

TPAUD: A YEAR IN REVIEW



2024-25

Prevention Works – and
Coalitions Make It Happen!

WHAT TPAUD HAS BEEN UP TO 2022-23: FUNDING, BY THE NUMBERS

\$140,000

Town ARPA Funds
(thru 2026)

\$5,663

LPC Grant –
Vaping
prevention/
coalition-building

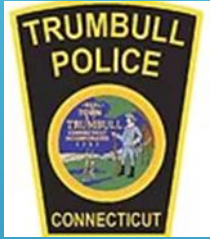
\$57,000

Cannabis Coalition
Prevention Grant
(thru 6/30/26)

\$5,000

SOR Grant – Opioid
prevention

COMMUNITY COLLABORATIONS

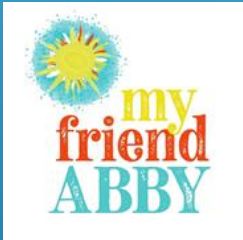


TOWN OF
Trumbull
HUMAN SERVICES

TRUMBULL 
PARKS & RECREATION



TRUMBULL
Congregational Church



Turnbridge®

 **PROGRESSIVE**
INSTITUTE






COALITION CAPACITY-BUILDING

- ▶ Staff Capacity
- ▶ Executive Committee – Lori Hayes-O'Brien, Scot Kerr, Jessica Samuolis, Officer Wes Bartosik
- ▶ Partner Spotlights
- ▶ Membership Sustained and Engaged



TPAUD IN 2024-25

- ✓ Sustainability – new opportunities as part of the Town
 - ✓ Cannabis prevention funding
 - ✓ Strategic Planning Process engaged new partners and expanded focus to lifespan
 - ✓ Continued focus on encouraging connection, providing support, and promoting social/emotional health
 - ✓ Promoting support for high-risk students
 - ✓ Limiting access to alcohol, cannabis, vapes, and Rx drugs
 - ✓ Strengthened community partnerships
 - ✓ Continue regional and statewide collaborations
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SCHOOL-BASED PREVENTION

- ▶ Tashua Elementary Wellness game Night
- ▶ “Positive Choices, Healthy Kids” videos updated
- ▶ Presentations to 5th Grade Parents at MS Orientation
- ▶ Support for MS – 5th grade visits, HMS Hawks Helps
- ▶ “Talking About” program for 6th grade health
- ▶ 7th Grade Health Classes
 - ▶ MMS Health Fair
 - ▶ MS Red Ribbon Week
 - ▶ 9th Grade Forum
- ▶ Marijuana fact sheets for 10th grade health
- ▶ “If They Had Known” video in Senior Seminars
- ▶ Fentanyl resources to 12th grade health teachers
- ▶ Support MFA Club
- ▶ Bag checks at THS football games
- ▶ Police at Post Prom
- ▶ Supporting professional development
- ▶ THS Climate Committee

SUPPORTING TRUMBULL STUDENTS


 **Need Help?** 

Feeling overwhelmed?
Depressed or anxious?
Concerned about a friend?

In-school Trusted Adults:
School Counseling Office, Teachers, Principal and
Assistant Principal

Help Outside of School:
National Suicide and Crisis Hotline:
Call or Text 988 or Chat at www.988lifeline.org

The Trevor Project
(serving the LGBTQ+ community):
Call 1-866-488-7386 or Text 678678

Mary J. Sherlach Counseling Center, Trumbull:
203-452-5193 





**IS IT TIME TO BREAK UP
WITH YOUR VAPE?**

DO YOU...

- ☒ Keep vaping even though it's bad for your brain, your heart and your lungs?
- ☒ Need to vape as soon as you wake up?
- ☒ Feel anxious or irritable when you want to vape?
- ☒ Get interrupted by thoughts about vaping throughout the day?
- ☒ Find yourself reaching for your vape without thinking about it?

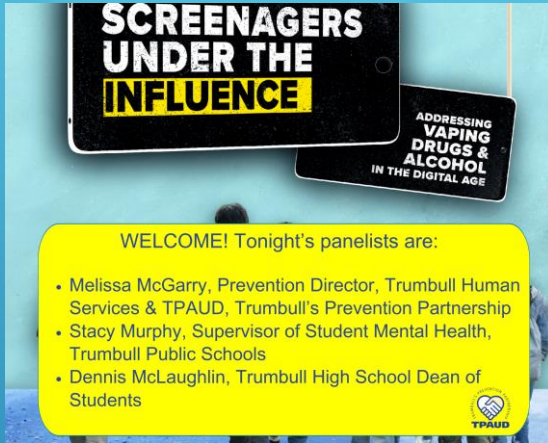
Want support quitting?
Scan the QR code to get started at VapeFreeCT.

 SCAN HERE

Consequences for vaping in school may include Saturday detention, suspension, and a referral to the Juvenile Review Board.



SUPPORTING FAMILIES & STAFF



SCREENAGERS UNDER THE INFLUENCE

ADDRESSING VAPING DRUGS & ALCOHOL IN THE DIGITAL AGE

WELCOME! Tonight's panelists are:

- Melissa McGarry, Prevention Director, Trumbull Human Services & TPAUD, Trumbull's Prevention Partnership
- Stacy Murphy, Supervisor of Student Mental Health, Trumbull Public Schools
- Dennis McLaughlin, Trumbull High School Dean of Students

TPAUD



TASHUA PTA AND TPAUD PRESENT:

WELLNESS GAME NIGHT

FUN FOR THE WHOLE FAMILY!


@TASHUA ELEMENTARY SCHOOL

GAMES, CRAFTS, STORIES, & ACTIVITIES

JANUARY 10 (SNOW DATE 117)

2025



6:00 TO 8:00 PM



Delay the Gray: Supporting Our Boys through the Teenage Years

Featuring Liz Jorgensen, CADC,
Director of Insight Counseling

Monday, January 13th, 7:00 - 8:30 pm on Zoom

Questions? Kiersten Naumann
Prevention Coordinator
203-254-4395
knaumann@trumbullps.org



"Thrive Year One"
event for high school students and
parents presented by

The Eastern Shore Health Services
for First-Year College Students



James Gaskin, PhD, MEd, LPC


  

Trumbull High School Auditorium
Free Event
OPEN TO ALL
APRIL 7th at 7pm

Live Presentation and Q & A
Scan the QR Code to register



COMMUNITY-BASED PREVENTION

- Opioid Overdose Prevention & Narcan Trainings: community, staff, Parks & rec
 - QPR Trainings
 - Gambling Conversations
 - Juvenile Review Board
 - Liquor compliance checks
 - Safe storage resources
 - TPAUD Prevention tips in Senior Center Newsletter
 - Tabling at community events
 - Training for TPD: today's cannabis, person-first language
 - Regional Collaborations
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COMMUNITY RESOURCES



How to Talk About Vaping A Discussion Guide for Parents



Let's
#MentionPrevention



988 | SUICIDE & CRISIS LIFELINE 24/7 CALL, TEXT, CHAT

- CT Infoline: dial 2-1-1 or chat at 211CT.org
Information and referral service for health and human services needs
- SAMHSA Hotline: 800-662-HELP
treatment referral and information service for individuals and families facing substance use disorders
- Never Use Alone: 800-484-3731
Call before using substances when you're alone
- JoinRiseBe Young Adult Warmline: 1-855-6-Hope-Now
Peer support to connect young people to community mental health resources and recovery supports
- CT Kids in Crisis: 203-661-1911
Information and services for anyone concerned about the welfare of a child or teen
- Trevor Project LGBTQ+ National Hotline: text START to 678678 or dial 203-488-7386
For LGBTQ+ young people struggling with issues like coming out, identity, depression, and suicide
- National Trans Hotline: 877-565-8860
Peer support for trans and questioning peers
- National Human Trafficking Hotline: 888-373-7888 or text 233733
- National Runaway Safeline: dial or text 1-800-RUNAWAY
- National Alliance for Eating Disorders Helpline: 866-662-1235
- The Center For Family Justice: 203-384-9559 (Domestic Abuse)
203-333-2233 (Sexual Assault)
203-334-6154 (Child Abuse)
- CT Problem Gambling Hotline: dial 888-789-7777 or chat at CCPG.org
- CT Elder Justice Hotline: 860-808-5555
- Trumbull Human Services: 203-452-5198
- Trumbull's Mary J. Sherlach Counseling Center: 203-452-5193

REDUCING ACCESS: LIQUOR STICKERS



Help keep our kids safe!
Use these free **Liquor Stickers** to seal up your unfinished bottles.

61% of Trumbull High students who drank alcohol reported they got it from home.

Place your Liquor Stickers over the bottle cap or cork and write the date when it was applied. If anyone under the age of 21 drinks on your property, the CT Social Host Law makes YOU liable. Please lock your liquor.

Coloque sus pegatinas de licor sobre la tapa de la botella o el corcho y escribir la fecha en que se aplicó. En Connecticut tú eres responsable bajo la ley si un niño menor de 21 años toma alcohol en tu casa. Protege a nuestros hijos.

Let's
#MentionPrevention

www.tpaud.org
@trumbullpreventionpartnership

What is a Liquor Sticker?

Liquor Stickers are designed to prevent kids from accessing their parents' alcohol unnoticed.

Liquor Stickers are used by placing a sticker across the top of an unfinished bottle of wine, beer or liquor and writing the date you applied it.

Liquor Stickers are a great reminder to monitor the alcohol use in your household--your own or your kids'.



www.tpaud.org
@trumbullpreventionpartnership



TPAUD

LIQUOR STICKERS

Date:

Lock Your Liquor!



REDUCING ACCESS



**KEEP YOUR KIDS
& PETS SAFE!**



Cannabis Products, including edibles, plant matter, dab pens, cartridges & other paraphernalia



Prescription Meds, including pain killers, ADD/ADHD, & anti-depressant/anti-anxiety meds



Vape Products, including vapes, pods & vape juice

Trumbull Senior Center
Trumbull Health Dept.
Lakewood Trumbull YMCA
School Events
Trumbull Famers Market



COUNTERFEIT RX EDUCATION CAMPAIGN & WEBSITE



OVERDOSE PREVENTION & NARCAN TRAINING

FREE DROP-IN NARCAN TRAINING

**For Trumbull Residents and
Town Employees**



**IN 10 MINUTES,
YOU CAN LEARN TO
SAVE A LIFE!**

**Mar. 10th, 6-7:30pm
Trumbull Library**

**Receive free training
and a free Narcan kit.**

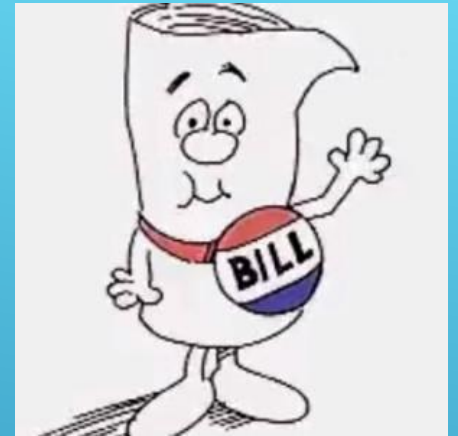
*Free lockboxes also
available,
while supplies last.*



Catalyst CT
The Hub




POLICY EDUCATION



Commercialized Cannabis

- Additional 1-year Moratorium on Retail in Trumbull
- HB7181 strengthened enforcement activities

WHAT'S UP NEXT??

- ▶ Student Surveys
 - ▶ Update Strategic Planning
 - ▶ Opportunities to integrate Social/Emotional Wellness and Suicide Prevention
 - ▶ More collaboration with Easton & Monroe under the Cannabis Prevention grant
 - ▶ More collaboration with community partners
 - ▶ Youth Mental Health First Aid/ QPR Training
 - ▶ Provide support for restorative practices
 - ▶ Engage the Recovery community
 - ▶ Opioid Settlement Funds planning
 - ▶ Sustainability – measuring impact
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THANK YOU!!

TPAUD is only possible because of the commitment of the numerous volunteers, community partners, parents, and school staff who continue to work tirelessly to promote wellness for Trumbull's youth and families.

Prevention Works... and It Works in Trumbull!