



## TPAUD Coalition Meeting

November 15<sup>th</sup> 8:00am

Trumbull EMS

Attendees: Nina Chanana, Paul Coppola, Sam Cousins, Krystina Dawson, Off. Scott Duva, Deirdre Ekholdt, Off. Tim Fedor, Tim Hare, Lori Hayes-O'Brien, Sarah Keitt, Katie Laird, Melissa McGarry, Dennis McLaughlin, Julia McNamee, Cornelia Morris, Jordyn Nappi, Kiersten Naumann, Joanne Orenstein, Off. Rob Pysz, Jeff Rago, Melissa Roberto, Brie Seymour, Jessica Samuolis, Will Testani, Stephanie Vaughn, Lara Walden

1. Introductions & Partner Updates:
2. 2023 Student and Community Surveys:
  - Student Surveys were administered today at THS (middle school surveys will be scheduled for December). For the first time, surveys will be administered electronically and there will be a Spanish option.
  - Community Surveys (also available in both English and Spanish) will provide an opportunity to assess awareness of town programs and services. Plan to use Long Hill, Town Hall, community partners and TPAUD to distribute (after the NEASC Survey is completed).
3. Prevention Activities
  - QPR & Narcan Trainings
    - i. QPR: On Nov. 2<sup>nd</sup>, TPAUD trained all school counselors at St. Joe's. This afternoon TPAUD will train 30 staff at THS (optional professional development).
    - ii. Coalition members suggested QPR training for parents. TCTV offered to film a short informational video to be shared by TPS.
    - iii. Narcan: On Oct. 23<sup>rd</sup>, we trained 12 community members. We are delivering replacement kits for all Trumbull school nurses, and provided 2 kits to the Counseling Center. We will train all staff at St. Vincent's Special Needs Services in December. We are still trying to schedule a training for all Trumbull School's security staff.
  - Drug Take Back Day: Thank you to TPD for collecting 74 pounds of medications during Drug Take Back Day last month.
  - Compliance Checks; Officer Pysz has scheduled alcohol and tobacco compliance checks, to be completed over the next month. Melissa did a quick environmental scan of gas stations in town and found the THC products have been removed, but have been replaced by bright, colorful, disposable nicotine vapes (many in kid-friendly flavors).
4. MS Outreach & Education – with Assistant Principals Paul Coppola and Katie Laird: Hillcrest is again holding a health fair in December (TPAUD will participate). Katie & Paul have been meeting regularly with Krystina Dawson to plan a spring SEL Wellness Week with the theme "It Takes a Village". They report that it is an ongoing goal to encourage and support parents to engage in meaningful conversations with their students. Coalition suggestions on how TPAUD could support those efforts at all schools included:
  - Parent presentation of student survey results,
  - Tabling/presenting during conferences, BTS nights, 5<sup>th</sup> & 8<sup>th</sup> grade transitions,
  - Support of Red Ribbon Week,

- Presenting to parents during MS Friday morning “Coffee with the Principal”/St. Joe’s Talk It Out Tuesdays,
  - PTA meetings,
  - Helping to develop a digital Resource Center for parents/students to access (Google classroom?),
  - Developing conversation prompts/sharing SAMHSA’s 5 Conversation Goals for parents to start meaningful conversations with their kids  
[https://www.samhsa.gov/sites/default/files/talk\\_to\\_your\\_kids\\_5\\_conversation\\_goals.pdf](https://www.samhsa.gov/sites/default/files/talk_to_your_kids_5_conversation_goals.pdf),
  - Looking at ways to supplement/align current Health curriculum.
5. THS 9<sup>th</sup> Grade Forum Review: Overall, feedback has been overwhelmingly positive. TPAUD is extremely grateful for the positive and enthusiastic support of the program by THS Administration. Some technical issues remain in the gym. TPAUD will review all parents and student surveys received and report back in December.

Upcoming Dates:

11/15 – TPAUD Student Surveys at THS

11/15 – Optional QPR training for THS staff

12/8 – Narcan training for St. Vincent’s Special Needs Services staff

12/19 – HMS Wellness Fair

1/10 – Tashua Elementary Family Wellness Game Night

2023-24 Meeting Dates – December 20<sup>th</sup>, January 17<sup>th</sup>, February 28<sup>th</sup>, March 20<sup>th</sup>, April 17<sup>th</sup>, May 15<sup>th</sup>, June TBD