



TPAUD Coalition Meeting

June 10th at 8:30am

Zoom

Attendees: Gillian Anderson, Alison Carpenter, Nina Chanana, Leigh Goodman, Tim Hare, Lori Hayes-O'Brien, Michele Jakab, Scot Kerr, Cat Lamy, Melissa McGarry, Dennis McLaughlin, Kiersten Naumann, Sam Reid, David Rutigliano, Jessica Samoulis, Lara Walden

1. Welcome

2. TPAUD Parent Survey Results

- Survey Objectives:
 - Take snapshot of parental perceptions, attitudes and behaviors around underage substance use and other risky behaviors, and current social norms among Trumbull parents of middle and high school students,
 - Monitor trends of parental attitudes and behaviors around underage substance use and other risky behaviors over time through use of prior parent surveys,
 - Inform TPAUD's efforts to educate the community on current trends and norms. Update working action plans for reducing substance use and other associated risky youth behaviors.
- Methodology: In May, surveys were e-blasted by Trumbull BOE and TPAUD, and boosted online on TPAUD's Facebook page to parents of Trumbull middle and high school students. 653 surveys were collected online with representation from parents of children in grades 6 through 12.
- Key takeaways:
 - Prevention Works – community collaboration makes it happen
 - TPAUD is a known resource in the community
 - Trumbull parents report strong family norms to prevent youth substance use
 - Perception of access between parents and youth does not align
 - Smoking marijuana has become more accepted in the community
 - * Data from 2019 student surveys indicated that a large majority of recent/regular users of marijuana in grades 11 and 12 report driving under the influence of marijuana.
 - Parental perception of youth sadness/hopelessness far lower than that reported by students

3. 2019-2020 Wrap-up & Summer Prevention Plans:

- TPAUD secured DFC funding of \$125,000 per year through 2024; \$10,663 in state funding
- Despite "Prevention Pandemic Pivot", TPAUD has continued its prevention work:
 - Focus on encouraging connection, providing support, and promoting social/emotional health,
 - Community Resource "Our World Keeps Changing" postcard mailed to all Trumbull parents of school-aged children; also distributed to all families receiving breakfast/lunch from TPS Food Services and by Trumbull Social Services
 - "Congratulations Trumbull 2020 Graduates" banner in front of town hall
 - Limiting youth access to alcohol and drugs,

- Lockboxes and Detera bags distributed by Trumbull Pharmacy, Medical Arts Pharmacy and Trumbull Social Services
 - In-Person Events converted to Zoom as much as possible:
 - Coalition and committee meetings,
 - *Hidden in Plain Sight*,
 - *Missed Milestones* online webinar with Alicia Farrell,
 - *Screenagers Next Chapter* online viewing
 - Redirecting grant dollars to support prevention work performed by TPS (materials for D.A.R.E. and The Great Body Shop), and TPD (Virtual Controlled Party Dispersal Training, TipsLine, officer hours delivering D.A.R.E)
- What's Next:
 - Continue re-branding efforts
 - Disseminate survey results to BOE, Town Council, community
 - Use LPC dollars for efforts to reduce vaping by youth (required by state for 2020-2021 fiscal year),
 - Continued expansion of mission to include social/emotional wellness and suicide prevention:
 - Narcan/QPR training (August),
 - Youth MHFA (October)
 - Continue efforts around youth engagement, building on success of partnership with Madison S.A.V.E. club and engaging THS Peer Mediators
 - Focus on youth access:
 - TPAUD working with other LPCs in CT on a campaign targeted to restaurants and liquor stores to educate employees on importance of limiting youth access, and to parents for restaurants/liquor stores to distribute in take-out bags,
 - Social host postcard
 - Continue to address/reduce stigma
 - Hosting a conversation on Trumbull becoming a "Recovery-Friendly Community" (required by state SOR grant)
 - Continue outreach to new partners
 - Look for the opportunities in our new reality
 - Zoom and webinars have eliminated the barriers for many parents to attend evening events.

4. Partner Sharing:

- Food pantry partnering with Vazzy's to provide summer meals to families currently receiving free breakfast/lunch from Trumbull BOE Food Services
- Trumbull EMS currently hiring full and part-time paramedics, expanding programs (including a youth program on pre-hospital medicine), and exploring the possibility of a new building to increased space for classrooms and to hot community outreach programs

Upcoming Events:

June 10th – 25th – Free online viewing of Screenagers Next Chapter (register on TPAUD website)

June 13th – Counseling Center Suicide Survivors support group

August 4th – Narcan training, 6:30-8pm, Trumbull EMS

October 13th and 20th – Youth Mental Health First Aid