



TPAUD Coalition Meeting

September 23rd at 8:00am

Zoom

Attendees: Gillian Anderson, Nina Chanana, Tim Fedor, Leigh Goodman, Tim Hare, Lori Hayes-O’Brien, Jennifer Hrbek, Scot Kerr, Curt Kuliga, Cat Lamy, Michael Lombardo, Melissa McGarry, Dennis McLaughlin, Giovanna Mozzo, Kiersten Naumann, David Rutigliano, Jessica Samoulis, Stephanie Vaughn, Lara Walden

1. Introductions

2. Coalition Business

- Coalition Structure: Lori Hayes-O’Brien was named Coalition Chairperson. We are looking for volunteers/nominations for an Executive Committee. If interested please reach out to Melissa or Lori.
- Coalition Training Needs: During today’s Coalition Meeting participants answered a poll on Zoom to identify Coalition training needs. The results were:
 - o CBD – 75%
 - o Implicit racial bias – 69%
 - o Vaping trends – 56%
 - o LGBTQ Cultural Competence – 56%
 - o Benzos and study drug abuse – 44%
 - o Health Equity – 44%
 - o Counterfeit prescription medications – 31%
 - o Coalition sustainability – 25%
- Youth Engagement: TPAUD conducted 10 Key Informant Interviews with other CT prevention coalitions on how to engage and retain youth. The majority recommended taking it out of the school setting. TPAUD is working with Vicki Tesoro to establish a First Selectman’s Youth Advisory Board to positively engage youth on issues pertaining to youth mental health/wellness.

3. 2019 YRBSS National Youth Risky Behavior Survey Results – How Does Trumbull Compare? – Nina Chanana:

Trumbull compares positively to state and national data for most behaviors reported by the YRBSS:

% of Youth* who:			
	<u>Trumbull</u>	<u>CT</u>	<u>US</u>
Currently drink alcohol	17.6%	25.9%	29.2%
Binge drink	9.0%	12.9%	13.7%
Use marijuana	12.0%	21.7%	21.7%
Vape	13.9%	27.0%	32.7%
Smoke Cigarettes	4.2%	3.7%	6.0%
Misuse Rx drugs	3.6%	N/A	7.2%
Ride w/ a driver who had been drinking	23.0%**	14.1%	16.7%
Drove drunk	4.0%**	5.6%	5.4%
Felt sad/hopeless	33.2%	30.6%	36.7%
<i>* 9th through 12th grade</i>			
<i>** Data for Trumbull is for Past Year, vs. Past 30 Days for CT and US</i>			

4. Prevention Activities

- #MentionPrevention campaign – Kiersten Naumann: This summer TPAUD partnered with other CT LPCs on the #MentionPrevention campaign aimed at restaurant and liquor store owners and parents. Participating LPCs worked with a marketing firm to develop a two-pronged approach: The first was a poster for employers to hang in staff rooms reminding their employees to require proper ID when delivering curbside alcohol to customers. The second was a bag insert reminding parents to talk to their children about alcohol and to keep alcohol appropriately locked/out of reach. Dave Rutigliano/Sitting Duck was the first to participate in Trumbull; 14 other restaurants and liquor stores in town have joined.
- Vaping Prevention Efforts (LPC Grant) – Melissa McGarry: TPAUD has received \$5,600 from DMHAS to be used towards vaping prevention and coalition building. If you are interested in joining the LPC Committee to help determine how to most effectively allocate those funds please see Melissa or Lori.
- 9th Grade Forum – Lori Hayes-O’Brien: Due to Covid restrictions this year’s 9th Grade Forum will be virtual. If you would like to be a part of the Virtual Forum Planning Committee please reach out to Melissa or Lori.
- Youth Mental Health First Aid – Kiersten Naumann: TPAUD will be offering a Youth Mental Health First Aid training on November 10th & 17th. Curt Kuliga offered space at The Progressive Institute to accommodate participants with appropriate social-distancing. This will be a hybrid training – participants complete the first section at home prior to attending the in-person training. Kate Venison will be the trainer.

5. Partner Sharing

- PTSA Council COVID Relief Grant – Cat Lamy: Trumbull PTSA received a \$15,000 TikTok Covid-19 Relief Grant to use towards social emotional learning initiatives. Specifically the money will fund PD for Trumbull teachers offered by the Bank Street College of Education on Emotionally Responsive Practice, as well as parent workshops on Parenting in the Time of Covid.
- Trumbull Police:
 - o Chief Lombardo - Brian Federowicz has been named the new SRO for Hillcrest.
 - o Tim Fedor: The new TipsLine is up and running. Drug Take Back Day is scheduled from October 24th, 10am-2pm at Trumbull EMS.
- Progressive Institute - Curt Kuliga: The Progressive Institute is about 8 weeks away from opening an Adolescent Intensive Outpatient Program. Next week Progressive Diagnostics will launch a saliva test for Covid-19.
- Positive Directions - Jen Hrbek: Positive Directions is offering free, online mental health support for educators.
- My Friend Abby - Gillian Anderson: The deadline is Sunday, September 27th to apply for a My Friend Abby Peer Project grant around mental health and suicide prevention.
- TPAUD is partnering with the Health Department to offer free lockboxes and Deterra bags.

2020-21 Coalition Meeting Dates:

October 21st, November 18th, December 16th, January 20th, February 17th, March 17th, April 21st, May 19th, June 16th

Upcoming Events:

October 24th - Drug Take Back Day

November 10th and 17th – Youth Mental Health First Aid