



## **TPAUD Coalition Meeting**

October 13<sup>th</sup> 8:00am

Trumbull EMS

Attendees: Nina Chanana, Sam Cousins, Donna DeLuca, Jennifer Ellyson, Tim Hare, Lori Hayes-O'Brien, Sue Jacozzi, Scot Kerr, Lisa Labella, Cat Lamy, Melissa McGarry, Cornelia Morris, Kiersten Naumann, Joanne Orenstein, Jeff Rago, Dave Rutigliano, Jessica Samuolis, Stephanie Vaughn, Lara Walden

### 1. Introductions & Partner Updates

- a. Lisa Labella, Center for Family Justice – Domestic Violence Awareness Month:
  - Lisa is the Center's Development Director and Community Outreach Coordinator, bringing in \$750,000 per year
  - CFJ serves Bridgeport, Easton, Fairfield, Monroe, Stratford and Trumbull; last year, 4% (150) of CFJ clients were Trumbull residents. CFJ offers free & confidential emergency crisis domestic violence and sexual services in both English and Spanish.
  - CFJ has seen a 25-30% increase in hotline calls since the Covid lockdown was lifted
- b. Glorious Recovery – Color Run collaboration: Melissa reported that Aleksa Bembnista would like to co-sponsor a Color Run with TPAUD next spring. Also, Aleksa is working with her employer to become a Recovery Friendly Workplace.

### 2. Coalition Membership Survey Results – Nina Chanana: As TPAUD enters Year 8 of its DFC grant it is important to start thinking about sustainability and increasing coalition capacity. 15 members participated in the survey. Responses were positive:

- a. 100% believe Trumbull is better because of TPAUD's efforts; 100% are proud to be a coalition member
- b. 60% of members have been involved with TPAUD for 5 years or more; this informs TPAUD's success
- c. Trainings of interest included how to better serve at-risk populations (LGBTQ+), adolescent brain development, the new marijuana and coalition/team building
- d. Most members (80%) are willing/would like to be more involved than they are currently
- e. Barriers to involvement included demands on time and uncertainty about existing opportunities for involvement
- f. Suggestions to create opportunities for involvement included: adding a volunteer coordinator and creating more and better communication channels between and among coalition members
- g. Next steps: 1) create a closed Facebook group to improve member communication and information sharing, 2) look into creating a TPAUD tab on the BOE iVolunteer

### 3. Current Prevention Efforts

- a. Planning for 2022 Family University: funded by TPAUD's \$4,000 LPC grant; a series of videos/webinars covering topics around mental health, available therapeutic options,

parenting, etc.; next meeting Friday, Oct. 15<sup>th</sup> via Zoom (open to anyone who wants to participate)

- b. "You Think You Know" counterfeit medication campaign: website is live; billboards/bus signage rolling out statewide
  - c. "Positive Choices, Healthy Kids" videos: Wes Bartosik resent the videos to all middle school families
  - d. Library Resource Center: the library is finalizing book selection and purchasing
  - e. Youth Advisors – TPAUD staff met with Dennis and a subset of Youth Advisors to discuss disseminating mental health resources through the high school; stickers with resources and a QR code to a landing page on the TPAUD website with additional information will be placed on all student planners prior to distribution. The next Youth Advisors meeting will be on Sunday, Nov. 17<sup>th</sup> at Trumbull Congregational Church.
  - f. Other: Melissa is working with Trumbull Public works on potential locations and verbiage of the No Smoking/Vaping signage
4. THS 9<sup>th</sup> Grade Forum Evaluation & Updates: The Forum will be held in-person at THS on Nov. 10<sup>th</sup>. Attendance will be limited to one adult per student, masks will be required, and seating will be socially distanced.
- a. Lara and Lori will promote the Forum on relevant Trumbull social media pages.
5. Coalition Business
- a. Student Surveys
  - b. Other:
    - Wes Bartosik and Lara Walden will be presented with a Coalition Sector All-Start Award by the Connecticut Association of Prevention Professionals for their commitment to prevention and their work on the "Positive Choices, Healthy Kids" videos. Congratulations!
    - November's coalition meeting will include Narcan training. All attendees will receive a free Narcan kit.

2021-22 Coalition Meeting Dates: Nov. 12, Dec. 8, Jan. 12, Feb. 9, Mar. 9, Apr. 13, May 11, June 8

#### Upcoming Events:

- October 14<sup>th</sup> – Center for Family Justice Domestic Violence Vigil at Beardsley Zoo
- October 16<sup>th</sup> – My Friend Abby "Share Your Light" event at Joey C's Boathouse
- November 10<sup>th</sup> – THS 9<sup>th</sup> Grade Forum
- November 17<sup>th</sup> – Student Surveys at THS