULTS: Does your child have a **trusted adult** (besides a parent or guardian) who they would seek help from if they had a problem in their life?

80% Yes

6% No

14% Not sure

YOUTH: Is there an **adult** (other than your parent or guardian) that you trust you can talk to about important things?

82% Yes

# Youth Mental Health

During the past 12 months, did YOUR CHILD...	Parents - Yes %	Parents - No %	Parents - Not sure %	Youth- Yes %
ever feel so <b>sad or hopeless</b> almost every day for two weeks or more in a row that they stopped doing some usual activities?	<b>8</b>	<b>84</b>	<b>8</b>	<b>20</b>
ever feel so <b>anxious</b> almost every day for two weeks or more in a row that they stopped doing some usual activities?	<b>10</b>	<b>85</b>	<b>5</b>	<b>22</b>

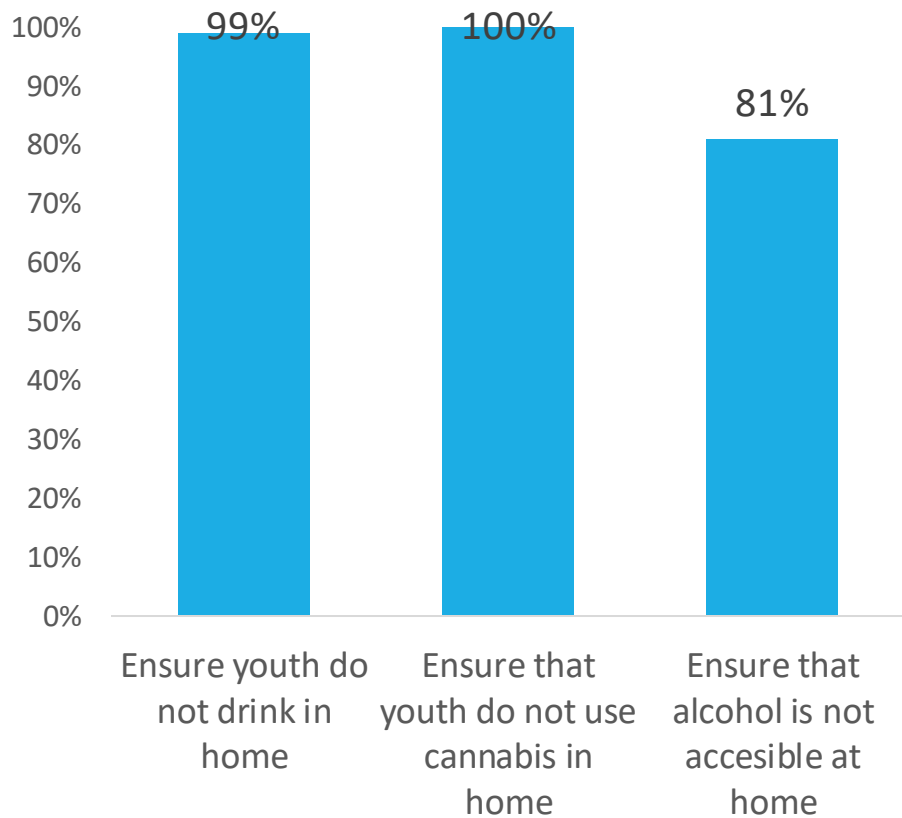
Do you know where to go for help if:	Yes %	No %	Not sure %
YOUR CHILD is struggling with a mental health issue?	72*	12	16
You are concerned about YOUR CHILD's substance use? (i.e. alcohol, cannabis or marijuana, nicotine, etc.)	42	41	16

\*in 2020, 54% of parents knew where to go for help

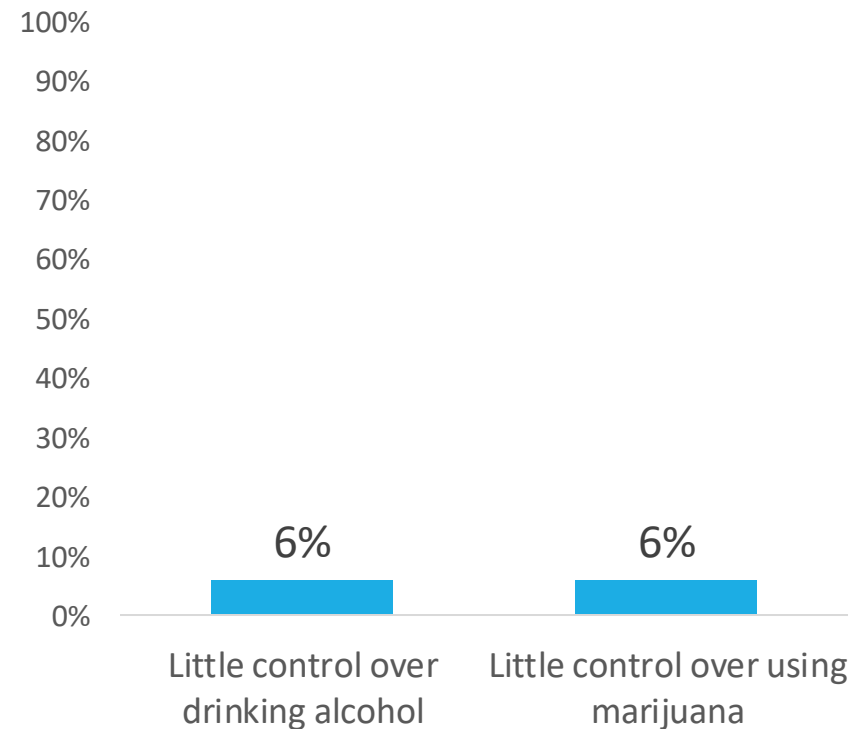
# Parents are taking **active steps** towards prevention.

<b>Monitoring:</b>	%
When my child goes out, I know where they are	98
When my child goes out, I know who they are with	96
<b>Communication:</b>	
If my child had an important concern about drugs, alcohol, or some other serious issue, they would talk to me about it	88
I feel comfortable having age-appropriate conversations about the harmful effects of substance use	100
<b>Modeling:</b>	
In my own choices about using drugs and alcohol, I have considered the behavior I am modeling for my child	98

Parents are making sure their child and child's friends do not use substances in their home and cannot get access to alcohol from their home



Most parents feel they do have control over their child's use of alcohol and marijuana



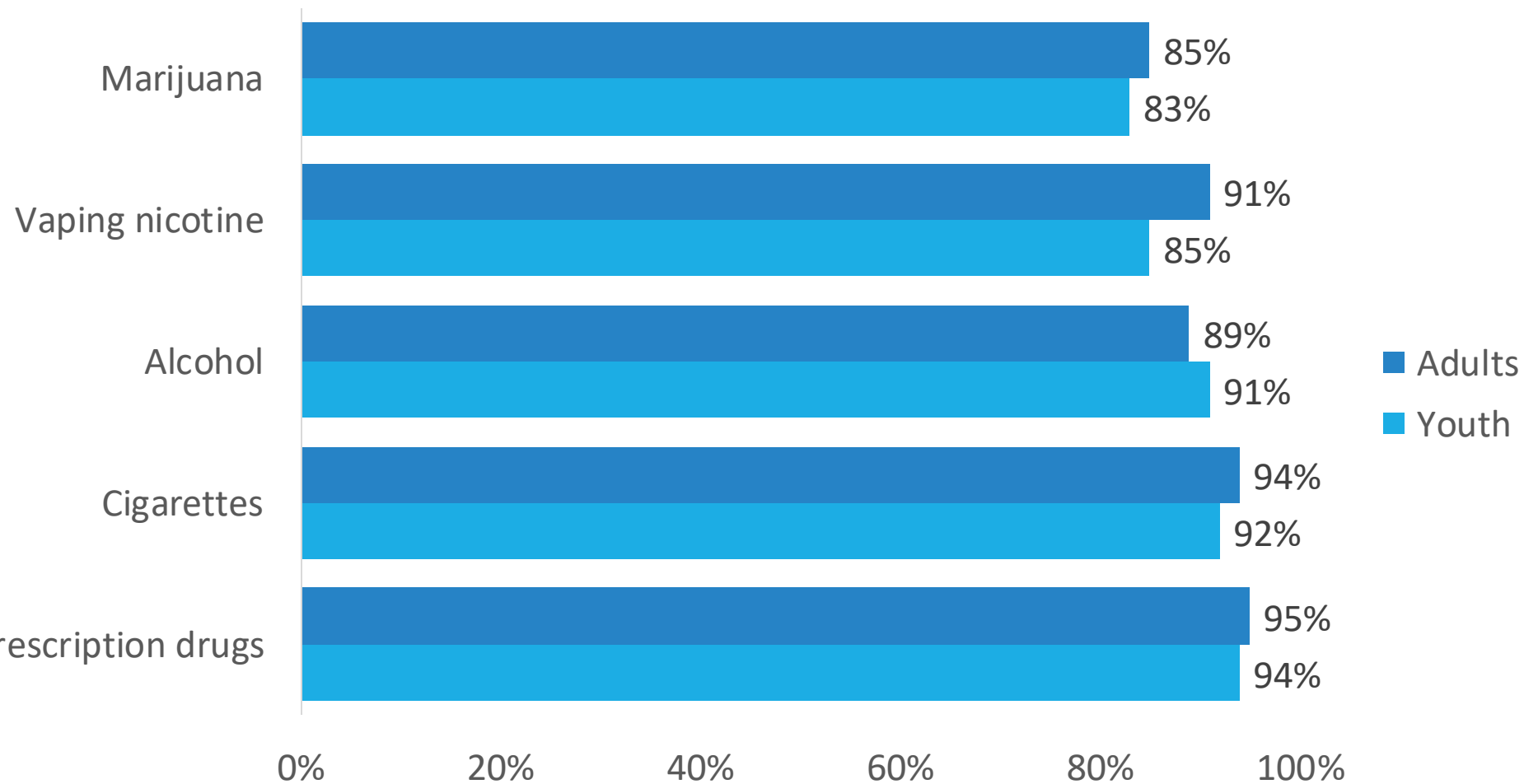


# Family Rules

---

My family has clear rules discouraging MY CHILD from:	Parents (6-12 <sup>th</sup> )	Youth (7-12 <sup>th</sup> )
<b>Gambling</b> for money or possessions (e.g. sports betting, poker, lottery, online games).	53%	76%
Their <b>social media use</b> (e.g. how much time is allowed, which social media apps are allowed).	72%	56%
The amount of time they spend playing <b>video games</b> , electronic or online games.	74%	61%
Their <b>communication</b> with others via <b>text</b> or on <b>social media</b> , including sending or posting inappropriate pictures.	89%	79%
<b>Substance use</b> (includes alcohol, cigarettes, vapes, marijuana and RX drugs)	92%	93%*

# Perceived risk of substance use is high among youth & adults.



# Notes

- Participants believe in prevention and feel it is a good community investment
- Group mostly aware of TPAUD (3 out of 4 who took the survey) yet much less aware of initiatives (education programs, surveys, lock boxes, liquor stickers)
- Adults familiar with the Drop Box at PD is increasing (box is emptied on a regular basis) and pounds collected at Drug Take Back Days are decreasing
- Opportunity to provide community education on the Tobacco 21 law (30% unfamiliar; 24% somewhat)
- Most participants aware of 2-1-1, food pantry, Health Department; promote 988, Counseling Center, Social Services, Crisis Text Line
- Participants most concerned with social media use and mental health among youth (families with rules around social media use is 72%)
- Why do adults have the perception that all substances are EASY for youth to access?
- Close to 1 in 3 adults feel underage alcohol use is normal part of growing up
- Youth report much higher levels of depression & anxiety in past year than their parents