



## TPAUD Coalition Meeting

March 20<sup>th</sup>, 2024 @ 8:00am

Hybrid (Trumbull EMS & Zoom)

Attendees (In-Person): Gillian Anderson, Colin Bassett, Nina Chanana, Rosa Conte, Sam Cousins, Marc Donald, Scott Duva, Deirdre Eckholdt, Tim Fedor, Samantha Fortunato, Tim Hare, Sue Jacozzi, Scot Kerr, Melissa McGarry, Cornelia Morris, Jordyn Nappi, Kiersten Naumann, Melissa Perez-Constantine, Rob Pysz, Jeff Rago, Melissa Roberto, Jessica Samuolis, Will Testani, Stephanie Vaughn (Zoom): Ethan Cavaliere, Lori Hayes-O'Brien, Julia McNamee

### 1. Introductions & Partner Updates:

- Gillian Anderson & Tim Hare: Pastors' Plunge to benefit My Friend Abby was a success – event continues to grow as more plungers join and donations increase.
- Melissa Perez-Constantine: All are invited to register for The Hub's gambling prevention presentation with Saul Malek on 3/25.
- Next Thursday, 3/28 is Inclusion Day at THS. TPAUD/YAY will have a table to promote mental wellness and resources.
- 4/22-4/26 is Social Emotional Wellness Week at the middle schools. TPAUD is working with MS assistant principals to support.
- 4/27 Drug Take Back Day, 10-2 at Trumbull EMS.
- Jessica Samuolis reported that Madison MS has received a grant by Walmart to promote physical, mental and environmental health. Planning is in progress for a Parent/Family Evening Health Fair on 4/24 and a student Health Fair on 4/26.
- Will Testani: Turnbridge's Parent Support Groups are open to all, even if their loved ones are not clients. Reach out to Will for more info.
- Melissa Roberto provided a JRB update/review for 2023:
  - 38 referrals (29 male, 9 female), up from 27 in 2022. Most referrals (76%) are from the schools.
  - Offenses include marijuana (39%), fights (25%), alcohol (16%), criminal mischief (10%).
  - Referrals differ by gender, but trends are changing in 2024 (particularly an increase in female referrals for marijuana use).
  - Racial breakdown: 53% white, 21% Hispanic, 13% multi-racial, 10% black.
  - Interventions include therapy, substance use screenings/counseling, restorative community service, letters of apology, etc.
  - Contracts typically last 4-6 months, with most lasting 6 months.
  - CT's cannabis law has resulted in repeat offenders.

### 2. Prevention Activities Report

- Education & Outreach
  - i. Positive Choices, Healthy Kids update – TCTV filmed Melissa in a new intro to the Positive Choices, Healthy Kids videos. Updated version will be sent to all 5<sup>th</sup> grade families.
  - ii. QPR & Narcan Trainings:
    - 1. TPAUD and The Hub trained 25-30 CES staff in QPR on 3/15.
    - 2. Melissa is conducting QPR trainings on 4/2 for TPS staff on their Professional Development Day. Rosa Conte will assist.

3. TPAUD will offer a second optional QPR training to THS staff on 5/1.
  4. Attendance at drop-in Narcan trainings continues to grow; Kiersten and Sam trained 37 in Narcan on 3/11, including 7 teens.
  5. TPAUD and Trumbull Health Department are partnering to provide an additional drop-in Narcan and AED training on 4/2 at the Health Department (10-2), as part of National Public Health Week.
  6. TPAUD and the Health Dept. will train Senior Center volunteers and staff on Narcan and AED on 4/22.
- iii. Social Marketing Education Campaigns – cannabis/vaping harms and cessation resources, kid-friendly alcohol products. TPAUD is working with Daydream Communications on a series of targeted campaigns, including social media posts, sponsored content in Hearst Publications, display ads, and video/audio streaming, and will use geofencing to target hot spots.
    1. Targeting youth on cannabis and vaping harms (to include cessation tips and resources)
    2. Educate parents about kid-friendly alcohol products [eg, alcoholic Sunny D and Mountain Dew, Dunkin’ Donuts beer (6-pack looks like munchkin box)], with messaging around positive modeling and importance of keeping products away from kids.
  - iv. Screenagers for high school families: currently the classroom cut is being used in 10<sup>th</sup> grade health classes. Our subscription allows us to offer a Community Screening of the full movie to Trumbull High families. We are reaching out to the library and THS to find space for the screening and panel discussion (targeting April or early May).
  - v. Mean Girls collaboration: TPAUD/YAY were selected as one of the featured community partners during THS production of Mean Girls. During each performance, play attendees can visit the TPAUD/YAY table, with the option of making a donation. TPAUD purchased pink stress stars and house-shaped ice packs with social host messaging to give as a thank you to donors.
- Legislative Update:
    - i. SB 445: would allow police officers to pull over a car if the driver or any passenger is observed actively using marijuana
    - ii. HB 5150:
      1. Regulates packaging and labeling of cannabis products,
      2. Prohibits advertising or product discounts and incentives for purchase,
      3. Requires hemp or hemp products to be deemed cannabis once they are received by a producer, cultivator, micro-cultivator, or product manufacturer or food and beverage manufacturer, (which means they must comply with the requirements for cannabis),
      4. Requires each single standardized serving of edible cannabis product be easily discernible, individually wrapped or physically demarked to indicate each serving,
      5. Prohibits hemp products from being sold in packaging that contains more than one serving per container.
  - Sector feedback: what are you seeing?
3. Coalition Business: Community survey will close at the end of March.

Upcoming Dates:

3/25 – The Hub’s presents Saul Malek’s “Why Risk Your Life?” gambling prevention program, 6:30 on Zoom

3/28 - Inclusion Day at THS

4/2 – Drop-in Community Narcan/AED Training at Trumbull Health Department, 10-2

4/2 – TPAUD survey results at THS faculty meeting

4/16 – TPAUD presents survey results at HMS Staff Meeting and BOE meeting

4/20 – Lakewood Trumbull YMCA Healthy Kids Day, 10-1

4/22 – Narcan/AED training for Senior Center volunteers, 1-3

4/22 – 4/26 – MS Social Emotional Wellness Week

4/24 – MMS Parent Health Eve, details TBA

4/25 – MS Night for 5<sup>th</sup> grade parents, 6:30-8

4/26 – MMS Health Fair

4/27 – National Drug Take Back Day, 10-2 at Trumbull EMS

4/29 – TPAUD presents survey results to PTA Council

5/1 – QPR Training to Trumbull High staff

5/6 – Screenagers: Above the Influence viewing for THS families

5/14 – Changing the Play gambling prevention conference

2023-24 Meeting Dates – April 17<sup>th</sup>, May 15<sup>th</sup>, June TBD