

2020 9th GRADE FORUM

“Choices Have Consequences”

TEEN ALCOHOL, VAPING, & DRUG USE IN TRUMBULL

The most recent TPAUD student surveys (2019) revealed the following:

18% of Trumbull High students drank alcohol in the last 30 days. **20%** reported binge drinking in their lifetime.

12% of THS students reported smoking marijuana.

14% of THS students had vaped nicotine. **11%** had vaped THC.

4% of THS students reported using a prescription drug not prescribed to them.

67% of THS students reported that if they wanted to drink, alcohol would be easy to get. **42%** reported that marijuana would be easy to get. **42%** reported that prescription drugs would be easy to get.

96% of Trumbull parents believe it is possible to reduce youth substance use through prevention.

SET the RULES - What Parents Can Do

- ◆ **Don't think “it's not MY child” because every child is at risk.**
- ◆ **Remember that YOU are the biggest influence in your children's lives.**
If your kids know you disapprove—and why—they are significantly less likely to drink, vape, or use weed.
- ◆ **Don't be fooled that youth alcohol and marijuana use is a rite of passage.**
Both can damage an adolescent's developing brain, and put them at risk.
- ◆ **Establish specific rules and consequences.**
Talk to your kids about why they are not allowed to drink, vape, or use marijuana, that underage drinking, vaping, and drug use is not acceptable, and follow through.
- ◆ **Secure and monitor the alcohol, medical marijuana, and prescription drugs in your home.**
- ◆ **Be involved and monitor your teen's activities and friendships.**

SPEAK UP

Against Drugs and Underage Drinking.

Your tips keep our kids safe.

THREE EASY OPTIONS:

1. Download the **Trumbull PD App**. Tips are **anonymous and untraceable**. Free for iPhone and Android.
2. Send an anonymous tip via text message to the Trumbull Police Department, text the keyword **TRUMBULLPD** and your tip to **847411**.
3. Call the Trumbull PD non-emergency line and report your information. **203-261-3665**, option “0”.

